



[MOBI] The Divided Self: An Existential Study In Sanity And Madness (Penguin Psychology)

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The Divided Self-R. Laing 2010-01-28 First published in 1960, this watershed work aimed to make madness comprehensible, and in doing so revolutionized the way we perceive mental illness. Using case studies of patients he had worked with, psychiatrist R. D. Laing argued that psychosis is not a medical condition but an outcome of the 'divided self', or the tension between the two personas within us: one our authentic, private identity, and the other the false, 'sane' self that we present to the world.

The Divided Self-Ronald David Laing 1999 This volume traces the modern critical and performance history of this play, one of Shakespeare's most-loved and most-performed comedies. The essay focus on such modern concerns as feminism, deconstruction, textual theory, and queer theory.

The Divided Self-Ronald David Laing 1973

Self and Others-R. D. Laing 1999 Published in the year 2002, Selected Works RD Laing: Self & Other V2 is a valuable contribution to the field of Major Works.

Principal Writings on Religion-David Hume 1998 David Hume is one of the most provocative philosophers to have written in English. His Dialogues ask if a belief in God can be inferred from what is known of the universe, or whether such a belief is even consistent with such knowledge. The Natural History of Religion investigates the origins of belief, and follows its development from polytheism to dogmatic monotheism. Together, these works constitute the most formidable attack upon religious belief ever mounted by a philosopher. This new edition includes Section XI of The Enquiry Concerning Human Understanding and a letter by Hume in which he discusses Dialogues.

The Divided Self-R. D. Laing 1990

The Oxford Handbook of Phenomenological Psychopathology-Giovanni Stanghellini 2019-07-04 The field of phenomenological psychopathology (PP) is concerned with exploring and describing the individual experience of those suffering from mental disorders. Whilst there is often an understandable emphasis within psychiatry on diagnosis and treatment, the subjective experience of the individual is frequently overlooked. Yet a patient's own account of how their illness affects their

thoughts, values, consciousness, and sense of self, can provide important insights into their condition - insights that can complement the more empirical findings from studies of brain function or behaviour. The Oxford Handbook of Phenomenological Psychopathology is the first ever comprehensive review of the field. It considers the history of PP, its methodology, key concepts, and includes a section exploring individual experiences within schizophrenia, depression, borderline personality disorder, OCD, and phobia. In addition it includes chapters on some of the leading figures throughout the history of this field. Bringing together chapters from a global team of leading academics, researchers and practitioners, the book will be valuable for those within the fields of psychiatry, clinical psychology, and philosophy.

The Politics of Experience and The Bird of Paradise-R. D. Laing 1990-04-26 In 'The Politics of Experience' and the visionary 'Bird of Paradise', R.D. Laing shows how the straitjacket of conformity imposed on us all leads to intense feelings of alienation and a tragic waste of human potential. He throws into question the notion of normality, examines schizophrenia and psychotherapy, transcendence and 'us and them' thinking, and illustrates his ideas with a remarkable case history of a ten-day psychosis. 'We are bemused and crazed creatures,' Laing suggests. This outline of 'a thoroughly self-conscious and self-critical human account of man' represents a major attempt to understand our deepest dilemmas and sketch in solutions. 'Everyone in contemporary psychiatry owes something to R.D. Laing' Anthony Clare, the Guardian.

Sanity, Madness and the Family-Ronald David Laing 1999 This volume traces the modern critical and performance history of this play, one of Shakespeare's most-loved and most-performed comedies. The essay focus on such modern concerns as feminism, deconstruction, textual theory, and queer theory.

The Divided Self-Ronald David Laing 1970

R.D. Laing and the Paths of Anti-Psychiatry-Zbigniew Kotowicz 2005-07-25 In the 1960s and 1970s, the radical and visionary ideas of R. D. Laing revolutionized thinking about psychiatric practice and the meaning of madness. His work, from *The Divided Self* to *Knots*, and his therapeutic community at Kingsley Hall, made him a household name. But after little more than a decade he faded from prominence as quickly as he had attained it. R.D. Laing and the Paths of Anti-Psychiatry re-examines Laing's work in the context of the anti-psychiatry movement. Concentrating on his most productive decade, the author provides a reasoned critique of Laing's theoretical writings, investigates the influences on his thinking such as phenomenology, existentialism and American family interaction research, and considers the experimental Kingsley Hall therapeutic community in comparison with anti-psychiatry experiments in Germany and Italy. The book provides a much needed reassessment and re-evaluation of Laing's work and its significance for psychotherapy and psychiatry today.

The Discovery of Being-Rollo May 2015-05-04 "Clear, accurate, and interesting. There is no better short introduction to the existential approach to psychology." —Dallas Morning News The brilliant psychologist Rollo May was a major force in existential psychology. Here, he brings together the ideas of Kierkegaard, Nietzsche, and other great thinkers to offer insights into its ideas and techniques. He pays particular attention to the causes of loneliness and isolation and to our search to find new and firm moorings in order to move toward a future where responsibility, creativity, and love can play a role.

The Courage to Suffer-Daryl R. Van Tongeren 2020-03-09 Suffering is an inescapable part of life. Some suffering is so profound, so violating, or so dogged that it fundamentally changes people in indelible ways. Many existing therapeutic approaches, from a medical model, treat suffering as mental illness and seek a curative solution. However, such approaches often fail to examine the deep questions that suffering elicits (e.g., existential themes of death, isolation, freedom, identity, and meaninglessness) and the far-reaching ways in which suffering affects the lived experience of each

individual. In *The Courage to Suffer*, Daryl and Sara Van Tongeren introduce a new therapeutic framework that helps people flourish in the midst of suffering by cultivating meaning. Drawing from scientific research, clinical examples, existential and positive psychology, and their own personal stories of loss and sorrow, Daryl and Sara's integrative model blends the rich depth of existential clinical approaches with the growth focus of strengths-based approaches. Through cutting edge-research and clinical case examples, they detail five "phases of suffering" and how to work with a client's existential concerns at each phase to develop meaning. They also discuss how current research suggests to build a flourishing life, especially for those who have endured, and are enduring, suffering. Daryl and Sara show how those afflicted with suffering, while acknowledging the reality of their pain, can still choose to live with hope.

The Legacy of R. D. Laing-M. Guy Thompson 2015-05-22 The name R. D. Laing continues to be widely recognized by those in the psychotherapy community in the United States and Europe. Laing's books are a testament to his breadth of interests, including the understanding of madness, alternatives to conventional psychiatric treatment, existential philosophy and therapy, family systems, cybernetics, mysticism, and poetry. He is most remembered for his devastating critique of psychiatric practices, his controversial rejection of the concept of 'mental illness,' and his groundbreaking center for people in acute mental distress at Kingsley Hall, London. Most of the books that have been published about Laing have been written by people who did not know him personally and were unfamiliar with Laing the man and teacher. *The Legacy of R. D. Laing: An appraisal of his contemporary relevance* is composed by thinkers and practitioners who knew Laing intimately, some of whom worked with Laing. This collection of papers brings a perspective and balance to Laing's controversial ideas, some of which were never addressed in his books. There has never been a collection of papers that address so thoroughly the question of who Laing was and why he became the most famous psychiatrist in the world. As M. Guy Thompson's collection illustrates, there are now a number of alternatives to psychiatry throughout the world, and much of this can be credited to Laing's influence. *The Legacy of R. D. Laing* will ensure the reader has a keen grasp of who Laing was, what it was like to be his patient or his friend, and why his thinking was far ahead of its time, even in the

radical era of the 1970s. It is timely to appraise the nature of his contribution and bring Laing back into contemporary conversations about the nature of sanity and madness, and more humane approaches to helping those in profound mental distress. This book offers an in-depth insight into the work of R.D. Laing. It will be a must read for psychoanalysts, psychotherapists, family therapists, psychiatrists and academics alike. M. Guy Thompson, PhD is a Personal and Supervising Analyst at the Psychoanalytic Institute of Northern California and Chairman of Free Association, Inc., a non-profit organization devoted to the dissemination of Laing's ideas, in San Francisco. Dr. Thompson received his psychoanalytic training from R. D. Laing and associates at the Philadelphia Association and is the author of numerous books and journal articles on psychoanalysis, phenomenology, and schizophrenia. He currently lives in San Rafael, California.

The Meaning of Anxiety-Rollo May 2015-05-04 In this revised edition of his classic work—the first modern book on anxiety following Freud and Kierkegaard—psychologist Rollo May brings order and lucidity to the subject of anxiety. Rollo May challenges the idea that "mental health is living without anxiety," believing it is essential to being human. He explores how it can relieve boredom, sharpen sensibilities, and produce the tension necessary to preserve human existence. May sees a link extending from anxiety to intelligence, creativity, and originality, and guides the reader away from destructive ways to positive ways of dealing with anxiety. He convincingly proposes that anxiety can impel personal change, as it is only by confronting and coping with it that self-realization can occur.

The Emergent Self-Peter Philippon 2018-03-26 This book tracks a particular understanding of self, philosophically, from research evidence and in its implications for psychotherapy. At each step, the author includes first the theory he is working from, then the clinical implications of the theory, followed by some links to the philosophical outlook inherent in the theory, and finally a more extended case example. It takes the view that the continuing self is partly an illusion, partly a construct, and that we in fact have to work to stay the same in the face of all the different possibilities the world offers us. The author believes that we do this for two reasons. First of

all, continuity allows deeper contact: friendships, loving relationships with partners and families. Secondly, and balancing this, the predictable is less anxiety-producing, and that we avoid this existential anxiety by acting in a stereotyped way and avoiding some of the depths of contact.

R.D. Laing-Adrian C. Laing 2006 R.D. Laing was one of the best-known and most influential psychiatrists of modern times. Written by his son, this book tells the story of R.D. Laing's life and work.

The Book of Not-Tsitsi Dangarembga 2021-05-18

Mengzi-Mengzi 2008-09-15 Bryan Van Norden's new translation of the Mengzi (Mencius) is accurate, philosophically nuanced, and fluent. Accompanied by selected passages from the classic commentary of Zhu Xi--one of the most influential and insightful interpreters of Confucianism--this edition provides readers with a parallel to the Chinese practice of reading a classic text alongside traditional commentaries. Also included are an Introduction that situates Mengzi and Zhu Xi in their intellectual and social contexts; a glossary of names, places and important terms; a selected bibliography; and an index.

The Center Cannot Hold-Elyn R. Saks 2007-08-14 A much-praised memoir of living and surviving mental illness as well as "a stereotype-shattering look at a tenacious woman whose brain is her best friend and her worst enemy" (Time). Elyn R. Saks is an esteemed professor, lawyer, and psychiatrist and is the Orrin B. Evans Professor of Law, Psychology, Psychiatry, and the Behavioral Sciences at the University of Southern California Law School, yet she has suffered from schizophrenia for most of her life, and still has ongoing major episodes of the illness. The Center Cannot Hold is the eloquent, moving story of Elyn's life, from the first time that she heard voices speaking to her as a young teenager, to attempted suicides in college, through learning to live on her own as an adult in an often terrifying world. Saks discusses frankly the paranoia, the inability to tell

imaginary fears from real ones, the voices in her head telling her to kill herself (and to harm others), as well as the incredibly difficult obstacles she overcame to become a highly respected professional. This beautifully written memoir is destined to become a classic in its genre.

Wisdom, Madness and Folly-R. D. Laing 2000-05 Set in a European context, but written in the style of a Scottish radicalist, the author recounts his own upbringing as well as his personal and professional insights, questioning the role of the psychiatrist in today's society.

Knots-Ronald David Laing 1970

R.D. Laing-Theodor Itten 2013-08-20 For anyone interested in Laing this is a fascinating collection of interviews and a timely reminder of his enduring importance.

Winnicott-Adam Phillips 1989 Describes Winnicott's theories of child development, the mother-child relationship, and human sexuality.

Self, Divided-John Medeiros 2020-11-17 "Self, Divided is an immersive journey to the self's 'true north' against the backdrop of identical twinning, growing up working class, coming out, and living with HIV/AIDS. Captivating not only for Medeiros's evocative lyricism, but also for his original and imaginative use of narrative space, his quest to create an identity all his own is a sad, funny, and memorable story of growth against the odds, written in the language of hard-won victory."-Brian Malloy, author of The Year of Ice and After Francesco
Self, Divided is an amazing memoir that speaks to an ongoing, significant, international public health concern--the AIDS pandemic--through a lens that is both personal and universal. The author, a gay man living with AIDS who has an identical twin brother who is both heterosexual and HIV negative, participates in an experimental gene therapy treatment in which he is infused with ten billion of his brother's

genes. Happening as it does thirty years into Medeiros's life, it punctuates a moment of self-discovery even as it forever melds the two brothers. Lyrical and impressionistic, the memoir portrays life in the urban, working class, Portuguese immigrant neighborhoods of Providence, and includes an indelible cast of family members, teachers, friends, and lovers. *Self, Divided* speaks to the paradox of being both an individual and a part of someone else's identity-an identical twin-brilliantly capturing how we are always connected, in one way or another, to others around us

Douglas Gordon-Douglas Gordon 2006 This volume will accompany a major solo exhibition of Douglas Gordon's work in Scotland. He works with film, video, photographs, objects and text, examining issues such as memory and identity, good and evil, and life and death. He makes great play with the doubling of images often in positive and negative or in mirrored form.

Portrait of the Psychiatrist as a Young Man-Allan Beveridge 2011-08-25 RD Laing remains one of the most famous psychiatrists of the last 50 years. In the 1960s he enjoyed enormous popularity and received much publicity for his controversial views challenging the psychiatric orthodoxy. He championed the rights of the patient, and challenged the often inhumane methods of treating the mentally ill. Based on a wealth of previously unexamined archives relating to his private papers and clinical notes, *Portrait of the Psychiatrist as a Young Man* sheds new light on RD Laing, and in particular his early formative years - a crucial but largely overlooked period in his life. The first half of the book considers Laing's intellectual journey through the world of ideas and his development as a psychiatric theorist. An analysis of his notebooks and personal library reveals Laing's engagement not only with psychiatric theory, but also with a wide range of other disciplines, such as philosophy, literature, and religion. This part of the book considers how this shaped Laing's writing about madness and his evolution as a clinician. The second half draws on a rich and completely unexplored collection of Laing's clinical notes, which detail his encounters with patients in his early years as a psychiatrist, firstly in the British Army, subsequently in the psychiatric hospitals of Glasgow, and finally in the Tavistock Clinic in London. These notes reveal what Laing was actually doing in clinical practice, and how theory interacted with therapy. The

majority of patients who were to appear in Laing's first two books, *The Divided Self* and *The Self and Others* have been identified from these records, and this volume provides a fascinating account of how the published case histories compare to the original notes. There is a considerable mythology surrounding Laing, partly created by himself and partly by subsequent commentators. By a careful examination of primary sources, Allan Beveridge, both a psychiatrist and an historian, examines the many mythological narratives about Laing and provide a critical but not unsympathetic account of this colourful and contradictory thinker, who addressed questions about the nature of madness which are still being asked today. This book will be of interest to mental health workers and social historians alike as well as anybody interested in the philosophy of psychiatry.

Rape of the Wild-Andrée Collard 1989 Argues that the masculine outlook towards nature has led to pollution, exploitation, and extinction, and suggests an alternate, more humane viewpoint

The Death of Desire-M. Guy Thompson 2016-07-07 A stunning exploration of the relation between desire and psychopathology, *The Death of Desire* is a unique synthesis of the work of Laing, Freud, Nietzsche, and Heidegger that renders their often difficult concepts brilliantly accessible to and usable by psychotherapists of all persuasions. In bridging a critical gap between phenomenology and psychoanalysis, M. Guy Thompson, one of the leading existential psychoanalysts of our time, firmly re-situates the unconscious - what Freud called "the lost continent of repressed desires" - in phenomenology. In so doing, he provides us with the richest, most compelling phenomenological treatment of the unconscious to date and also makes Freud's theory of the unconscious newly comprehensible. In this revised and updated second edition to the original published in 1985, M. Guy Thompson takes us inside his soul-searching seven-year apprenticeship with radical psychiatrist R. D. Laing and his cohorts as it unfolded in counterculture London of the 1970s. This rite de passage culminates with a four-year sojourn inside one of Laing's post-Kingsley Hall asylums, where Laing's unorthodox conception of treatment dispenses with conventional boundaries between "doctor" and "patient." In this unprecedented

exploration, Thompson reveals the secret to Laing's astonishing alternative to the conventional psychiatric and psychoanalytic treatment schemes. Movingly written and deeply personal, Thompson shows why the very concept of "mental illness" is a misnomer and why sanity and madness should be understood instead as inherently puzzling stratagems that we devise in order to protect ourselves from intolerable mental anguish. The Death of Desire offers a provocative and challenging reappraisal of depth psychotherapy from an existential perspective that will be of interest to psychoanalysts, psychotherapists, philosophers, social scientists, and students of the human condition.

Reason & Violence-Ronald David Laing 1983 Probes the philosophy and art of the French existentialist through a close examination of three of his major works

Existential Man-Richard E. Johnson 2013-10-22 Existential Man: The Challenge of Psychotherapy presents a therapist's impression of existential man. The book focuses on the personal experiences and conceptual organization of a practicing psychotherapist as a student, client, and therapist. This book is divided into three main topics— foundations, encounters, and directions. In these topics, this text specifically discusses the critical commitment and existential self. The congruent, modified, body, metaphor, and emergent encounters are also deliberated. This compilation likewise covers the end of professionalism, validation of experience, and metaphysics of psychotherapy. This publication is a good reference for students researching on psychotherapy, including those interested in the therapeutic interaction or treatment contracted between a trained professional and a client, patient, family, couple, or group.

The Tyranny of Silence-Flemming Rose 2016-05-10 Journalists face constant intimidation. Whether it takes the extreme form of beheadings, death threats, government censorship or simply political correctness—it casts a shadow over their ability to tell a story. When the Danish newspaper Jyllands-Posten published the cartoons of the prophet Muhammad nine

years ago, Denmark found itself at the center of a global battle about the freedom of speech. The paper's culture editor, Flemming Rose, defended the decision to print the 12 drawings, and he quickly came to play a central part in the debate about the limitations to freedom of speech in the 21st century. In The Tyranny of Silence, Flemming Rose writes about the people and experiences that have influenced his understanding of the crisis, including meetings with dissidents from the former Soviet Union and ex-Muslims living in Europe. He provides a personal account of an event that has shaped the debate about what it means to be a citizen in a democracy and how to coexist in a world that is increasingly multicultural, multireligious, and multiethnic.

Who Knows?.-Guy de Maupassant 1900

The Facts of Life-R. D. Laing 1984-01-12 The controversial British psychiatrist describes, explores, and reflects on facts and feelings, imaginings and memories, repressions and discoveries, and pains and joys of his life as child and man

Interpersonal Conflict-Karen Weixel Dixon 2016-11-25 Interpersonal Conflict provides a psychotherapeutic and philosophical understanding of the nature of interpersonal conflict. Arguing that facilitating conflict resolution has little to do with objective logic or rationale, and everything to do with personal (and cultural) values and aspirations, Karen Weixel-Dixon uses the lens of existential psychotherapy to provide innovative skills for conflict management. The book offers a deeper understanding of those theories and practices surrounding currently held perspectives on conflict, and extends the repertoire of communication skills relevant to difficult interpersonal situations, offering theoretical and practical input into the possibilities of reaching a therapeutic result. Interpersonal Conflict will be an engaging and informative guide for professionals in psychotherapy, health, HR, legal and teaching professions working with conflict, as well as students taking courses involving conflict resolution.

Do the Work!-Steven Pressfield 2014-10-28

Zone of the Interior-Clancy Sigal 2013-08-06 A riotously funny saga of institutional insanity, based on the author's association with the notorious psychiatrist R. D. Laing. Despite massive literary success, Sidney Bell feels perpetually unsatisfied and suffers unexplained physical ailments. Desperate to straighten out his twisted life, anxiety-ridden Sid seeks help from experimental psychiatrist Dr. Willie Last, whose therapeutic methods involve hallucinatory drugs such as LSD and trading places with his patients. After a tumultuous first trip, Sid ends up at Conolly House, a radical hospital for young schizophrenics where he serves as a "barefoot doctor." From there, Sigal launches readers on a sardonic, rambling journey through a fantastic breed of insanity. With his freewheeling, ecstatic prose, Sigal spins a manic psychological quest into a telling portrait of a society in the grips of a turbulent decade. *Zone of the Interior* is a subversive and uproarious search for clarity and comfort in an increasingly mad world, grounded by an unforgettable narrator.

Notes from the Underground-Fyodor Dostoyevsky 2009-01-01 Notes from the Underground is Fyodor Dostoyevsky's 1864 masterpiece following the ranting, slightly unhinged memoir of an isolated, anonymous civil servant. A dramatic monologue in which the narrator leaves himself open to ridicule and reveals more of his weaknesses than he intends, this influential short novel lays the ground work for the political, religious, moral and political ideas that are explored in Dostoyevsky's later works.

My Lovely Wife in the Psych Ward-Mark Lukach 2017-05-02 International Bestseller A heart-wrenching, yet hopeful, memoir of a young marriage that is redefined by mental illness and affirms the power of love. Mark and Giulia's life together began as a storybook romance. They fell in love at eighteen, married at twenty-four, and were living their dream life in San Francisco. When Giulia was twenty-seven, she suffered a terrifying and unexpected psychotic break that landed her in the psych ward for nearly a

month. One day she was vibrant and well-adjusted; the next she was delusional and suicidal, convinced that her loved ones were not safe. Eventually, Giulia fully recovered, and the couple had a son. But, soon after Jonas was born, Giulia had another breakdown, and then a third a few years after that. Pushed to the edge of the abyss, everything the couple had once taken for granted was upended. A story of the fragility of the mind, and the tenacity of the human spirit, *My Lovely Wife in the Psych Ward* is, above all, a love story that raises profound questions: How do we care for the people we love? What and who do we live for? Breathtaking in its candor, radiant with compassion, and written with dazzling lyricism, Lukach's is an intensely personal odyssey through the harrowing years of his wife's mental illness, anchored by an abiding devotion to family that will affirm readers' faith in the power of love.

Kafka Was the Rage-Anatole Broyard 2010-12-01 What Hemingway's *A Moveable Feast* did for Paris in the 1920s, this charming yet undecipherable memoir does for Greenwich Village in the late 1940s. In 1946, Anatole Broyard was a dapper, earnest, fledgling avant-gardist, intoxicated by books, sex, and the neighborhood that offered both in such abundance. Stylishly written, mercurially witty, imbued with insights that are both affectionate and astringent, this memoir offers an indelible portrait of a lost bohemia. We see Broyard setting up his used bookstore on Cornelia Street—indulging in a dream that was for him as romantic as “living off the land or sailing around the world” while exercising his libido with a protegee of Anais Nin and taking courses at the New School, where he deliberates on “the new trends in art, sex, and psychosis.” Along the way he encounters Delmore Schwartz, Caitlin and Dylan Thomas, William Gaddis, and other writers at the start of their careers. Written with insight and mercurial wit, *Kafka Was the Rage* elegantly captures a moment and place and pays homage to a lost bohemia as it was experienced by a young writer eager to find not only his voice but also his place in a very special part of the world.