



[DOC] Cod: A Biography Of The Fish That Changed The World

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Cod-Mark Kurlansky 2011-03-04 Wars have been fought over it, revolutions have been spurred by it, national diets have been based on it, economies have depended on it, and the settlement of North America was driven by it. Cod, it turns out, is the reason Europeans set sail across the Atlantic, and it is the only reason they could. What did the Vikings eat in icy Greenland and on the five expeditions to America recorded in the Icelandic sagas? Cod -- frozen and dried in the frosty air, then broken into pieces and eaten like hardtack. What was the staple of the medieval diet? Cod again, sold salted by the Basques, an enigmatic people with a mysterious, unlimited supply of cod. Cod is a charming tour of history with all its economic forces laid bare and a fish story embellished with great gastronomic detail. It is also a tragic tale of environmental failure, of depleted fishing stocks where once the cod's numbers were legendary. In this deceptively whimsical biography of a fish, Mark Kurlansky brings a thousand years of human civilization into captivating focus.

Cod-Mark Kurlansky 1998-07-01 An unexpected, energetic look at world history on sea and land from the bestselling author of Salt and The Basque History of the World Cod, Mark Kurlansky's third work of nonfiction and winner of the 1999 James Beard Award, is the biography of a single species of fish, but it may as well be a world history with this humble fish as its

recurring main character. Cod, it turns out, is the reason Europeans set sail across the Atlantic, and it is the only reason they could. What did the Vikings eat in icy Greenland and on the five expeditions to America recorded in the Icelandic sagas? Cod, frozen and dried in the frosty air, then broken into pieces and eaten like hardtack. What was the staple of the medieval diet? Cod again, sold salted by the Basques, an enigmatic people with a mysterious, unlimited supply of cod. As we make our way through the centuries of cod history, we also find a delicious legacy of recipes, and the tragic story of environmental failure, of depleted fishing stocks where once their numbers were legendary. In this lovely, thoughtful history, Mark Kurlansky ponders the question: Is the fish that changed the world forever changed by the world's folly? "Every once in a while a writer of particular skill takes a fresh, seemingly improbable idea and turns out a book of pure delight. Such is the case of Mark Kurlansky and the codfish." -David McCullough, author of The Wright Brothers and 1776

Cod-Mark Kurlansky 2011-02-28 'Who would ever think that a book on cod would make a compulsive read? And yet this is precisely what Kurlansky has done' Express on Sunday The Cod. Wars have been fought over it, revolutions have been triggered by it, national diets have been based on it, economies and livelihoods have depended on it. To the millions it has sustained, it has been a treasure more precious than gold. This book spans 1,000 years and four continents. From the Vikings to Clarence Birdseye,

Mark Kurlansky introduces the explorers, merchants, writers, chefs and fisherman, whose lives have been interwoven with this prolific fish. He chronicles the cod wars of the 16th and 20th centuries. He blends in recipes and lore from the Middle Ages to the present. In a story that brings world history and human passions into captivating focus, he shows how the most profitable fish in history is today faced with extinction.

Salt-Mark Kurlansky 2011-03-18 From the award-winning and bestselling author of *Cod* comes the dramatic, human story of a simple substance, an element almost as vital as water, that has created fortunes, provoked revolutions, directed economies and enlivened our recipes. Salt is common, easy to obtain and inexpensive. It is the stuff of kitchens and cooking. Yet trade routes were established, alliances built and empires secured - all for something that filled the oceans, bubbled up from springs, formed crusts in lake beds, and thickly veined a large part of the Earth's rock fairly close to the surface. From pre-history until just a century ago - when the mysteries of salt were revealed by modern chemistry and geology - no one knew that salt was virtually everywhere. Accordingly, it was one of the most sought-after commodities in human history. Even today, salt is a major industry. Canada, Kurlansky tells us, is the world's sixth largest salt producer, with salt works in Ontario playing a major role in satisfying the Americans' insatiable demand. As he did in his highly acclaimed *Cod*, Mark Kurlansky once again illuminates the big picture by focusing on one seemingly modest detail. In the process, the world is revealed as never before.

Basque History Of The World-Mark Kurlansky 2011-03-11 "They are a mythical people, almost an imagined people," writes Mark Kurlansky. Settled in a corner of France and Spain in a land marked on no maps except their own, the Basques are a nation without a country, whose ancient and dramatic story illuminates Europe's own saga. Where did they come from? Signs of their civilization exist well before the arrival of the Romans in 218 B.C., and their culture appears to predate all others in Europe. Their mysterious and forbidden tongue, Euskera, is related to no other language on Earth. The Basques have stubbornly defended their unique culture against the Celts, the Romans, the Visigoths and Moors, the kings of Spain and France, Napoleon, Franco, the modern Spanish state, and the European

Union. Yet as much as their origins are obscure, the Basques' contributions to world history have been clear and remarkable. Early explorers, they made fortunes whaling before the year 1000 and became the premier cod fishermen in Europe after discovering Canada's Grand Banks. Juan Sebastian de Elcano, a Basque, was the first man to circumnavigate the globe in 1522. Their influence has also been felt in religion as founders of the Jesuits in 1534, and in business, as leaders of the Industrial Revolution in southern Europe. Mark Kurlansky's passion for the Basque people, and his exuberant eye for detail, shine throughout this fascinating history. Like his acclaimed *Cod*, it blends human, economic, political, literary and culinary history into a rich and heroic tale.

Paper: Paging Through History-Mark Kurlansky 2016-05-10 From the New York Times best-selling author of *Cod* and *Salt*, a definitive history of paper and the astonishing ways it has shaped today's world. Paper is one of the simplest and most essential pieces of human technology. For the past two millennia, the ability to produce it in ever more efficient ways has supported the proliferation of literacy, media, religion, education, commerce, and art; it has formed the foundation of civilizations, promoting revolutions and restoring stability. By tracing paper's evolution from antiquity to the present, with an emphasis on the contributions made in Asia and the Middle East, Mark Kurlansky challenges common assumptions about technology's influence, affirming that paper is here to stay. Paper will be the commodity history that guides us forward in the twenty-first century and illuminates our times.

Milk!-Mark Kurlansky 2018-05-08 Mark Kurlansky's first global food history since the bestselling *Cod* and *Salt*; the fascinating cultural, economic, and culinary story of milk and all things dairy--with recipes throughout. According to the Greek creation myth, we are so much spilt milk; a splatter of the goddess Hera's breast milk became our galaxy, the Milky Way. But while mother's milk may be the essence of nourishment, it is the milk of other mammals that humans have cultivated ever since the domestication of animals more than 10,000 years ago, originally as a source of cheese, yogurt, kefir, and all manner of edible innovations that rendered lactose digestible, and then, when genetic mutation made some of us lactose-

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tolerant, milk itself. Before the industrial revolution, it was common for families to keep dairy cows and produce their own milk. But during the nineteenth century mass production and urbanization made milk safety a leading issue of the day, with milk-borne illnesses a common cause of death. Pasteurization slowly became a legislative matter. And today milk is a test case in the most pressing issues in food politics, from industrial farming and animal rights to GMOs, the locavore movement, and advocates for raw milk, who controversially reject pasteurization. Profoundly intertwined with human civilization, milk has a compelling and a surprisingly global story to tell, and historian Mark Kurlansky is the perfect person to tell it. Tracing the liquid's diverse history from antiquity to the present, he details its curious and crucial role in cultural evolution, religion, nutrition, politics, and economics.

The Food of a Younger Land-United States. Works Progress Administration 2009 No Marketing Blurp

The Big Oyster-Mark Kurlansky 2007-01-09 Before New York City was the Big Apple, it could have been called the Big Oyster. Now award-winning author Mark Kurlansky tells the remarkable story of New York by following the trajectory of one of its most fascinating inhabitants—the oyster, whose influence on the great metropolis remains unparalleled. For centuries New York was famous for its oysters, which until the early 1900s played such a dominant a role in the city's economy, gastronomy, and ecology that the abundant bivalves were Gotham's most celebrated export, a staple food for the wealthy, the poor, and tourists alike, and the primary natural defense against pollution for the city's congested waterways. Filled with cultural, historical, and culinary insight—along with historic recipes, maps, drawings, and photos—this dynamic narrative sweeps readers from the island hunting ground of the Lenape Indians to the death of the oyster beds and the rise of America's environmentalist movement, from the oyster cellars of the rough-and-tumble Five Points slums to Manhattan's Gilded Age dining chambers. Kurlansky brings characters vividly to life while recounting dramatic incidents that changed the course of New York history. Here are the stories behind Peter Stuyvesant's peg leg and Robert Fulton's "Folly"; the oyster merchant and pioneering African American leader Thomas Downing; the

birth of the business lunch at Delmonico's; early feminist Fanny Fern, one of the highest-paid newspaper writers in the city; even "Diamond" Jim Brady, who we discover was not the gourmand of popular legend. With *The Big Oyster*, Mark Kurlansky serves up history at its most engrossing, entertaining, and delicious.

Salmon-Mark Kurlansky 2020-10-01 The majestic and mysterious salmon... Over the centuries, salmon have been a vital resource, a dietary staple and an irresistible catch. But there is so much more to this extraordinary fish. As Mark Kurlansky reveals, salmon persist as a barometer for the health of our planet. Centuries of our greatest assaults on nature can be seen in their harrowing yet awe-inspiring life cycle. Full of all Kurlansky's characteristic curiosity and insight, *Salmon* is a magisterial history of a wondrous creature.

A Continent Of Islands-Mark Kurlansky 1992 A richly detailed portrait of the individual countries and peoples of the Caribbean ; brings to life a society and culture often kept hidden from foreigners--the arts, history, politics, economics, and the vivid day-to-day lives of its citizens.

The Cod's Tale-Mark Kurlansky 2014 Outlines the history of fishing for and consuming codfish from the time of the Vikings through the present. Includes discussions of the cod's life cycle, over fishing, and recipes using the fish.

Birdseye-Mark Kurlansky 2013 A profile of eccentric genius inventor Clarence Birdseye chronicles how his innovative fast-freezing process revolutionized the food industry and American agriculture. By the best-selling author of *Salt: A World History*. 35,000 first printing.

1968-Mark Kurlansky 2005 Provides a detailed look at 1968, a pivotal year in the history of the twentieth century, exploring the turbulent events,

politics, culture, economics, and social changes that marked a volatile year.

Thrust-Michael Glover 2019-11-26 A laugh-out-loud visual history of the strangest piece of men's clothing ever created: the codpiece. The codpiece was fashioned in the Middle Ages to close a revealing gap between two separate pieces of men's tights. By the sixteenth century, it had become an upscale must-have accessory. This lighthearted, illustrated examination of its history pulls in writers from Rabelais to Shakespeare and figures from Henry VIII to Alice Cooper. Glover's witty and entertaining prose reveals how male vanity turned a piece of cloth into a bulging and absurd representation of masculinity itself. The codpiece, painted again and again by masters such as Titian, Holbein, Giorgione, and Bruegel, became a symbol of royalty, debauchery, virility, and religious seriousness—all in one. Centuries of male self-importance and delusion are on display in this highly enjoyably new title. Glover's book moves from paintings to contemporary culture and back again as it charts the growing popularity of the codpiece and its eventual decline. The first history of its kind, this book is a must-read for art historians, anthropologists, fashion aficionados, and readers looking for a good, long laugh.

Cod-George A. Rose 2007 The devastation of many of the greatest North Atlantic cod stocks, particularly those of Newfoundland and Labrador and the Grand Banks, has become an icon for the unsustainable relation between human exploitation and Nature. Here, George Rose tells the full story of that devastation, in scientific detail, for the first time - from the formation of the North Atlantic marine ecosystems to the massive stock declines in the last half of the 20th century. Politics and the fisheries are inextricably entwined. In *Cod*, Rose recounts the many political influences on the fisheries over several centuries and describes how neglect from the late 1800s onward led to insufficient scientific knowledge and little protection for the stocks when massive Euro-Russian fleets targeted the Grand Banks after World War II, destroying the most prolific fishery the world has known. *Cod* is no armchair account, but a controversial one that includes original information on the North Atlantic fisheries.

The Enduring Shore-Paul Schneider 2016-09-06 Even before the Pilgrims landed in 1620, Cape Cod and its islands promised paradise to visitors, both native and European. In Paul Schneider's sure hands, the story of this waterland created by glaciers and refined by storms and tides -- and of its varied inhabitants -- becomes an irresistible biography of a place. Cape Cod's Great Beach, Martha's Vineyard, and Nantucket are romantic stops on Schneider's roughly chronological human and natural history. His book is a lucid and compelling collage of seaside ecology, Indians and colonists, religion and revolution, shipwrecks and hurricanes, whalers and vengeful sperm whales, glorious clipper ships and today's beautiful but threatened beaches. Schneider's superb eye for story and detail illuminates both history and landscape. A wonderful introduction, it will also appeal to the millions of people who already have warm associations with these magical places.

Alaska Codfish Chronicle-James Mackovjak 2019-08-15 Cod is one of the most widely consumed fish in the world. For many years, the Atlantic cod industry took center stage, but partly thanks to climate change and overfishing, it is more and more likely that the cod on your kitchen table or in your fast food fish fillets came from Alaska's Pacific Cod Fishery. *Alaska Codfish Chronicle* is the first comprehensive history of this fishery. It looks at the early decades of the fishery's history, a period marked by hardship and danger, as well as the dominance of foreign fishermen. And the modern era, beginning in 1976 when the United States claimed an exclusive economic zone around the Alaska coasts, "Americanizing" the fishery and replacing the foreign fleets that had been ravaging the resources in the Gulf of Alaska and the Bering Sea. Today, the Pacific cod fishery is, in terms of poundage, the second largest fishery in Alaska, and considered among the best-managed fisheries in the world. This history is extremely well documented, does not spare details, and is accessible to general readers. It incorporates nearly a hundred photographs and illustrations and is sprinkled with numerous observations from fishing industry journals and reports, even incorporating poems and recipes, making this an especially thorough and unique account of one of Alaska's most iconic and important industries.

Corsets and Codpieces-Karen Bowman 2016-10-04 Have you ever wondered why we wear the type of clothes we do? Packed with outlandish outfits, this exciting history of fashion trends reveals the flamboyant fashions adopted (and discarded) by our ancestors. In the days before cosmetic surgery, people used bum rolls and bombastic breeches to augment their figures, painted their faces with poisonous concoctions, and doused themselves with scent to cover body odor. Take a fresh look at history's hidden fashion disasters and discover the stories behind historical garments: How removing a medieval woman's headdress could reveal her as a harlot Why Tudor men traded in their oversized codpieces for corsets How crinoline caused a spate of shoplifting among Victorian ladies Karen Bowman charts our sartorial history from the animal skins first used to cover our modesty and show off hunting skills, right up to the twentieth-century drive for practicality and comfort. *Corsets and Codpieces* is a fascination read for history buffs and fashionistas alike. Skyhorse Publishing, as well as our Arcade imprint, are proud to publish a broad range of books for readers interested in history--books about World War II, the Third Reich, Hitler and his henchmen, the JFK assassination, conspiracies, the American Civil War, the American Revolution, gladiators, Vikings, ancient Rome, medieval times, the old West, and much more. While not every title we publish becomes a New York Times bestseller or a national bestseller, we are committed to books on subjects that are sometimes overlooked and to authors whose work might not otherwise find a home.

Dorothy Day-John Loughery 2021-03-02 "Magisterial and glorious" (Pittsburgh Post-Gazette), the first full authoritative biography of Dorothy Day—American icon, radical pacifist, Catholic convert, and advocate for the homeless—is "a vivid account of her political and religious development" (Karen Armstrong, The New York Times). After growing up in a conservative middle-class Republican household and working several years as a left-wing journalist, Dorothy Day converted to Catholicism and became an anomaly in American life for the next fifty years. As an orthodox Catholic, political radical, and a rebel who courted controversy, she attracted three generations of admirers. A believer in civil disobedience, Day went to jail several times protesting the nuclear arms race. She was critical of capitalism and US foreign policy, and as skeptical of modern liberalism as

political conservatism. Her protests began in 1917, leading to her arrest during the suffrage demonstration outside President Wilson's White House. In 1940 she spoke in Congress against the draft and urged young men not to register. She told audiences in 1962 that the US was as much to blame for the Cuban missile crisis as Cuba and the USSR. She refused to hear any criticism of the pope, though she sparred with American bishops and priests who lived in well-appointed rectories while tolerating racial segregation in their parishes. *Dorothy Day* is the exceptional biography of a dedicated modern-day pacifist, an outspoken advocate for the poor, and a lifelong anarchist. This definitive and insightful account is "a monumental exploration of the life, legacy, and spirituality of the Catholic activist" (Spirituality & Practice).

Four Fish-Paul Greenberg 2010-07-15 "A necessary book for anyone truly interested in what we take from the sea to eat, and how, and why." —Sam Sifton, The New York Times Book Review. Acclaimed author of *American Catch* and *The Omega Principle* and life-long fisherman, Paul Greenberg takes us on a journey, examining the four fish that dominate our menus: salmon, sea bass, cod, and tuna. Investigating the forces that get fish to our dinner tables, Greenberg reveals our damaged relationship with the ocean and its inhabitants. Just three decades ago, nearly everything we ate from the sea was wild. Today, rampant overfishing and an unprecedented biotech revolution have brought us to a point where wild and farmed fish occupy equal parts of a complex marketplace. *Four Fish* offers a way for us to move toward a future in which healthy and sustainable seafood is the rule rather than the exception.

The Story of Salt-Mark Kurlansky 2014-08-07 Drawn from the bestseller *Salt: A World History*, a stunning picture book presents a wealth of information on salt, from the many ways it's gathered from the earth and sea, to its many uses throughout history, from ancient times to Gandhi's famous Salt March.

The Dead Are Arising: The Life of Malcolm X-Les Payne 2020-10-20

WINNER — 2020 NATIONAL BOOK AWARD FOR NONFICTION • TIME Magazine — 10 Best Nonfiction Books of 2020 • A New York Times Notable Book of 2020 and Editors' Choice Selection • Best Books of 2020: NPR, Washington Post, Library Journal, Chicago Public Library • Excerpted in The New Yorker • Longlisted — Andrew Carnegie Medal for Excellence in Nonfiction • Best Books of Fall 2020 — O, the Oprah Magazine, The Week, St. Louis Post-Dispatch An epic biography of Malcolm X finally emerges, drawing on hundreds of hours of the author's interviews, rewriting much of the known narrative. Les Payne, the renowned Pulitzer Prize-winning investigative journalist, embarked in 1990 on a nearly thirty-year-long quest to interview anyone he could find who had actually known Malcolm X—all living siblings of the Malcolm Little family, classmates, street friends, cellmates, Nation of Islam figures, FBI moles and cops, and political leaders around the world. His goal was ambitious: to transform what would become over a hundred hours of interviews into an unprecedented portrait of Malcolm X, one that would separate fact from fiction. The result is this historic biography that conjures a never-before-seen world of its protagonist, a work whose title is inspired by a phrase Malcolm X used when he saw his Hartford followers stir with purpose, as if the dead were truly arising, to overcome the obstacles of racism. Setting Malcolm's life not only within the Nation of Islam but against the larger backdrop of American history, the book traces the life of one of the twentieth century's most politically relevant figures "from street criminal to devoted moralist and revolutionary." In tracing Malcolm X's life from his Nebraska birth in 1925 to his Harlem assassination in 1965, Payne provides searing vignettes culled from Malcolm's Depression-era youth, describing the influence of his Garveyite parents: his father, Earl, a circuit-riding preacher who was run over by a street car in Lansing, Michigan, in 1929, and his mother, Louise, who continued to instill black pride in her children after Earl's death. Filling each chapter with resonant drama, Payne follows Malcolm's exploits as a petty criminal in Boston and Harlem in the 1930s and early 1940s to his religious awakening and conversion to the Nation of Islam in a Massachusetts penitentiary. With a biographer's unwavering determination, Payne corrects the historical record and delivers extraordinary revelations—from the unmasking of the mysterious NOI founder "Fard Muhammad," who preceded Elijah Muhammad; to a hair-rising scene, conveyed in cinematic detail, of Malcolm and Minister Jeremiah X Shabazz's 1961 clandestine meeting with the KKK; to a minute-by-minute account of

Malcolm X's murder at the Audubon Ballroom. Introduced by Payne's daughter and primary researcher, Tamara Payne, who, following her father's death, heroically completed the biography, *The Dead Are Arising* is a penetrating and riveting work that affirms the centrality of Malcolm X to the African American freedom struggle.

Havana-Mark Kurlansky 2017-03-07 A city of tropical heat, sweat, ramshackle beauty, and its very own cadence—a city that always surprises--Havana is brought to pulsing life by New York Times bestselling author Mark Kurlansky. Award-winning author Mark Kurlansky presents an insider's view of Havana: the elegant, tattered city he has come to know over more than thirty years. Part cultural history, part travelogue, with recipes, historic engravings, photographs, and Kurlansky's own pen-and-ink drawings throughout, Havana celebrates the city's singular music, literature, baseball, and food; its five centuries of outstanding, neglected architecture; and its extraordinary blend of cultures. Like all great cities, Havana has a rich history that informs the vibrant place it is today—from the native Taino to Columbus's landing, from Cuba's status as a U.S. protectorate to Batista's dictatorship and Castro's revolution, from Soviet presence to the welcoming of capitalist tourism. Havana is a place of extremes: a beautifully restored colonial city whose cobblestone streets pass through areas that have not been painted or repaired since long before the revolution. Kurlansky shows Havana through the eyes of Cuban writers, such as Alejo Carpentier and José Martí, and foreigners, including Graham Greene and Hemingway. He introduces us to Cuban baseball and its highly opinionated fans; the city's music scene, alive with the rhythm of Son; its culinary legacy. Through Mark Kurlansky's multilayered and electrifying portrait, the long-elusive city of Havana comes stirring to life.

World Without Fish-Mark Kurlansky 2018-06-15 A KID'S GUIDE TO THE OCEAN "Can you imagine a world without fish? It's not as crazy as it sounds. But if we keep doing things the way we've been doing things, fish could become extinct within fifty years. So let's change the way we do things!" World Without Fish is the uniquely illustrated narrative nonfiction account—for kids—of what is happening to the world's oceans and what they can do about it. Written by Mark Kurlansky, author of *Cod*, *Salt*, *The*

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Big Oyster, and many other books, *World Without Fish* has been praised as “urgent” (Publishers Weekly) and “a wonderfully fast-paced and engaging primer on the key questions surrounding fish and the sea” (Paul Greenberg, author of *Four Fish*). It has also been included in the New York State Expeditionary Learning English Language Arts Curriculum. Written by a master storyteller, *World Without Fish* connects all the dots—biology, economics, evolution, politics, climate, history, culture, food, and nutrition—in a way that kids can really understand. It describes how the fish we most commonly eat, including tuna, salmon, cod, swordfish—even anchovies—could disappear within fifty years, and the domino effect it would have: the oceans teeming with jellyfish and turning pinkish orange from algal blooms, the seabirds disappearing, then reptiles, then mammals. It describes the back-and-forth dynamic of fishermen, who are the original environmentalists, and scientists, who not that long ago considered fish an endless resource. It explains why fish farming is not the answer—and why sustainable fishing is, and how to help return the oceans to their natural ecological balance. Interwoven with the book is a twelve-page graphic novel. Each beautifully illustrated chapter opener links to the next to form a larger fictional story that perfectly complements the text.

The Outermost House-Henry Beston 2003-07-01 The author records his observations of nature during the year he spent in a Cape Cod beach house.

Mad at the World: A Life of John Steinbeck-William Souder 2020-10-13 A resonant biography of America’s most celebrated novelist of the Great Depression. The first full-length biography of the Nobel laureate to appear in a quarter century, *Mad at the World* illuminates what has made the work of John Steinbeck an enduring part of the literary canon: his capacity for empathy. Pulitzer Prize finalist William Souder explores Steinbeck’s long apprenticeship as a writer struggling through the depths of the Great Depression, and his rise to greatness with masterpieces such as *The Red Pony*, *Of Mice and Men*, and *The Grapes of Wrath*. Angered by the plight of the Dust Bowl migrants who were starving even as they toiled to harvest California’s limitless bounty, fascinated by the guileless decency of the downtrodden denizens of Cannery Row, and appalled by the country’s refusal to recognize the humanity common to all of its citizens, Steinbeck

took a stand against social injustice—paradoxically given his inherent misanthropy—setting him apart from the writers of the so-called “lost generation.” A man by turns quick-tempered, compassionate, and ultimately brilliant, Steinbeck could be a difficult person to like. Obsessed with privacy, he was mistrustful of people. Next to writing, his favorite things were drinking and womanizing and getting married, which he did three times. And while he claimed indifference about success, his mid-career books and movie deals made him a lot of money—which passed through his hands as quickly as it came in. And yet Steinbeck also took aim at the corrosiveness of power, the perils of income inequality, and the urgency of ecological collapse, all of which drive public debate to this day. Steinbeck remains our great social realist novelist, the writer who gave the dispossessed and the disenfranchised a voice in American life and letters. Eloquent, nuanced, and deeply researched, *Mad at the World* captures the full measure of the man and his work.

Eleanor-David Michaelis 2020-10-06 New York Times Bestseller Prizewinning bestselling author David Michaelis presents a “stunning” (The Wall Street Journal) breakthrough portrait of Eleanor Roosevelt, America’s longest-serving First Lady, an avatar of democracy whose ever-expanding agency as diplomat, activist, and humanitarian made her one of the world’s most widely admired and influential women. In the first single-volume cradle-to-grave portrait in six decades, acclaimed biographer David Michaelis delivers a stunning account of Eleanor Roosevelt’s remarkable life of transformation. An orphaned niece of President Theodore Roosevelt, she converted her Gilded Age childhood of denial and secrecy into an irreconcilable marriage with her ambitious fifth cousin Franklin. Despite their inability to make each other happy, Franklin Roosevelt transformed Eleanor from a settlement house volunteer on New York’s Lower East Side into a matching partner in New York’s most important power couple in a generation. When Eleanor discovered Franklin’s betrayal with her younger, prettier social secretary, Lucy Mercer, she offered a divorce and vowed to face herself honestly. Here is an Eleanor both more vulnerable and more aggressive, more psychologically aware and sexually adaptable than we knew. She came to accept FDR’s bond with his executive assistant, Missy LeHand; she allowed her children to live their own lives, as she never could; and she explored her sexual attraction to women, among them a star female

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reporter on FDR's first presidential campaign, and younger men. Eleanor needed emotional connection. She pursued deeper relationships wherever she could find them. Throughout her life and travels, there was always another person or place she wanted to heal. As FDR struggled to recover from polio, Eleanor became a voice for the voiceless, her husband's proxy in presidential ambition, and then the people's proxy in the White House. Later, she would be the architect of international human rights and world citizen of the Atomic Age, urging Americans to cope with the anxiety of global annihilation by cultivating a "world mind." She insisted that we cannot live for ourselves alone but must learn to live together or we will die together. Drawing on new research, Michaelis's riveting portrait is not just a comprehensive biography of a major American figure, but the story of an American ideal: how our freedom is always a choice. Eleanor rediscovers a model of what is noble and evergreen in the American character, a model we need today more than ever.

Friends and Strangers-J. Courtney Sullivan 2021-04-27 "From the best-selling author of *Maine*, a gorgeous, compulsively-readable novel that tells the story of the complex relationship between two women, Elisabeth, a privileged new mother and writer attempting to find her footing after childbirth, and Sam, the idealistic, working-class college student she hires to nanny her young son"--

Cape Cod Modern-Peter McMahon 2014 In the summer of 1937, Walter Gropius, founder of the Bauhaus, rented a house on Planting Island, near the base of Cape Cod. Thus began a chapter in the history of modern architecture that has never been told _until now. The area was a hotbed of intellectual currents from New York, Boston, Cambridge and the country's top schools of architecture and design. Avant-garde homes began to appear in the woods and on the dunes; by the 1970s, there were about 100 modern houses of interest here.

Extravirginity-Tom Mueller 2011 The best oils are made by authentic artist-craftsmen, who marry centuries-old agricultural wisdom with cutting-

edge extraction technology, and now produce the finest oils in history.

Cod and Herring-James Harold Barrett 2016-06-23 Quests for cod, herring and other sea fish had profound impacts on medieval Europe. This interdisciplinary book combines history, archaeology and zooarchaeology to discover the chronology, causes and consequences of these fisheries. It crosscuts traditional temporal and geographical boundaries, ranging from the Migration Period through the Middle Ages into early modern times, and from Iceland to Estonia, Arctic Norway to Belgium. It addresses evidence for human impacts on aquatic ecosystems in some instances and for a negligible medieval footprint on superabundant marine species in others (in contrast with industrial fisheries of the 19th-21st centuries). The book explores both incremental and punctuated changes in marine fishing, providing a unique perspective on the rhythm of Europe's environmental, demographic, political and social history. The 20 chapters - by experts in their respective fields - cover a range of regions and methodological approaches, but come together to tell a coherent story of long-term change. Regional differences are clear, yet communities of the North Atlantic Ocean and the Baltic, North and Irish Seas also followed trajectories with many resonances. Ultimately they were linked by a pan-European trade network that turned preserved fish into wine, grain and cloth. At the close of the Middle Ages this nascent global network crossed the Atlantic, but its earlier implications were no less pivotal for those who harvested the sea or profited from its abundance.

The Dorito Effect-Mark Schatzker 2015-05-05 A lively and important argument from an award-winning journalist proving that the key to reversing North America's health crisis lies in the overlooked link between nutrition and flavor. In *The Dorito Effect*, Mark Schatzker shows us how our approach to the nation's number one public health crisis has gotten it wrong. The epidemics of obesity, heart disease, and diabetes are not tied to the overabundance of fat or carbs or any other specific nutrient. Instead, we have been led astray by the growing divide between flavor—the tastes we crave—and the underlying nutrition. Since the late 1940s, we have been slowly leeching flavor out of the food we grow. Those perfectly round, red tomatoes that grace our supermarket aisles today are mostly water, and the

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big breasted chickens on our dinner plates grow three times faster than they used to, leaving them dry and tasteless. Simultaneously, we have taken great leaps forward in technology, allowing us to produce in the lab the very flavors that are being lost on the farm. Thanks to this largely invisible epidemic, seemingly healthy food is becoming more like junk food: highly craveable but nutritionally empty. We have unknowingly interfered with an ancient chemical language—flavor—that evolved to guide our nutrition, not destroy it. With in-depth historical and scientific research, *The Dorito Effect* casts the food crisis in a fascinating new light, weaving an enthralling tale of how we got to this point and where we are headed. We've been telling ourselves that our addiction to flavor is the problem, but it is actually the solution. We are on the cusp of a new revolution in agriculture that will allow us to eat healthier and live longer by enjoying flavor the way nature intended.

Mother Land-Paul Theroux 2017-05-09 "Theroux possesses a fabulously nasty sense of humor." — Stephen King, *New York Times Book Review* To those in her Cape Cod town, *Mother* is an exemplar of piety, frugality, and hard work. To her husband and seven children, she is a selfish, petty tyrant. She excels at playing her offspring against each other. Her favorite, Angela, died in childbirth; only Angela really understands her, she tells the others. The others include the officious lawyer, Fred; the uproarious professor, Floyd; a pair of inseparable sisters whose devotion to Mother has consumed their lives; and JP, the narrator, a successful writer whose work she disparages. As she lives well past the age of one hundred, her brood struggles with and among themselves to shed her viselike hold on them. *Mother Land* is a piercing portrait of how a parent's narcissism impacts a family. While the particulars of his tale are unique, Paul Theroux encapsulates with acute clarity and wisdom a circumstance that is familiar to millions of readers. "Paul Theroux ladles a steaming cup of dysfunctional-family chowder in *Mother Land*." — *Vanity Fair* "An engrossing, emotionally tangled and often merciless examination of family and self . . . *Mother Land* is a bittersweet, brutally frank family saga that offers enough redemption to make the journey worth it." — *Shelf Awareness*

A Book of Cape Cod Houses-Doris Doane 1970 The history of the

quintessential American home: the cape. Including floor plans, interior rooms, and exteriors. From the mid-1600s to about 1850, capes were built all across New England, homes to fishermen and farmers, to city dwellers and shipwrights. Their low-slung design meant they were economical, easy to build, and generally impervious to the bracing winds that swept in from the ocean. They could be enlarged by equally symmetrical wings, and if you couldn't afford clapboards all around, you could easily sheath the back and sides with inexpensive cedar shingles and let them weather to a stormy gray. After World War II, these straightforward practical designs were adapted to 20th-century living across the northeast. This classic book, a proud native Cape Codder, is as simple, elegant, and accessible as the houses it describes. You'll gain a new and deep appreciation for the common American house.

Woodstock Nation-Abbie Hoffman 1969 "Abbie Hoffman, Yippie non-leader, notorious dope addict and up-and-coming rock group (the WHAT), is currently on trial with seven others for conspiracy to incite riot during the Democratic Convention. When he returned from the Woodstock Festival he had five days before leaving for Chicago to prepare for the trial. *Woodstock Nation*, which the author wrote in longhand while lying upside down, stoned, on the floor of an unused office of the publisher, is the product of those five days. Other works by Mr. Hoffman include *Revolution for the Hell of It* and *Fuck the System*, which he describes as a "tender love epic"."- Back cover.

Reality Is Not What It Seems-Carlo Rovelli 2018 "What are the elementary ingredients of the world? Do time and space exist? And what exactly is reality? In elegant and accessible prose, theoretical physicist Carlo Rovelli leads us on a wondrous journey from Democritus to Einstein, from Michael Faraday to gravitational waves, and from classical physics to his own work in quantum gravity. As he shows us how the idea of reality has evolved over time, Rovelli offers deeper explanations of the theories he introduced so concisely in *Seven Brief Lessons on Physics*"--Page 4 of cover.

Working Stiff-Judy Melinek, MD 2014-08-12 A New York City forensic pathologist and her Harvard-educated husband describe her experiences as a student and doctor throughout the events of September 11, the subsequent anthrax bio-terrorism attack and the disastrous crash of Flight 587.

Frida in America-Celia Stahr 2020-03-03 The riveting story of how three years spent in the United States transformed Frida Kahlo into the artist we know today "[An] insightful debut....Featuring meticulous research and elegant turns of phrase, Stahr's engrossing account provides scholarly though accessible analysis for both feminists and art lovers." —Publisher's Weekly Mexican artist Frida Kahlo adored adventure. In November, 1930, she was thrilled to realize her dream of traveling to the United States to live in San Francisco, Detroit, and New York. Still, leaving her family and her country for the first time was monumental. Only twenty-three and newly married to the already world-famous forty-three-year-old Diego Rivera, she was at a crossroads in her life and this new place, one filled with magnificent beauty, horrific poverty, racial tension, anti-Semitism, ethnic diversity, bland Midwestern food, and a thriving music scene, pushed Frida in unexpected directions. Shifts in her style of painting began to appear, cracks in her marriage widened, and tragedy struck, twice while she was living in Detroit. *Frida in America* is the first in-depth biography of these formative years spent in Gringolandia, a place Frida couldn't always understand. But it's precisely her feelings of being a stranger in a strange land that fueled her creative passions and an even stronger sense of Mexican identity. With vivid detail, *Frida in America* recreates the pivotal journey that made Senora Rivera the world famous Frida Kahlo.

You Never Forget Your First-Alexis Coe 2021-02-02 AN INSTANT NEW YORK TIMES BESTSELLER AN NPR CONCIERGE BEST BOOK OF THE YEAR "In her form-shattering and myth-crushing book....Coe examines myths with mirth, and writes history with humor... [You Never Forget Your First] is an accessible look at a president who always finishes in the first ranks of our leaders." --Boston Globe Alexis Coe takes a closer look at our first--and finds he is not quite the man we remember Young George Washington was raised by a struggling single mother, demanded military promotions, caused an international incident, and never backed down--even when his dysentery got so bad he had to ride with a cushion on his saddle. But after he married Martha, everything changed. Washington became the kind of man who named his dog Sweetlips and hated to leave home. He took up arms against the British only when there was no other way, though he lost more battles than he won. After an unlikely victory in the Revolutionary War cast him as the nation's hero, he was desperate to retire, but the founders pressured him into the presidency--twice. When he retired years later, no one talked him out of it. He left the highest office heartbroken over the partisan nightmare his backstabbing cabinet had created. Back on his plantation, the man who fought for liberty must confront his greatest hypocrisy--what to do with the men, women, and children he owns--before he succumbs to death. With irresistible style and warm humor, *You Never Forget Your First* combines rigorous research and lively storytelling that will have readers--including those who thought presidential biographies were just for dads--inhaling every page.