





one family's poignant story of coping with the symptoms, the diagnosis and the effects of HD. It also presents the struggles and strengths of the whole family when one member loses their future to a terminal illness.

*Winnie-the-Pooh*

**Taoism**-Eva Wong 2011 "This guide to the spiritual landscape of Taoism not only introduces the important events in the history of Taoism, the sages who wrote the Taoist texts, and the various schools of Taoist thinking, but also gives the reader a feel for what it means to practice Taoism today. A comprehensive bibliography for further study completes this valuable reference work."

*When We Were Very Young*

**When We Were Very Young**-A. A. Milne 2020-01-15 A collection of poems reflecting the experiences of a little English boy growing up in the early part of the twentieth century.

*Phoebus*

**Pooh and the Philosophers**-John Tyerman Williams 2003-05 'In this witty and entertaining excursion through previously uncharted areas of the world of Pooh, John Tyerman Williams sets out to prove beyond a doubt that the whole of Western philosophy - from the cosmologists of ancient Greece to existentialism in this century - may be found in Winnie-the-Pooh and The House at Pooh Corner. This book confirms what many have long suspected: that Pooh is a Bear of Enormous Brain

*Stargazing*

**Stars Like Us**-Frances Chapman 2020-07-08 From the winner of the Ampersand Prize comes this smart, swoony LGBTQ YA novel about a teenage band on the way to the top - so long as they can hold it together. Liliana’s hitting all the wrong notes. She’s a sixteen-year-old exchange student with a secret crush on Carter, her new band’s smoking hot guitarist - but she’s also got a girlfriend back home. So when she writes a song about him and it lands the band a record deal, she quickly realises she’s in hot water. Soon, Liliana will have to choose - between an alluring boy and the girl she left behind, between love and lust, and between the fame that beckons and staying true to the music that’s in her heart. With shades of hit TV series Nashville, the musical passion of Nick and Norah’s Infinite Playlist and the band drama of Fleetwood Mac, this brilliant own-voices YA debut is perfect for music lovers everywhere.

*The Last Lesson of Mrs de Souza*

**The Last Lesson of Mrs de Souza**-Cyril Wong 2016-07-26 One last time and on her birthday, Rose de Souza is returning to school to give a final lesson to her classroom of secondary school boys before retiring from her long teaching career. What ensues is an unexpected confession in which she recounts the tragic and traumatic story of Amir, a student from her past who overturned the way she saw herself as a teacher, and changed her life forever.The stunning first novel from award-winning poet Cyril Wong, The Last Lesson of Mrs de Souza is a tour de force, an exceptional examination of the power of choice and the unreliability of memory.

*Religion and Spirituality*

**Religion and Spirituality**-Eliot Deutsch 1995-01-01 Through the skillful use of a great variety of literary genres, this book explores the intimate relation and tension between religion and spirituality, evoking a wide range of responses that may awaken one to various possibilities of spiritual experience.

*Tao Te Ching*

**Tao Te Ching**-David Hinton 2015-06-01 Having masterfully translated a wide range of ancient Chinese poets and philosophers, David Hinton is uniquely qualified to offer the definitive contemporary English version of Lao Tzu's Tao Te Ching. Like all of his translations, Hinton's translation of the Tao Te Ching is mind-opening, presenting startling new dimensions in this widely-influental text. He shows how Lao Tzu's spirituality is structured around the generative life-force, for example, and that this system of thought weaves the human into natural process at the deepest levels of being, thereby revealing the Tao Te Ching as an originary text in deep feminist and ecological thought. Lao Tzu's Tao Te Ching is not only the single most important text ever composed in China, it is probably the most influential spiritual text in human history. In the past, virtually all translations of this text have been produced either by sinologists having little poetic facility in English, or writers having no ability to read the original Chinese. Hinton's fluency in ancient Chinese and his acclaimed poetic ability provide him the essential qualifications. Together, they allow a breathtaking new translation that reveals how remarkably current and even innovative this text is after 2500 years.

*The Book of Lieh-tzu*

**The Book of Lieh-tzu**-Liezi 1990 -- Burton Watson

*The Motivation Manifesto*

**The Motivation Manifesto**-Brendon Burchard 2014 "Burchard reveals that the main motive of humankind is the pursuit of greater Personal Freedom. We desire the grand liberties of choice--time freedom, emotional freedom, social freedom, financial freedom, spiritual freedom. Only two enemies stand in our way: an external enemy, defined as the social oppression of who we are by the mediocre masses, and an internal enemy, a sort of self-oppression caused by our own doubt and fear. The march to Personal Freedom, Burchard argues, can be won only by declaring our intent and independence, stepping into our personal power, and battling through self-doubt and the distractions of the day until full victory is won"--

*The Gospel of Philip*

**The Gospel of Philip**-Andrew Phillip Smith 2005 Introduces readers to the important insights this ancient text can give us into early Christianity and stresses a spiritual, non-literal interpretation of the Bible. Original. 10,000 first printing. \$25,000 ad/promo.

**Tao - The Way - Special Edition**-Lao Tzu 2007 Lao Tzu was the father of Taoism. In his "Tao Te Ching," Lao Tzu outlined the basic concept of Tao. Chuang Tzu and Lieh Tzu were Lao Tzu's most important followers who expounded and expanded the basic principles set forth by Lao Tzu. Together, the sayings of these three sages, which make up this volume, are the foundations for the philosophy of Tao. The translations of the works of these ancient Chinese sages by Lionel Giles and Herbert Giles are very highly regarded and considered by many to be the definitive English translations. Lionel's translation of "The Sayings of Lao Tzu" (1905), taken from the "Tao Te Ching" and logically re-ordered, is remarkable for its clarity of expression, particularly given the complexity of the subject. Herbert's translation of "The Sayings of Chuang Tzu," presented here, with an introduction by Lionel, was originally published as "Musings of a Chinese Mystic" (1906). Lionel's translation of "The Sayings of Lieh Tzu" was originally published as "The Book of Lieh Tzu, or Teachings in Taoism" (1912). Individually the works of these Chinese sages are classics. Together, they are a master resource of the history of Tao.

*The Path*

**The Path**-Michael Puett 2016-04-05 For the first time an award-winning Harvard professor shares the lessons from his wildly popular course on classical Chinese philosophy, showing you how these ancient ideas can guide you on the path to a good life today. The lessons taught by ancient Chinese philosophers surprisingly still apply, and they challenge our fundamental assumptions about how to lead a fulfilled, happy, and successful life. Self-discovery, it turns out, comes through looking outward, not inward. Power comes from holding back. Good relationships come from small gestures. Spontaneity comes from practice. And excellence comes from what you choose to do, not your “natural” abilities. Counterintuitive. Countercultural. Even revolutionary. These powerful ideas have made Professor Michael Puett's course the third most popular at Harvard University in recent years, with enrollment surging every year since it was first offered in 2006. It's clear students are drawn by a bold promise Professor Puett makes on the first day of class: “These ideas will change your life.” Now he offers his course to the world.

*Love from Pooh*

**Love from Pooh**-A. A. Milne 2002 Wear your heart on your sleeve with these two heart-shaped books, with words of love from Pooh and Piglet. When you are Pooh honey is your first love, and your best friend loves you despite you being a Silly Old Bear. When you are Piglet love is found in giving and in the company of friends, no matter how small you are. So say you like them, say they are just what you wanted for these two little books are yours with love from Pooh and Piglet.

*House of Light*

**House of Light**-Mary Oliver 2012-03-28 This collection of poems by Mary Oliver once again invites the reader to step across the threshold of ordinary life into a world of natural and spiritual luminosity. Tell me, what is it you plan to do with your one wild and precious life? —Mary Oliver, "The Summer Day" (one of the poems in this volume) Winner of a 1991 Christopher Award Winner of the 1991 Boston Globe Lawrence L. Winship Book Award

*All about Pooh*

**All about Pooh**-Andrew Grey 2008-07 These gift books are the perfect introduction to Pooh Bear's friends! Share a story, read a rhyme and learn fantastic facts all about your favourite Winnie the Pooh characters! You can also meet the best-loved Hundred Acre Wood characters Tigger, Owl and Rabbit in their very own books - choose your personal favourite or collect all eight!

*How to Know God*

**How to Know God**-Patañjali 1983 A major work on the practice of yoga and meditation. Learn how you can control your mind and achieve inner freedom and peace through methods taught for over 2,000 years. Our most popular title.

*Living the Simply Luxurious Life*

**Living the Simply Luxurious Life**-Shannon Ables 2018-10-07 What can you uniquely give the world? We often sell ourselves short with self-limiting beliefs, but most of us would be amazed and delighted to know that we do have something special - our distinctive passions and talents - to offer. And what if I told you that what you have to give will also enable you to live a life of true contentment? How is that possible? It happens when you embrace and curate your own simply luxurious life. We tend to not realize the capacity of our full potential and settle for what society has deemed acceptable. However, each of us has a unique journey to travel if only we would find the courage, paired with key skills we can develop, to step forward. This book will help you along the deeper journey to discovering your best self as you begin to trust your intuition and listen to your curiosity. You will learn how to: - Recognize your innate strengths - Acquire the skills needed to nurture your best self - Identify and navigate past societal limitations often placed upon women - Strengthen your brand both personally and professionally - Build a supportive and healthy community - Cultivate effortless style - Enhance your everyday meals with seasonal fare - Live with less, so that you can live more fully - Understand how to make a successful fresh start - Establish and mastermind your financial security - Experience great pleasure and joy in relationships - Always strive for quality over quantity in every arena of your life Living simply luxuriously is a choice: to think critically, to live courageously, and to savor the everydays as much as the grand occasions. As you learn to live well in your everydays, you will elevate your experience and recognize what is working for you and what is not. With this knowledge, you let go of the unnecessary, thus simplifying your life and removing the complexity. Choices become easier, life has more flavor, and you begin to feel deeply satisfying true contentment. The cultivation of a unique simply luxurious life is an extraordinary daily journey that each of us can master, leading us to our fullest potential.

*Aristotle and an Aardvark Go to Washington*

**Aristotle and an Aardvark Go to Washington**-Thomas Cathcart 2007 Uses jokes, cartoons, and philosophy to expose what politicians really mean, analyzing quotations from everyone from Condoleeza Rice to Al Sharpton.