



[PDF] Chase, Chance, And Creativity: The Lucky Art Of Novelty

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It is your agreed own grow old to exploit reviewing habit. in the course of guides you could enjoy now is **Chase, Chance, and Creativity: The Lucky Art of Novelty** below.

Chase, Chance, and Creativity-James H. Austin 2003-08-15 A personal story of the ways in which persistence, chance, and creativity interact in biomedical research. This first book by the author of *Zen and the Brain* examines the role of chance in the creative process. James Austin tells a personal story of the ways in which persistence, chance, and creativity interact in biomedical research; the conclusions he reaches shed light on the creative process in any field. Austin shows how, in his own investigations, unpredictable events shaped the outcome of his research and brought about novel results. He then goes beyond this story of serendipity to propose a new classification of the varieties of chance, drawing on his own research and examples from the history of science—including the famous accidents that led Fleming to the discovery of penicillin. Finally, he explores the nature of the creative process, considering not only the environmental and neurophysiological correlates of creativity but also the role of intuition in both scientific discoveries and spiritual quests. This updated MIT Press paperback edition includes a new introduction and recent material on medical research, creativity, and spirituality.

Chase, Chance, and Creativity-James H. Austin 2003 This first book by the author of *Zen and the Brain* examines the role of chance in the creative process. James Austin tells a personal story of the ways in which persistence, chance, and creativity interact in biomedical research; the conclusions he reaches shed light on the creative process in any field. Austin shows how, in his own investigations, unpredictable events shaped the outcome of his research and brought about novel results. He then goes beyond this story of serendipity to propose a new classification of the varieties of chance, drawing on his own research and examples from the history of science—including the famous accidents that led Fleming to the discovery of penicillin. Finally, he explores the nature of the creative process, considering not only the environmental and neurophysiological correlates of creativity but also the role of intuition in both scientific discoveries and spiritual quests. This updated MIT Press paperback edition includes a new introduction and recent material on medical research, creativity, and spirituality.

Zen and the Brain-James H. Austin 1999-06-04 A neuroscientist and Zen practitioner interweaves the latest research on the brain with his personal narrative of Zen. Aldous Huxley called humankind's basic trend toward spiritual growth the "perennial philosophy." In the view of James Austin, the trend implies a "perennial psychophysiology"—because awakening, or enlightenment, occurs only when the human brain undergoes substantial changes. What are the peak experiences of enlightenment? How could these states profoundly enhance, and yet simplify, the workings of the brain? *Zen and the Brain* presents the latest evidence. In this book Zen Buddhism becomes the opening wedge for an extraordinarily wide-ranging exploration of consciousness. In order to understand which brain mechanisms produce Zen states, one needs some understanding of the anatomy, physiology, and chemistry of the brain. Austin, both a neurologist and a Zen practitioner, interweaves the most recent brain research with the personal narrative of his Zen experiences. The science is both inclusive and rigorous; the Zen sections are clear and evocative. Along the way, Austin examines such topics as similar states in other disciplines and religions, sleep and dreams, mental illness, consciousness-altering drugs, and the social consequences of the advanced stage of ongoing enlightenment.

Meditating Selflessly-James H. Austin 2011 Based on the Zen philosophy about focusing away from the self, a guide to "neural Zen" meditative practices draws on recent findings in brain research to outline recommendations for various methods of pursuing a balanced, selfless state of heightened awareness.

Zen-Brain Horizons-James H. Austin 2014-08-22 A neurologist and Zen practitioner clarifies the benefits of meditative training, drawing on classical Buddhist literature and modern brain research. In *Zen-Brain Horizons*, James Austin draws on his decades of experience as a neurologist and Zen practitioner to clarify the benefits of meditative training. Austin integrates classical Buddhist literature with modern brain research, exploring the horizons of a living, neural Zen. When viewed in the light of today, the timeless wisdom of some Zen masters seems almost to have anticipated recent research in the neurosciences. The keen attentiveness and awareness that we cultivate during meditative practices becomes the leading edge of our subsequent mental processing. Austin explains how our covert, involuntary functions can make crucial contributions to the subtle ways we learn, intuit, and engage in creative activities. He demonstrates why living Zen means much more than sitting quietly indoors on a cushion, and provides simplified advice that helps guide readers to the most important points.

Creative Calling-Chase Jarvis 2019-09-24 Life isn't about "finding" fulfillment and success - it's about creating it. Why then has creativity been given a back seat in our culture? No longer. Creativity is a force inside every person that, when unleashed, transforms our lives and delivers vitality to everything we do. Establishing a creative practice is therefore our most valuable and urgent task - as important to our well-being as exercise or nutrition. The good news? Renowned artist, author, and CreativeLive founder, Chase Jarvis, reminds us that creativity isn't a skill—it's a habit available to everyone: beginners and lifelong creators, entrepreneurs to executives, astronauts to zookeepers, and everyone in between. Through small, daily actions we can supercharge our innate creativity and rediscover our personal power in life. Whether your ambition is a creative career, completing a creative project, or simply cultivating a creative mindset, *Creative Calling* will unlock your potential via Jarvis's memorable "IDEA" system: · Imagine your big dream, whatever you want to create—or become—in this world. · Design a daily practice that supports that dream—and a life of expression and transformation. · Execute on your ambitious plans and make your vision real. · Amplify your impact through a supportive community you'll learn to grow and nurture.

Living Zen Remindfully-James H. Austin 2016-11-04 A seasoned Zen practitioner and neurologist looks more deeply at mindfulness, connecting it to our subconscious and to memory and creativity.

Winkie-Clifford Chase 2007-12-01 A teddy bear is arrested for terrorism in "this surprisingly effective allegory of our terror-stricken times . . . a funny and sweet yet seriously topical novel" (Kirkus, starred review). In Cliff Chase's scathingly funny debut novel, a mild-mannered teddy bear named Winkie comes to life—only to find himself on the wrong side of America's war on terror. After suffering decades of neglect from the children who once loved him, Winkie decides to take charge of his fate by hurling himself off the shelf, jumping out the window, and heading to the forest. But just as he discovers the joys of mobility, self-determination, and even true love, this small brown creature of indeterminate gender gets trapped in the jaws of a society gone rabid with fear and paranoia. Having come upon the cabin of the mad professor who stole his beloved, Winkie is suddenly surrounded by the FBI, who instantly conclude that he is the evil mastermind behind dozens of terrorist attacks. Terrified and confused, Winkie is brought to trial, where the prosecution attempts to seal the little bear's fate by calling upon witnesses from the trials of Galileo, Socrates, John Scopes, and Oscar Wilde. Winkie introduces the most memorable protagonist since the Velveteen Rabbit, and—with the help of a lesbian Muslim cleaning woman, a stuttering attorney, and a Lacan-spewing bear cub—exposes the cruel absurdities of our age while exploring what it means to be human.

Zen and the Brain: The James H. Austin Omnibus Edition (Meditating Selflessly, Zen-Brain Horizons, and Living Zen Remindfully)-James H. Austin 2018-08-02 Three books on Zen and the brain by the celebrated Zen practitioner-neurologist James Austin. This compilation in digital form of three books by the celebrated Zen practitioner-neurologist James Austin offers concrete advice about various methods of meditation, provides timeless wisdom of Zen masters, integrates classical Buddhist literature with modern brain research, and explores mindfulness (and remindfulness) training. In these books, Austin clarifies the benefits of meditative training, guiding readers toward that open awareness awaiting them on the cushion and in the natural world. He discusses different types of meditation, meditation and problem-solving, and the meaning of enlightenment; addresses egocentrism (self-centeredness) and allocentrism (other-centeredness) and the blending of focal and global attention; and considers the illuminating confluence of Zen, clinical neurology, and neuroscience. He describes an everyday life of "living Zen" while drawing on the poetry of Basho, the seventeenth-century haiku master, and illuminates the world of authentic Zen training—the commitment to a process of regular, ongoing daily life practice that trains and enables us to unlearn unfruitful habits, develop more wholesome ones, and lead a more

genuinely creative life.

Zen-Brain Reflections-James H. Austin 2010-09-24 A sequel to the popular *Zen and the Brain* further explores pivotal points of intersection in Zen Buddhism, neuroscience, and consciousness, arriving at a new synthesis of information from both neuroscience research and Zen studies. This sequel to the widely read *Zen and the Brain* continues James Austin's explorations into the key interrelationships between Zen Buddhism and brain research. In *Zen-Brain Reflections*, Austin, a clinical neurologist, researcher, and Zen practitioner, examines the evolving psychological processes and brain changes associated with the path of long-range meditative training. Austin draws not only on the latest neuroscience research and new neuroimaging studies but also on Zen literature and his personal experience with alternate states of consciousness. *Zen-Brain Reflections* takes up where the earlier book left off. It addresses such questions as: how do placebos and acupuncture change the brain? Can neuroimaging studies localize the sites where our notions of self arise? How can the latest brain imaging methods monitor meditators more effectively? How do long years of meditative training plus brief enlightened states produce pivotal transformations in the physiology of the brain? In many chapters testable hypotheses suggest ways to correlate normal brain functions and meditative training with the phenomena of extraordinary states of consciousness. After briefly introducing the topic of Zen and describing recent research into meditation, Austin reviews the latest studies on the amygdala, frontotemporal interactions, and paralimbic extensions of the limbic system. He then explores different states of consciousness, both the early superficial absorptions and the later, major "peak experiences." This discussion begins with the states called *kensho* and *satori* and includes a fresh analysis of their several different expressions of "oneness." He points beyond the still more advanced states toward that rare ongoing stage of enlightenment that is manifest as "sage wisdom." Finally, with reference to a delayed "moonlight" phase of *kensho*, Austin envisions novel links between migraines and metaphors, moonlight and mysticism. The Zen perspective on the self and consciousness is an ancient one. Readers will discover how relevant Zen is to the neurosciences, and how each field can illuminate the other.

Cut to the Chase-Linda Venis 2013-08-06 Millions of people dream of writing a screenplay but don't know how to begin, or are already working on a script but are stuck and need some targeted advice. Or maybe they have a great script, but no clue about how to navigate the choppy waters of show business. Enter *Cut To The Chase*, written by professional writers who teach in UCLA Extension Writers' Programme, whose alumni's many credits include *Pirates of the Caribbean: Curse of the Black Pearl*; *Twilight*; and the Academy Award nominated *Letters from Iwo Jima*. From learning how to identify story ideas that make a good movie to opening career doors and keeping them open, this authoritative, comprehensive, and entertaining book, edited by Writers' Program Director Linda Venis, will be the film-writing bible for decades to come. "A well-organized soup-to-nuts manual for aspiring Nora Ephrons and Charlie Kaufmans, from the faculty of a notable screenwriting program. . . . A readable writer's how-to that goes down smoothly." - Kirkus Reviews

The Myths of Creativity-David Burkus 2013-10-07 How to get past the most common myths about creativity to design truly innovative strategies We tend to think of creativity in terms reminiscent of the ancient muses: divinely-inspired, unpredictable, and bestowed upon a lucky few. But when our jobs challenge us to be creative on demand, we must develop novel, useful ideas that will keep our organizations competitive. The *Myths of Creativity* demystifies the processes that drive innovation. Based on the latest research into how creative individuals and firms succeed, David Burkus highlights the mistaken ideas that hold us back and shows us how anyone can embrace a practical approach, grounded in reality, to finding the best new ideas, projects, processes, and programs. Answers questions such as: What causes us to be creative in one moment and void in the next? What makes someone more or less creative than his or her peers? Where do our flashes of creative insight come from, and how can we generate more of them? Debunks 10 common myths, including: the Eureka Myth; the Lone Creator Myth; the Incentive Myth; and The Brainstorming Myth Written by David Burkus, founder of popular leadership blog LDRLB For anyone who struggles with creativity, or who makes excuses for delaying the work of innovation, *The Myths of Creativity* will help you overcome your obstacles to finding new ideas.

The Book of Doing and Being-Barnet Bain 2015-07-07 "How to unlock your most creative self"--

A Reliable Wife-Robert Goolrick 2010-01-05 Rural Wisconsin, 1909. In the bitter cold, Ralph Truitt, a successful businessman, stands alone on a train platform waiting for the woman who answered his newspaper advertisement for "a reliable wife." But when Catherine Land steps off the train from Chicago, she's not the "simple, honest woman" that Ralph is expecting. She is both complex and devious, haunted by a terrible past and motivated by greed. Her plan is simple: she will win this man's devotion, and then, ever so slowly, she will poison him and leave Wisconsin a wealthy widow. What she has not counted on, though, is that Truitt — a passionate man with his own dark secrets —has plans of his own for his new wife. Isolated on a remote estate and imprisoned by relentless snow, the story of Ralph and Catherine unfolds in unimaginable ways. With echoes of *Wuthering Heights* and Rebecca, Robert Goolrick's intoxicating debut novel delivers a classic tale of suspenseful seduction, set in a world that seems to have gone temporarily off its axis.

Creativity, Inc.-Ed Catmull 2014-04-08 From a co-founder of Pixar Animation Studios—the Academy Award-winning studio behind *Coco*, *Inside Out*, and *Toy Story*—comes an incisive book about creativity in business and leadership for readers of Daniel Pink, Tom Peters, and Chip and Dan Heath. NEW YORK TIMES BESTSELLER | NAMED ONE OF THE BEST BOOKS OF THE YEAR BY The Huffington Post • Financial Times • Success • Inc. • Library Journal Creativity, Inc. is a manual for anyone who strives for originality and the first-ever, all-access trip into the nerve center of Pixar Animation—into the meetings, postmortems, and “Braintrust” sessions where some of the most successful films in history are made. It is, at heart, a book about creativity—but it is also, as Pixar co-founder and president Ed Catmull writes, “an expression of the ideas that I believe make the best in us possible.” For nearly twenty years, Pixar has dominated the world of animation, producing such beloved films as the *Toy Story* trilogy, *Monsters, Inc.*, *Finding Nemo*, *The Incredibles*, *Up*, *WALL-E*, and *Inside Out*, which have gone on to set box-office records and garner thirty Academy Awards. The joyousness of the storytelling, the inventive plots, the emotional authenticity: In some ways, Pixar movies are an object lesson in what creativity really is. Here, in this book, Catmull reveals the ideals and techniques that have made Pixar so widely admired—and so profitable. As a young man, Ed Catmull had a dream: to make the first computer-animated movie. He nurtured that dream as a Ph.D. student at the University of Utah, where many computer science pioneers got their start, and then forged a partnership with George Lucas that led, indirectly, to his co-founding Pixar in 1986. Nine years later, *Toy Story* was released, changing animation forever. The essential ingredient in that movie's success—and in the thirteen movies that followed—was the unique environment that Catmull and his colleagues built at Pixar, based on leadership and management philosophies that protect the creative process and defy convention, such as: • Give a good idea to a mediocre team, and they will screw it up. But give a mediocre idea to a great team, and they will either fix it or come up with something better. • If you don't strive to uncover what is unseen and understand its nature, you will be ill prepared to lead. • It's not the manager's job to prevent risks. It's the manager's job to make it safe for others to take them. • The cost of preventing errors is often far greater than the cost of fixing them. • A company's communication structure should not mirror its organizational structure. Everybody should be able to talk to anybody.

The Dark Side of the Light Chasers-Deborah Ford 2010-11-02 The bestselling, beloved classic on how to go into the dark side of yourself to bring out the light – now with new material. Debbie Ford believes that we each hold within us a trace of every human characteristic that exists, the capacity for every human emotion. We are born with the ability to express this entire spectrum of characteristics. But, Ford points out, our families and our society send us strong messages about which ones are good and bad. So when certain impulses arise, we deny them instead of confronting them, giving them a healthy voice, then letting them go. It is to these feelings that Ford turns our attention, these parts of our selves that don't fit the personae we have created for the rest of the world. She shows us the effects of living in the dark, of keeping all our supposedly unsavory impulses under wraps. We find ourselves disproportionately frustrated and angry at the selfishness of friends, the laziness of colleagues, the arrogance of siblings. When we are unable to reconcile similar impulses in ourselves, Ford explains, we waste our own energy judging others instead of empathizing. But most important, we deny ourselves the power and freedom of living authentically. Through the stories and exercises in *The Dark Side of the Light Chasers*, Debbie Ford shows us not only how to recognize our hidden emotions, but also how to find the gifts they

offer us. This is for fans of Marianne Williamson, Neale Donald Walsch, and Deepak Chopra. The very impulses we most fear may be the key to what is lacking in our lives.

Chase One Rabbit-David Parrish 2014-02-23 ""Marketing in minutes, on your mobile..." Chase One Rabbit is about focused marketing. It's about understanding your business, to create strategies that help you sell it to best effect. It combines inspirational stories and practical techniques, giving creative entrepreneurs the tools to make their businesses even more successful by using strategic marketing. 'How to sell?' is an age-old question. International consultant and trainer David Parrish illustrates key strategic sales and marketing messages by drawing on stories from his own experience as an entrepreneur and develops marketing case studies from the successes of his clients worldwide. Chase One Rabbit has been developed specifically for the eBook market. Each section is succinct, with a clear focus on helping you create a strategic marketing plan. Each topic includes 'what to do next', and related marketing subjects, to help you clarify and refine your marketing objectives and get the best from your creative business. This isn't about advertising. Smart marketing thinking doesn't have to be expensive, flashy or quirky: it's about understanding your business, focusing and thinking things through to develop clear sales strategies and techniques to increase your success, profit and market position. Chase One Rabbit shows you how... You'll discover the strengths of buzz marketing and reap the rewards of word-of-mouth recommendations. You'll understand the difference between strategic and operational marketing; between marketing communications and a synchronised, streamlined strategy. Sales and marketing should flow seamlessly together, underpinned by a marketing strategy that is unique to your business, sector and audience. David poses questions and analyses examples, creating a marketing toolkit to develop your own authentic marketing strategy with precision techniques and a polished sales pitch. Chase One Rabbit gets you to think about strategy and sales, profit and precision marketing; being your 'authentic' self so that selling doesn't feel like a chore, and understanding what you're selling, and why your customers want it. It helps you to define the value of selling a creative product or service and gives you both ideas, and constructive ways to achieve them. And it will make you think about local, national and international markets. In an age of digital and internet marketing, it's about making sure you pick the right tools for the job. It also deals with the unique complexities of running a business in the creative industries; of working in a sector you're passionate about, valuing your work, choosing the right customers, marketing effectively and making that business profitable and successful. Each of the 63 short sections provides food for thought, suggesting practical things you can do immediately to improve your business. Practical and progressive, it's designed for businesses large and small - from start-ups to mature businesses, arts and cultural organisations to creative entrepreneurs - with a wealth of ideas and inspiration to dip into every day. David Parrish has worked with hundreds of creative entrepreneurs, small businesses, digital SMEs, arts organisations and business development and support agencies in more than 30 countries. He specialises in creative and digital industries, helping entrepreneurs use the creativity they employ within the business on their business, devising and implementing clever marketing strategies. Chase One Rabbit is his second book, following the acclaimed 'T-Shirts and Suits: A Guide to the Business of Creativity', published in translations in seven countries. Chase One Rabbit is written with creative and digital businesses in mind. As a creative enterprises toolkit, it is relevant to all businesses and organisations in the creative industries including cultural enterprises and ar

Assessment in Creative Disciplines-David Chase 2014-04

Keep Going-Austin Kleon 2019-04-02 The world is crazy. Creative work is hard. And nothing is getting any easier! In his previous books—Steal Like an Artist and Show Your Work!, New York Times bestsellers with over a million copies in print combined—Austin Kleon gave readers the key to unlock their creativity and then showed them how to share it. Now he completes his trilogy with his most inspiring work yet. Keep Going gives the reader life-changing, illustrated advice and encouragement on how to stay creative, focused, and true to yourself in the face of personal burnout or external distractions. Here is how to Build a Bliss Station—a place or fixed period where you can disconnect from the world. How to see that Every Day Is Groundhog Day—yesterday's over, tomorrow may never come, so just do what you can do today. How to Forget the Noun, Do the Verb—stop worrying about being a "painter" and just paint. Keep working. Keep playing. Keep searching. Keep giving. Keep living. Keep Going. It's exactly the message all of us need, at exactly the right time.

Feck Perfection-James Victore 2019-03-05 "James Victore is a dangerous man. His ideas on optimizing your creativity, doing wow work and building a life that inspires will devastate your limits. And show you how to win. Read this book fast." —Robin Sharma, #1 bestselling author of The Monk Who Sold His Ferrari Begin before you're ready. Renowned designer and professional hell-raiser James Victore wants to drag you off your couch and throw you headfirst into a life of bold creativity. He'll guide you through all the twists, trials, and triumphs of starting your creative career, from finding your voice to picking the right moment to start a project (hint: It's now). Bring your biggest, craziest, most revolutionary ideas, and he will give you the kick in the pants you need to make them real. No matter what industry or medium you work in, this book will help you live, work, and create freely and fearlessly. Here are some dangerous ideas: • The things that made you weird as a kid make you great today. • Work is serious play. • Your ego can't dance. • The struggle is everything. • Freedom is something you take. • There ain't no rules. Take a risk. Try them out. Live dangerously. More praise for Feck Perfection: "In James Victore's new book, he unequivocally proves why he is the master he is. In every chapter, he challenges and inspires the reader to reach for more, to try harder and to create our best selves. It is a magnificent and momentous experience. (All true)." —Debbie Millman, Host Design Matters "James Victore got famous creating tough posters that shook me to the core. He now does the same using the written word. To you." —Stefan Sagmeister, designer

Culinary Artistry-Andrew Dornenburg 1996-11-04 "In Culinary Artistry...Dornenburg and Page provide food and flavor pairings as a kind of steppingstone for the recipe-dependent cook...Their hope is that once you know the scales, you will be able to compose a symphony." --Molly O'Neil in The New York Times Magazine. For anyone who believes in the potential for artistry in the realm of food, Culinary Artistry is a must-read. This is the first book to examine the creative process of culinary composition as it explores the intersection of food, imagination, and taste. Through interviews with more than 30 of America's leading chefs including Rick Bayless, Daniel Boulud, Gray Kunz, Jean-Louis Palladin, Jeremiah Tower, and Alice Waters the authors reveal what defines "culinary artists," how and where they find their inspiration, and how they translate that vision to the plate. Through recipes and reminiscences, chefs discuss how they select and pair ingredients, and how flavors are combined into dishes, dishes into menus, and menus into bodies of work that eventually comprise their cuisines.

Peers Inc-Robin Chase 2015-06-09 When Robin Chase cofounded Zipcar, she not only started a business but established the foundation for one of the most important economic and social ideas of our time: the collaborative economy. With this important book, she broadens our thinking about the ways in which the economy is being transformed and shows how the Peers Inc model is changing the very nature of capitalism. When the best of people power is combined with the best of corporate power to form "Peers Inc" organizations, a potent creative force is released. The "Inc" in these collaborations delivers the industrial strengths of significant scale and resources, and the "Peers" bring together the individual strengths of localization, specialization, and customization, unlocking the power of the collaborative economy. When excess capacity is harnessed by the platform and diverse peers participate, a completely new dynamic is unleashed. In Peers Inc, Robin Chase brings her provocative insights to work, business, the economy, and the environment, showing: •How focusing on excess capacity transforms the economics of what's possible and delivers abundance to all •How the new collaboration between the Inc and the Peers enables companies to grow more quickly, learn faster, and deliver smarter products and services •How leveraging the Peers Inc model can address climate change with the necessary speed and scale •How the Peers Inc model can help legacy companies overcome their shortening life cycle by inviting innovation and evolution •Why power parity between the Peers and the Inc is a prerequisite for long-term success •How platforms can be built within the existing financial system or outside of it •What government can do to enhance economic possibility and protect people working in this new decentralized world Chase casts a wide net, illuminating the potential of the Peers Inc model to address broader issues such as climate change and income inequality, and proves the impact that this innovative economic force can have on the most pressing issues of our time.

Stretch-Scott Sonenshein 2017-02-07 A groundbreaking approach to succeeding in business and life, using the science of resourcefulness. We often think the key to success and satisfaction is to get more: more money, time, and possessions; bigger budgets, job titles, and teams; and additional resources for our professional and personal goals. It turns out we're wrong. Using captivating stories to illustrate research in psychology and management, Rice University professor Scott Sonenshein examines why some people and organizations succeed with so little, while others fail with so much. People and organizations approach resources in two different ways: "chasing" and "stretching." When chasing, we exhaust ourselves in the pursuit of more. When stretching, we embrace the resources we already have. This frees us to find creative and productive ways to solve problems, innovate, and engage our work and lives more fully. Stretch shows why everyone—from executives to entrepreneurs, professionals to parents, athletes to artists—performs better with constraints; why seeking too many resources

undermines our work and well-being; and why even those with a lot benefit from making the most out of a little. Drawing from examples in business, education, sports, medicine, and history, Scott Sonenshein advocates a powerful framework of resourcefulness that allows anybody to work and live better.

Taking Chances-Molly McAdams 2012-10-16 Her first year away is turning out to be nearly perfect, but one weekend of giving in to heated passion will change everything Eighteen-year-old Harper has grown up under the thumb of her career marine father. Ready to live life her own way and to experience things she's only ever heard of from the jarheads in her father's unit, she's on her way to college at San Diego State University. Thanks to her new roommate, Harper is introduced to a world of parties, gorgeous guys, family, and emotions. She finds herself being torn in two as she quickly falls in love with both her new boyfriend, Brandon, and her roommate's brother, Chase. Despite their dangerous looks and histories, both men adore Harper and would do anything for her, including taking a step back if it would mean she'd be happy.

The Best Camera Is The One That's With You-Chase Jarvis 2009-09-18 A beacon of creativity with boundless energy, Chase Jarvis is well known as a visionary photographer, director, and social artist. In The Best Camera Is The One That's With You, Chase reimagines, examines, and redefines the intersection of art and popular culture through images shot with his iPhone. The pictures in the book, all taken with Chase's iPhone, make up a visual notebook—a photographic journal—from the past year of his life. The book is full of visually-rich iPhone photos and peppered with inspiring anecdotes. Two megapixels at a time, these images have been gathered and bound into a book that represents a stake in the ground. With it, Chase underscores the idea that an image can come from any camera, even a mobile phone. As Chase writes, "Inherently, we all know that an image isn't measured by its resolution, dynamic range, or anything technical. It's measured by the simple—sometimes profound, other times absurd or humorous or whimsical—effect that it can have upon us. If you can see it, it can move you." This book is geared to inspire everyone, regardless of their level of photography knowledge, that you can capture moments and share them with our friends, families, loved ones, or the world at the press of a button. Readers of The Best Camera Is The One That's With You will also enjoy the iPhone application Chase Jarvis created in conjunction with this book, appropriately named Best Camera. Best Camera has a unique set of filters and effects that can be applied at the touch of a button. Stack them. Mix them. Remix them. Best Camera also allows you to share directly to a host of social marketing sites via www.thebestcamera.com, a new online community that allows you to contribute to a living, breathing gallery of the best iPhone photography from around the globe. Together, the book, app, and website, represent a first-of-its-kind ecosystem dedicated to encouraging creativity through picture taking with the camera that you already have. The Best Camera Is The One That's With You—shoot!

Handbook of Creativity-John A. Glover 2013-03-09 The motivation underlying our development of a "handbook" of creativity was different from what usually is described by editors of other such volumes. Our sense that a handbook was needed sprang not from a deluge of highly erudite studies calling out for organization, nor did it stem from a belief that the field had become so fully articulated that such a book was necessary to provide summation and reference. Instead, this handbook was conceptualized as an attempt to provide structure and organization for a field of study that, from our perspective, had come to be a large-scale example of a "degenerating" research program (see Brown, Chapter 1). The handbook grew out of a series of discussions that spanned several years. At the heart of most of our interactions was a profound unhappiness with the state of research on creativity. Our consensus was that the number of "good" works published on creativity each year was small and growing smaller. Further, we could not point to a journal, text, or professional organization that was providing leadership for the field in shaping a scientifically sound framework for the development of research programs in creativity. At the same time, we were casting about for a means of honoring a dear friend, E. Paul Torrance. Our decision was that we might best be able to honor Paul and influence research on creativity by developing a handbook designed to challenge traditional perspectives while offering research agendas based on contemporary psychological views.

The Book of Me-Michael O'Mara Books 2019-01-10 Through creative exercises and mini-journals, discover your unique, multi-faceted self. With short introductory narratives, and trigger headings to provoke thought, creativity and self-awareness, The Book of Me is a celebration of individuality and a chance to take stock of your life, your dreams and goals, and reflect on what's truly important to you. It is also a soothing guide to self-compassion and kindness, and a journal to reference now and in the future for maintaining well-being and self-care. Through free expression, words and pictures, and inspired by the vibrant full color illustrations, really get to know yourself in this beautifully designed and illustrated creative journal.

Selfless Insight-James H. Austin 2011-09-30 Attention, self-consciousness, insight, wisdom, emotional maturity: how Zen teachings can illuminate the way our brains function and vice-versa. When neurology researcher James Austin began Zen training, he found that his medical education was inadequate. During the past three decades, he has been at the cutting edge of both Zen and neuroscience, constantly discovering new examples of how these two large fields each illuminate the other. Now, in Selfless Insight, Austin arrives at a fresh synthesis, one that invokes the latest brain research to explain the basis for meditative states and clarifies what Zen awakening implies for our understanding of consciousness. Austin, author of the widely read Zen and the Brain, reminds us why Zen meditation is not only mindfully attentive but evolves to become increasingly selfless and intuitive. Meditators are gradually learning how to replace over-emotionality with calm, clear objective comprehension. In this new book, Austin discusses how meditation trains our attention, reprogramming it toward subtle forms of awareness that are more openly mindful. He explains how our maladaptive notions of self are rooted in interactive brain functions. And he describes how, after the extraordinary, deep states of kensho-satori strike off the roots of the self, a flash of transforming insight-wisdom leads toward ways of living more harmoniously and selflessly. Selfless Insight is the capstone to Austin's journey both as a creative neuroscientist and as a Zen practitioner. His quest has spanned an era of unprecedented progress in brain research and has helped define the exciting new field of contemplative neuroscience.

Double Fudge-Judy Blume 2011-12-01 Part of the classic Fudge series from Judy Blume, bestselling author of Tales of a Fourth Grade Nothing! Fudge is obsessed with money. He's making his own "Fudge Bucks" and has plans to buy the entire world. But life gets really crazy when Fudge and his older brother, Peter, run into their long-lost relatives, the Howie Hatchers. Now they have to deal with annoying twin cousins and a weird younger cousin, coincidentally named Farley Drexel Hatcher—just like Fudge! Their names aren't the only similarity, and before long, mini-Fudge is causing just as much trouble as Fudge always has! "As a kid, Judy Blume was my favorite author, and Tales of a Fourth Grade Nothing was my favorite book."—Jeff Kinney, author of the bestselling Wimpy Kid series Love Fudge, Peter, and Sheila? Read all the books featuring your favorite characters: Tales of a Fourth Grade Nothing Otherwise Known as Sheila the Great Superfudge Fudge-a-Mania

Difficult Men-Brett Martin 2013-06-27 A revealing look at the shows that helped TV emerge as the signature art form of the twenty-first century In the late 1990s and early 2000s, the landscape of television began an unprecedented transformation. While the networks continued to chase the lowest common denominator, a wave of new shows on cable channels dramatically stretched television's narrative inventiveness, emotional resonance, and artistic ambition. Combining deep reportage with cultural analysis and historical context, Brett Martin recounts the rise and inner workings of a genre that represents not only a new golden age for TV, but also a cultural watershed. Difficult Men features extensive interviews with all the major players, including David Chase, David Simon, David Milch, and Alan Ball; in addition to other writers, executives, directors and actors. Martin delivers never-before-heard story after story, revealing how cable television became a truly significant and influential part of our culture.

Spark-Nadia Hayes 2019-07-16

The Giant's House-Elizabeth McCracken 2013-01-31 'Every so often a novel comes along which transcends whimsy with the beauty of its writing. Elizabeth McCracken's small masterpiece is one of these' Guardian A powerful and unique story about connection, showing that miracles can happen - even across a library circulation desk. The year is 1950, and in a small town on Cape Cod twenty-eight year old librarian Peggy Cort feels as if love and life have stood her up. That is, until the day James Carlson Sweatt - the 'over-tall' eleven year old boy who's the talk of the town - walks into her library and changes her life for ever. Two misfits whose lonely paths cross at the circulation desk, Peggy and James are odd candidates for friendship. In James, Peggy discovers the one person who's ever really understood her, and as he grows - six foot five at age twelve, then seven foot, then eight - so does their most singular romance. *Perfect for readers who loved Eleanor Oliphant is Completely Fine*

My Creative Space-Donald M. Rattner 2019-10-15 48 Techniques to Boost Your Creativity at Home, According to Science A great deal of psychological and productivity research has gone into discovering how the design of the

physical environment can improve creative performance, yet nearly all of it has focused on the workplace, commercial spaces, and schools. What has been largely overlooked is the one place we spend more time in than anywhere else and where more people than ever are now working: the home. My Creative Space shows how readers can boost their creative output by applying science-backed techniques to the design and decoration of their home regardless of size, type, style, or location. With over 200 stunning color photographs of creative spaces, including many designed by top architects and interior decorators, this lavishly produced book will inspire readers while offering practical and specific ways to transform your own home into a creative haven. Readers will: Learn practical techniques to shape a home for peak idea generation Acquire insights into how everyday activities at home can boost creative performance at work, play, and school Discover hands-on household products designed to foster creative skills Gain a new understanding of the meaning and psychology of creativity Read about the best lighting to foster a creative environment, how to use walls to capture ideas, why round shapes spur greater creativity than straight lines, the benefits of incorporating nature into your surroundings, and more. Whether you're an artist, design professional, writer, entrepreneur, work in a creative industry, or pursue a personal passion for pleasure, this book is an invaluable guide for turning living space into creative space.

The Three Princes of Serendip-Elizabeth Jamison Hodges 1964 A legendary tale about the eventful treasure-filled journey of three princes of ancient Ceylon. Grades 5-7.

Unprintable-Julie Kaewert 1999 Publisher Alex Plumtree is in for the most astounding week of his life. First he comes into possession of a rare, centuries-old book, rumored destroyed on orders of King Edward IV. Then he receives an undreamed-of honor; an invitation to join a select society of book collectors...who are also some of the most powerful men and women in England. But Alex's triumph quickly turns sour. The book vanishes from Alex's office. His initiation weekend with the Dibdin Club is rife with bizarre behavior, appalling accidents - and a death that sends Alex reeling. He quickly begins to suspect that his valuable find is even more than it seemed on first glance. For hidden in its pages is a shocking secret that could change the history of books forever...as well as the face of the modern world. And there are people - and foreign powers--who would do anything to keep this secret from coming to light.

Buy a Whisker-Sofie Ryan 2015 Includes an excerpt from A whisker of trouble.

Wise Craft-Blair Stocker 2014-03-11 Based on the popular blog of the same name, this guide focuses on creating

a homemade atmosphere that reflects your family, without spending a fortune. Instead of throwing away old shirts and boring dishes, or passing up thrift store finds that aren't quite right, author Blair Stocker teaches how to remake, adding special touches to make them work for her home--and yours.

101 Activities for Teaching Creativity and Problem Solving-Arthur B. VanGundy 2008-03-11 Employees who possess problem-solving skills are highly valued in today's competitive business environment. The question is how can employees learn to deal in innovative ways with new data, methods, people, and technologies? In this groundbreaking book, Arthur VanGundy -- a pioneer in the field of idea generation and problem solving -- has compiled 101 group activities that combine to make a unique resource for trainers, facilitators, and human resource professionals. The book is filled with idea-generation activities that simultaneously teach the underlying problem-solving and creativity techniques involved. Each of the book's 101 engaging and thought-provoking activities includes facilitator notes and advice on when and how to use the activity. Using 101 Activities for Teaching Creativity and Problem Solving will give you the information and tools you need to: Generate creative ideas to solve problems. Avoid patterned and negative thinking. Engage in activities that are guaranteed to spark ideas. Use proven techniques for brainstorming with groups. Order your copy today.

The Essential Writings of Ralph Waldo Emerson-Ralph Waldo Emerson 2009-09-30 Introduction by Mary Oliver Commentary by Henry James, Robert Frost, Matthew Arnold, Oliver Wendell Holmes, and Henry David Thoreau The definitive collection of Emerson's major speeches, essays, and poetry, The Essential Writings of Ralph Waldo Emerson chronicles the life's work of a true "American Scholar." As one of the architects of the transcendentalist movement, Emerson embraced a philosophy that championed the individual, emphasized independent thought, and prized "the splendid labyrinth of one's own perceptions." More than any writer of his time, he forged a style distinct from his European predecessors and embodied and defined what it meant to be an American. Matthew Arnold called Emerson's essays "the most important work done in prose." INCLUDES A MODERN LIBRARY READING GROUP GUIDE

Quarterback Comeback-Jake Maddox 2010-08-01 The Huskies are the biggest and best team in the conference. The Wildcats lose to them every year. Coach thinks they have a chance this year. Can Carlos make it happen?