

The Merrill Counseling Series

4TH EDITION

# FOUNDATIONS OF ADDICTIONS COUNSELING

DAVID CAPUZZI MARK D. STAUFFER



# [MOBI] Foundations Of Addictions Counseling (The Merrill Counseling Series)

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## **Foundations of Addiction Counseling Plus Mycounselinglab with Pearson Etext -- Access Card Package**-David Capuzzi 2012-05-31 ALERT:

Before you purchase, check with your instructor or review your course syllabus to ensure that you select the correct ISBN. Several versions of Pearson's MyLab & Mastering products exist for each title, including customized versions for individual schools, and registrations are not transferable. In addition, you may need a CourseID, provided by your instructor, to register for and use Pearson's MyLab & Mastering products. Packages Access codes for Pearson's MyLab & Mastering products may not be included when purchasing or renting from companies other than Pearson; check with the seller before completing your purchase. Used or rental books If you rent or purchase a used book with an access code, the access code may have been redeemed previously and you may have to purchase a new access code. Access codes Access codes that are purchased from sellers other than Pearson carry a higher risk of being either the wrong ISBN or a previously redeemed code. Check with the seller prior to purchase. -- A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. The second edition of this unique text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children, adolescents, college students, and recovering addicts. The revised edition includes expanded discussions on a number of topics, new case studies, and completely updated resources and web references.

**Foundations of Addictions Counseling**-David Capuzzi 2013-11-01 This book explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. The second edition of this unique text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children, adolescents, college students, and recovering addicts.

## **New Mycounselinglab with Pearson Etext -- Standalone Access Card - For Foundations of Addiction Counseling**-David Capuzzi 2012-05

NOTE: Used books, rentals, and purchases made outside of Pearson If purchasing or renting from companies other than Pearson, the access codes for the Enhanced Pearson eText may not be included, may be incorrect, or may be previously redeemed. Check with the seller before completing your purchase. This package includes the Enhanced Pearson eText and the bound book. This guide gives current and future educators practical help for rediscovering the value, potential, richness, and adventure of a diverse classroom-while developing the capacity to professionally address the differential learning and transition needs of culturally and linguistically diverse (CLD) students. Ideal for pre- and in-service teachers, district and building administrators, school specialists, and paraprofessionals, it

presents the latest tools, procedures, strategies, and ideas for ensuring effective teaching and learning for students of any native language. Included are new ways to reach and maximize relationships with parents, caregivers, and extended family members by partnering with them in appropriate pedagogical practices. The new Third Edition of Mastering ESL/EF Methods includes illustrated concepts; global connections; tips for practice in the EFL classroom; a revised framework for the conceptual definitions of approach method, strategy, and technique; an expanded Glossary; interactive video links; a revised discussion of dual language programs; and an overview of program model effectiveness. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the Enhanced Pearson eText\* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.\* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. \* The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. \*The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later. 0133832228 / 9780133832228 Mastering ESL/EF Methods: Differentiated Instruction for Culturally and Linguistically Diverse (CLD) Students with Enhanced Pearson eText -- Access Card Package Package consists of: 0133594971 / 9780133594973 Mastering ESL/EF Methods: Differentiated Instruction for Culturally and Linguistically Diverse (CLD) Students 0133827674 / 9780133827675 Mastering ESL/EF Methods: Differentiated Instruction for Culturally and Linguistically Diverse (CLD) Students, Enhanced Pearson eText -- Access Card

**Foundations of Addictions Counseling**-David Capuzzi 2014-12-24 A practical collection of tools and strategies for prospective addictions counselors that includes a solid foundation of research, theory, and history. Practical and comprehensive, Foundations of Addiction Counseling explores an array of techniques and skills that a new practitioner will need in the real world while providing a thorough review of the research, theory, and history of addiction counseling. With chapters written by expert scholars, this text covers many topics in-depth often ignored by other comparable books, such as professional issues in addictions counseling, the assessment of client strengths, gender issues in substance abuse, working in rehabilitation centers, and working with clients with disabilities. Personalize learning with MyCounselingLab® MyCounselingLab is an online homework, tutorial, and assessment program designed to work with this text to engage students and improve results. Within its structured environment, students practice what they learn, test their understanding, and pursue a personalized study plan that helps them better absorb course material and understand difficult concepts.

**Foundations of Addictions Counseling**-Dave Capuzzi 2008 Foundations of Addiction Counseling explores the techniques and skills a new practitioner will need in the real world, with chapters by expert scholars, while providing a thorough review of the theory, history and research of addiction counseling. This comprehensive text offers prospective counselors the tools and strategies they will need for working with general and special populations, including assessment tools, strategies for outpatient and inpatient treatment, information about maintenance and relapse prevention, and counseling strategies for couples, families, children and adolescents, and recovering addicts.

**Learning the Language of Addiction Counseling**-Geri Miller 2011-01-04

### **A Comprehensive Guide to Addiction Theory and Counseling**

**Techniques**-Alan A. Cavaola 2020-06-04 A blend of theory and counseling techniques, this comprehensive text provides readers with an overview of several major counseling theories and their application to substance use disorders and addiction counseling, along with related techniques and interventions. Chapters incorporate cutting edge evidenced-based research on neuroscience, psychological and sociocultural theories explaining the biopsychosocial influences of substance use disorders, and examine how substance use disorder risk factors can be utilized when assessing someone who may have a substance use disorder. The text additionally helps apply theory to practice, offering intervention techniques and using accessible case studies. Throughout the text, highlighted learning opportunities and key terms further help students to practice and apply the theories, interventions and techniques that the book discusses. Mental health professionals, undergraduate and graduate students alike will benefit from this deft mix of prominent theory, innovative research and accessible case studies.

**The Spectrum of Addiction**-Laura J. Veach 2017-10-20 Reflecting the latest content in the DSM-5, *The Spectrum of Addiction: Evidence-Based Assessment, Prevention, and Treatment Across the Lifespan* presents a comprehensive overview of addictive behaviors and habits from early use through risky use, severe-risk use, and addiction. Authors Laura Veach and Regina Moro draw from their experience in both teaching and counseling to provide real-world knowledge and evidence-based practices for working with clients who fall within the spectrum of addiction ranging from experimentation to physical addiction and recovery. With a unique focus on neuroscience, integration of CACREP standards, and extensive coverage of addictions across the lifespan, the book serves as a practical resource for future addiction counselors.

**Foundations of Group Counseling**-David Capuzzi 2018-03-09 Give prospective counselors a solid foundation for group counseling with a practical, application-based approach *Foundations of Group Counseling* offers a broad perspective on group work and balances major issues and essential knowledge with practical guidelines and how-to strategies. Chapters written by expert scholars cover many topics in-depth that are often ignored by comparable books. Separate chapters provide thorough coverage of group work and addictions, group work with children, groups for adolescents, groups with older adults, and facilitating groups with challenging member behaviors. Combining practice, research, and theory, this unique text offers students the tools and strategies they need for successful group work practice.

**Theory and Practice of Addiction Counseling**-Pamela S. Lassiter 2017-02-17 *Theory and Practice of Addiction Counseling* by Pamela S. Lassiter and John R. Culbreth brings together contemporary theories of addiction and helps readers connect those theories to practice using a common multicultural case study. Theories covered include motivational interviewing, moral theory, developmental theory, cognitive behavioral theories, attachment theory, and sociological theory. Each chapter focuses on a single theory, describing its basic tenets, philosophical underpinnings, key concepts, and strengths and weaknesses. Each chapter also shows how practitioners using the theory would respond to a common case study, giving readers the opportunity to compare how the different theoretical approaches are applied to client situations. A final chapter discusses approaches to relapse prevention.

**Addiction Intervention**-Bruce Carruth 2014-02-04 *Addiction Intervention: Strategies to Motivate Treatment-Seeking Behavior* shows you how to use the tools of intervention--the words, the steps, and the strategies--to be a change agent in the lives of individuals with alcohol and drug addictions. It is full of effective strategies and case studies coming from widely respected specialists across several disciplines. You'll learn how you can get people to seek help for their chemical dependence, resolving the cause of their problems rather than temporarily fixing the symptoms or side effects of their addictions. Whether you're an alcohol and drug educator, intervention trainer, physician, nurse, social worker, employer, lawyer, judge, or counselor, *Addiction Intervention* will help you find ways to confront chemically dependent people and motivate them to change their lives. You will find the tools of intervention easier to wield than you might otherwise think as you read about: how physicians can assess symptoms using various diagnostic tools, initiate conversation with a patient, and overcome resistance to referral how clinical therapists can develop response-specific intervention strategies that are appropriate to clients' behavior pathology conducting effective performance-related workplace interventions the development and design of impaired professional committees alternative models for peer and administrative interventions the methodologies of

student assistance programs and teams brief, structured therapy for the family of an addicted person recent changes in the criminal justice system that have encouraged judges to refer individuals to treatment the One-Stop Re-Employment Social Services Center Addiction Intervention brings within your reach results-oriented intervention. Don't continue to offer band-aid solutions or skirt around the real problem of addiction. This book will help you help people get their lives back on track permanently.

**Substance Abuse and Addiction Treatment**-Todd F. Lewis 2013-02-28 Note: This is the bound book only and does not include access to the Enhanced Pearson eText. To order the Enhanced Pearson eText packaged with a bound book, use ISBN 0133388530. *Substance Abuse and Addiction Treatment* shows how to help clients struggling with addiction by looking through the lens of counseling theory. After tackling basic concepts of substance abuse and dependence counseling, it looks at different counseling theories and how each supports the client with substance abuse issues. Offering more how-to's than most books, the author provides concrete descriptions of counseling theory in action, so readers know how to intervene during a real counseling session. A consistent case study is used throughout the entire book to illustrate different treatment approaches and techniques. The Enhanced Pearson eText features embedded video. Improve mastery and retention with the Enhanced Pearson eText\* The Enhanced Pearson eText provides a rich, interactive learning environment designed to improve student mastery of content. The Enhanced Pearson eText is: Engaging. The new interactive, multimedia learning features were developed by the authors and other subject-matter experts to deepen and enrich the learning experience. Convenient. Enjoy instant online access from your computer or download the Pearson eText App to read on or offline on your iPad® and Android® tablet.\* Affordable. The Enhanced Pearson eText may be purchased stand-alone or with a loose-leaf version of the text for 40-65% less than a print bound book. \* The Enhanced eText features are only available in the Pearson eText format. They are not available in third-party eTexts or downloads. \*The Pearson eText App is available on Google Play and in the App Store. It requires Android OS 3.1-4, a 7" or 10" tablet, or iPad iOS 5.0 or later.

**What's Left of Us**-Richard Farrell 2009-07-01 "Blunt and honest. . . A stunning piece of work." --T.J. English "Deeply moving. . . What's Left of Us is a rush of blood to the head and heart, the kind only true art can deliver." - -Andre Dubus "An amazing story not just of survival, but redemption." --Mary McGarry Morris Richie Farrell grew up in a working-class Irish neighborhood in Massachusetts. To overcome a birth defect, his father pushed him to become a star athlete, grooming him for Notre Dame. Sometimes, he would use a belt as a learning tool. Once, he used an electric carving knife. . . The headline read Crippled at Birth: Farrell Now Grid Star. A month later, I tore up my knee and fell in love with pain medication. By time he was thirty, Richie was a heroin addict, stealing from friends, shooting up during visits to his children, living in abandoned mill buildings, running from the shameful secrets of his family. Hopeless and in pain, he attempted suicide. When that failed, he was ordered to detox. He looked at me. "Be honest," he said, "or you'll be on the street in 15 minutes. Jail, death, or honesty. You choose." In this harrowing, astounding memoir, Richard Farrell chronicles a life of desperation, violence, lies--and the pure oblivion of heroin. A gritty, hauntingly written tale of a descent into hell and a slow, uncertain climb out of it, *What's Left of Us* is a true story of redemption: of how low a man can get, and how hard he must fight to escape a shattered life. . . "[Farrell] carries you on this rollercoaster ride of ugliness and beauty. Don't miss it." --Phyllis Karas Richard Farrell is an author, filmmaker, teacher, journalist, and adjunct professor of English at the University of Massachusetts in Lowell. His documentary, *High on Crack Street*, was aired on HBO and received Columbia University's duPont Award. He is the co-author of *A Criminal* and *An Irishman: The Inside Story of the Mob-IRA Connection*. He is the screenwriter for the upcoming film *The Fighter*, and makes his home in Milford, New Hampshire.

**Foundations of Couples, Marriage, and Family Counseling**-David Capuzzi 2015-03-02 A comprehensive and practical approach to the world of marriage, couples, and family counseling Esteemed academics David Capuzzi and Mark D. Stauffer present the theory, research, and real-life practice of today's counselors and therapists in family therapy settings. Aligned with the Council for Accreditation of Counseling and Related Educational Programs (CACREP) and Commission on Accreditation for Marriage and Family Therapy Education (COAMFTE), this useful text covers foundational teaching important to readers, but also critical modern topics not included in other texts, such as sexuality, trauma, divorce, domestic violence, and addictions, filial play therapy, and using community genograms to position culture and context in family therapy. With a unique focus on practical applications, the book discusses the major family therapy theories, and provides graduate students and post-graduate learners in

counseling, mental health, and behavioral health fields the skills and techniques they need to help couples and families as part of their work in a variety of helping environments. Each chapter contains case studies and anecdotes that help readers think critically about the issues they are likely to deal with as clinicians. Written by recognized and respected contributors, this book helps readers see the connection between what they know and what happens in couples and family counseling sessions. Readers will: Learn the knowledge and skills essential to family therapy Understand the history, concepts, and techniques associated with major theories Examine the key issues specific to couples work, with relevant intervention Explore solutions to the complexities generated by special issues Discusses the modern realities of family, diversity and culture, and systemic contexts Family and couples counseling presents a complex interplay of various factors inherent to each individual, the dynamic interplay between each person's issues, and the outside influences that shape behavior. Foundations of Couples, Marriage, and Family Counseling helps readers sort out the complexity and guide clients toward lasting resolution.

**Developing Clinical Skills for Substance Abuse Counseling**-Daniel L. Yalisove 2010 This skill-building primer provides a framework for understanding substance abuse and teaches the basic concepts and skills necessary for effective counseling of clients with substance use disorders. In Part I, Dr. Yalisove discusses counselor roles and the fundamental principles of substance abuse counseling. He then provides a synopsis of several key substance abuse theories as well as his own Building Session Goals and Strategies method and the Eight Stage Process of Counseling approach, all of which are practical, compatible means for learning and mastering clinical counseling skills. Part II illustrates applications of the tenets of these approaches in clinical situations-from beginning counseling sessions through termination-using experiential exercises, role-plays, and clinical scenario examples. Chapters on group work, counseling clients with dual disorders, family counseling, and working with diverse client populations follow. A helpful chapter on creating client treatment plans and writing clinical reports rounds out the book. Dr. Yalisove's clear and concise writing style and his practical approach to developing critical thinking and counseling skills makes this an ideal supplemental text for addictions courses.--Amazon.com.

**Addictions Counseling**-Cynthia A. Faulkner 2019-01-25 "This book is a unique approach in that it follows a client through the counselling process (intake, assessment, individual, group, family counselling, and then discharge and relapse prevention planning). Along the way, readers are introduced to theories, techniques and hands-on examples of what is required in the counselling process"--

**Group Exercises for Addiction Counseling**-Geri Miller 2012-03-06 "Created to meet the unique needs of addiction professionals, this practical resource offers suggestions for effectively using activities in groups. It addresses common issues counselors frequently need to discuss with clients and provides an array of "tried and true" techniques and exercises designed to help clients develop interpersonal relationship skills and the individual awareness needed to make responsible choices. The accompanying CD-ROM contains all the exercises allowing therapists to customize them to fit their needs"--Provided by publisher.

**Becoming an Addictions Counselor: A Comprehensive Text**-Peter L. Myers 2007-01 Becoming an Addictions Counselor: A Comprehensive Text, Second Edition, is the only addictions counseling text to address knowledge, skills, and attitudes. An experiential learning approach is encouraged with structured activities and exercises, and its devotion to significant coverage of ethics, treatment planning and case management. The text also covers mentally ill chemical abusers, individual, group, and family counseling skills, and clinical treatment issues.

**Group Therapy for Substance Use Disorders**-Linda Carter Sobell 2011-01-01 This authoritative book presents a groundbreaking evidence-based approach to conducting therapy groups for persons with substance use disorders. The approach integrates cognitive-behavioral, motivational interviewing, and relapse prevention techniques, while capitalizing on the power of group processes. Clinicians are provided with a detailed intervention framework and clear-cut strategies for helping clients to set and meet their own treatment goals. More than two dozen ready-to-use reproducible assessment tools, handouts, homework exercises, and session outlines are supplied in a convenient large-size format. This book will be invaluable to clinical psychologists, social workers, substance abuse counselors, and other clinicians who treat clients with addiction and substance use problems. It may also serve as a supplemental text in

graduate-level courses.

**The Book of Ethics**-Laura Weiss Roberts 2009-06-03 The definitive book on ethics for chemical dependency treatment professionals. The treatment of addiction as a biological, psychological, social, and spiritual disease requires a high standard of ethical knowledge and professional skill. This groundbreaking, reader-friendly guide to contemporary ethical issues informs and challenges health care professionals, students, and faculty with a thorough and compassionate examination of the dilemmas faced when providing care for individuals suffering from substance use problems or addiction. Renowned psychiatric ethicists Cynthia Geppert and Laura Weiss Roberts tackle issues of autonomy, respect for persons, confidentiality, truth telling and non-maleficence--setting the standard for contemporary ethical practices. These challenges are illuminated with real-world case examples that show potential effects on diverse patient populations.

**Addiction Treatment**-Sandra Rasmussen 2000-06-21 American Journal of Nursing, 2001 Book of the Year Award in Psychiatric & Mental Health Nursing Building upon generic concepts and skills of caring and helping, this book provides a foundation for addiction practice by health and social services professionals. Chapters emphasize the knowledge considered essential in every area, and each chapter identifies the skills required and suggests topics for further study.

**Addiction in Human Development**-Bruce Carruth 2014-03-05 Find fresh perspectives on the treatment of addictions and effective methods for helping recovering alcohol and drug abusers in this valuable book! Addiction in Human Development provides practical strategies based on theories of human development for working with clients recovering from alcoholism and drug addiction. An understanding of these theories will help therapists and addictions counselors recognize stages of recovery and better select appropriate interventions for every phase of treatment of addicted clients. Addiction in Human Development shows how a developmental perspective is particularly appropriate to the treatment of alcohol and substance abusers and the patterns involved in their addiction. Disruptions in clients' childhood or adolescent development, stemming from their own or a parent's drug abuse, can influence their present recovery process. This informative book also describes the developmental course of addiction and provides tools designed to interrupt addictive patterns. In addition, stages in the developmental process of recovery are identified to help therapists select appropriate interventions. Some of the topics related to human development and addiction covered in this insightful volume include developmental deficits and developmental arrest in recovering clients, delayed reactions to sexual abuse and other childhood trauma, stages in recovery from alcoholism or drug addiction, developmental issues in the professional's own life, and multi-problem families with a multigenerational history of substance abuse. Applying these developmental strategies to work with addicted individuals will significantly improve communication and rapport between helping professionals and recovering addicts and lead to more success in alcohol and drug addiction therapy.

**Career Counseling**-Dave Capuzzi 2018-09-03 Career Counseling, 3rd edition, provides a comprehensive, holistic overview of the foundations of career counseling, information on the most effective skills and techniques, and contextual perspectives on career and lifestyle planning, all by nationally and internationally recognized experts. Updated chapters introduce important material not often addressed in introductory texts, such as rehabilitation, addictive behaviors, counseling couples and families, and working with ethnic and gender/sexual minority clients. Included throughout the text are case studies, informational sidebars, and experiential activities that enhance the reading and encourage additional contemplation of chapter content. Readers can also turn to the book's companion website for chapter test questions, PowerPoints, and additional resources.

**Substance Use Disorders and Addictions**-Keith Morgen 2016-08-03 Based on a decade of research and theory, Substance Use Disorders and Addictions examines co-occurring psychiatric disorders as the norm with substance use disorders and addictions. With more than 20 years of experience in the field as a clinician, a researcher, a program developer, and an instructor, Keith Morgen encourages a holistic approach to working with individuals, using a single case example throughout the text to encourage the sequential application of concepts to co-occurring disorders. With DSM-5 diagnostic criteria, the 2014 ACA code of ethics, and 2016 CACREP standards integrated throughout, readers will benefit from this applied and cutting-edge introduction to the field.

**Addiction Essentials: The Go-To Guide for Clinicians and Patients**

**(Go-To Guides for Mental Health)**-Carlton K. Erickson 2011-07-11 An up-to-date guide to the causes, diagnosis, and treatment of addictions. Whether it's to caffeine, nicotine, or alcohol, many of us suffer from at least one addiction. Carlton K. Erickson presents a comprehensive overview of the various types of addictions—covering both substance and nonsubstance addictions such as gambling, Internet use, and video games—and their diagnosis and treatment. This book sheds light upon the biological and environmental factors that cause addiction, reviews the various types of substance and nonsubstance addictions, and offers clinicians and patients hope for recovery. Erickson examines alcohol, drugs that speed us up, drugs that slow us down, and how to recognize addictive behavior—such as exercise and videogame addiction—which may be less obvious. Other topics covered include alcohol and other drug pharmacology, neurophysiology of brain pathways, alcohol and drug interactions, adolescent drug use, drug use differences by gender and culture, and visual signs of drug use. Erickson presents various therapeutic methods for addressing addiction, including pharmacological interventions, individual or group therapy, twelve-step programs, and therapy involving family members. Finally, he reflects on the involvement of family and the risks and consequences of relapse. Written by one of the country's leading addiction specialists, this accessible, comprehensive book, is a go-to reference for your questions about addiction, and a friendly introduction to the diagnosis and treatment options.

**Drug Abuse**-Seymour Eiseman 2019-04-15 Departing from largely ineffective medically-oriented approaches to the problems of drug abuse/education, the contributors to this volume present relevant empirical findings and theoretical models within a comprehensive psychosocial framework, which draws upon recent advances in understanding the physiological, psychological, interpersonal, and social forces that are the causes of youthful drug addiction.

**Beyond Addiction**-Jeffrey Foote 2014-02-18 Leading innovators in progressive addiction treatment outline a science-based program for overcoming addiction-related problems, demonstrating how to effectively use positive reinforcement and motivational and behavioral strategies. (Self-Help)

**Substance Abuse Counseling**-Judith A. Lewis 2014-03-14 **SUBSTANCE ABUSE COUNSELING**, Fifth Edition, is at the cutting edge of the addiction field, combining a focus on the most current empirical studies with a firm belief that clients must be treated with a collaborative and respectful approach. These core values lay the basis for individualized treatment planning, attention to the client's social environment, a multicultural perspective, and a recognition that client advocacy is part of the counselor's role. Authors Lewis, Dana, and Blevins believe strongly that clients differ not only in the specific behaviors and consequences associated with their drug use but also in culture, gender, social environments, physical concerns, mental health, and a host of other variables. Using an integrated approach, the authors describe innovative methods for meeting clients' needs through personalized assessment, treatment planning, and behavior change strategies, showing students how to select the most effective treatment modalities for each client. Updated with new references, this edition features a stronger emphasis on motivational interviewing, expanded material on ethical considerations, coverage of cultural and diversity considerations in every chapter, and digital downloads of key forms that appear throughout the text. Important Notice: Media content referenced within the product description or the product text may not be available in the ebook version.

**Group Cognitive Therapy for Addictions**-Amy Wenzel 2012-07-27 This pragmatic guide -- from a team of experts including cognitive therapy originator Aaron T. Beck -- describes how to implement proven cognitive and behavioral addiction treatment strategies in a group format. It provides a flexible framework for conducting ongoing therapy groups that are open to clients with any addictive behavior problem, at any stage of recovery. Practical ideas are presented for optimizing group processes and helping clients build essential skills for coping and relapse prevention. Grounded in decades of research, the book features rich case examples and reproducible clinical tools that can be downloaded and printed in a convenient 8 1/2" x 11" size.

**Principles of Addiction**- 2013-05-17 Principles of Addiction provides a solid understanding of the definitional and diagnostic differences between use, abuse, and disorder. It describes in great detail the characteristics of

these syndromes and various etiological models. The book's three main sections examine the nature of addiction, including epidemiology, symptoms, and course; alcohol and drug use among adolescents and college students; and detailed descriptions of a wide variety of addictive behaviors and disorders, encompassing not only drugs and alcohol, but caffeine, food, gambling, exercise, sex, work, social networking, and many other areas. This volume is especially important in providing a basic introduction to the field as well as an in-depth review of our current understanding of the nature and process of addictive behaviors. Principles of Addiction is one of three volumes comprising the 2,500-page series, Comprehensive Addictive Behaviors and Disorders. This series provides the most complete collection of current knowledge on addictive behaviors and disorders to date. In short, it is the definitive reference work on addictions. Each article provides glossary, full references, suggested readings, and a list of web resources Edited and authored by the leaders in the field around the globe - the broadest, most expert coverage available Encompasses types of addiction, as well as personality and environmental influences on addiction

**The Addiction Counselor's Documentation Sourcebook**-James R. Finley 2005-05-13 All of the requisite forms addiction treatment professionals need—a crucial time-saver in today's healthcare system Treating addiction in today's healthcare environment means that mental health professionals must manage an imposing amount of paperwork. Government and private grant funding, insurance and benefits programs, regulatory compliance, and the need for data on treatment effectiveness (evidence-based treatment) all require proper documentation. If these forms are missing, the results can range from bureaucratic headaches to problems serious enough to close a practice. Now fully updated and revised, The Addiction Counselor's Documentation Sourcebook: The Complete Paperwork Resource for Treating Clients with Addictions, Second Edition provides the most useful and current forms for accurate and comprehensive documentation and record keeping. These ready-to-use forms will save you and your practice hours that would otherwise be spent creating and collating them, freeing you to devote more energy to the important matters of treatment. A companion CD-ROM includes all documents in Word? format so you can customize them according to the unique needs of your practice. Covering every aspect of mental health practice for addiction treatment, this fully revised Second Edition also includes: Critical forms updated to help providers achieve HIPAA, JCAHO, and CARF compliance Unique handouts, exercises, and facilitator guides for use in individual and group therapy A comprehensive CD-ROM featuring all forms in Word format, as well as PowerPoint slideshows for every psychoeducational presentation in the book The Addiction Counselor's Documentation Sourcebook, Second Edition is an essential time-saving resource that allows any professional practicing or working in the field of addiction treatment the freedom to give more of their time and energy to the people they serve.

**Treating Alcohol and Drug Problems in Psychotherapy Practice**-Arnold M. Washton 2011-11-14 Written specifically for the office-based psychotherapist, this practical guide describes how to detect, assess, diagnose, and treat clients presenting with a range of alcohol and drug problems. Detailed is an integrated, flexible psychotherapeutic approach that emphasizes building a strong therapeutic relationship, engaging clients "where they are," and addressing substance use within the larger context of their lives. The authors describe in very pragmatic terms how to use a combination of motivational, cognitive-behavioral, 12-step, and psychodynamic techniques with clients in different stages of change. Techniques are brought to life with numerous case vignettes, and appendices include reproducible client forms and handouts.

**Exam Prep for: Foundations of Addictions Counseling-**

**Substance Abuse**-Gary L. Fisher 2013 An overview of substance abuse for generalist students, prospective mental health professionals, and allied professionals. Providing a comprehensive overview of the substance abuse field, Substance Abuse: Information for School Counselors, Social Workers, Therapists and Counselors, Fifth Edition combines the accessible writing style and succinct, practical topical coverage that have made it a market-leading resource for generalist students, prospective mental health professionals, and allied professionals. Continuing to cover basic pharmacology, models of addiction, assessment and diagnosis, cultural issues, intervention, treatment, recovery, support groups, children and families, other addictions, prevention, and confidentiality in its applied and concise style, this latest edition of Substance Abuse contains expanded coverage of screening and brief interventions, recovery oriented systems of care, spirituality and other current topics as well as a new chapter dedicated to motivational interviewing.

**Rethinking Substance Abuse**-William R. Miller 2011-08-18 While knowledge on substance abuse and addictions is expanding rapidly, clinical practice still lags behind. This book brings together leading experts to describe what treatment and prevention would look like if it were based on the best science available. The volume incorporates developmental, neurobiological, genetic, behavioral, and social-environmental perspectives. Tightly edited chapters summarize current thinking on the nature and causes of alcohol and other drug problems; discuss what works at the individual, family, and societal levels; and offer robust principles for developing more effective treatments and services.

**A Contemporary Approach to Substance Use Disorders And Addiction Counseling**-Ford Brooks 2015-01-29 Written as an introduction to the field of addiction counseling, this text covers the fundamental knowledge and skills necessary to counsel people who are struggling with addiction. Drs. Brooks and McHenry provide a straightforward and holistic approach to treatment and recovery, from the major theoretical underpinnings, to assessment and diagnosis, to relapse prevention and spirituality. With a focus on current clinical applications and how-tos, this book is ideal both for master's-level addictions courses and mental health clinicians. Topics covered are cultural and gender issues, including work with LGBT clients; drug classifications and referral; assessment, diagnosis, and interview techniques; the continuum from nonuse to addiction; work in college/university, school, and community/mental health agency settings; developmental approaches in treatment; the role of the family; grief and loss in addiction; group counseling; relapse and recovery; spirituality and support groups; addictions training, certification, and ethics; and the importance of counselor self-care. Exploration questions and suggested activities are presented in each chapter. \*Requests for digital versions from the ACA can be found on wiley.com. \*To request print copies, please visit the ACA website here. \*Reproduction requests for material from books published by ACA should be directed to permissions@counseling.org.

**Encyclopedia of Counseling**-Howard Rosenthal 2017-04-21 With more questions and answers than any other edition, the Encyclopedia of Counseling, Fourth Edition, is still the only book you need to pass the NCE, CPCE, and other counseling exams. Every chapter has new and updated material and is still written in Dr. Rosenthal's lively, user-friendly style counselors know and love. The book's new and improved coverage incorporates a range of vital topics, including social media, group work in career counseling, private practice and nonprofit work, addictions, neurocounseling, research trends, the DSM-5, the new ACA and NBCC codes of ethics, and much, much more.

**Introduction to the Counseling Profession**-David Capuzzi 2017-06-26 Designed for students who are taking a preliminary course in the counseling field, Introduction to the Counseling Profession, 7th Edition, provides a comprehensive overview of the history and foundational concepts of counseling, offering the most current and relevant breadth of coverage available from experts in their respective fields. This edition includes topics rarely discussed in introductory texts, such as self-care and self-growth and the use of technology in counseling, as well as a new chapter on crisis counseling. Chapters also reflect updates to the 2016 Council for the Accreditation of Counseling and Related Educational Programs (CACREP) standards, and a chapter on each CACREP specialization is included. Students will gain insight into the myriad issues that surround not only the process of counseling and its many populations but also the personal dynamics that have an impact on this process. Furthermore, a collection of supplemental resources is available online to benefit both instructors and students. Instructors will find PowerPoint slides and test banks to aid in conducting their courses, and students can access chapter summaries, exercises, and other tools to supplement their review of the material in the text.

**Group Treatment for Substance Abuse, Second Edition**-Mary Marden Velasquez 2015-10-22 The leading manual on group-based treatment of substance use disorders, this highly practical book is grounded in the transtheoretical model and emphasizes the experiential and behavioral processes of change. The program helps clients move through the stages of change by building skills for acknowledging a problem, deciding to act, developing and executing a plan, and accomplishing other critical tasks. The expert authors provide step-by-step guidelines for implementing the 35 structured sessions, along with strategies for enhancing motivation. In a large-size format with lay-flat binding for easy photocopying, the volume includes 58 reproducible handouts. Purchasers get access to a Web page where they can download and print the reproducible materials. New to This Edition \*Reflects significant developments in research and clinical practice. \*Eight new sessions focusing on the brain and substance use, gratitude, self-control, mindfulness, acceptance, and more. \*Updated discussions of motivational interviewing and the use of cognitive-behavioral techniques with groups. \*41 of the 58 handouts are new or revised; all are now downloadable. See also Substance Abuse Treatment and the Stages of Change, Second Edition, by Gerard J. Connors et al., which explores how the transtheoretical model can inform treatment planning and intervention in diverse clinical contexts.

**Intervention Treatment and Recovery**-Lori L. Phelps 2020-10-31