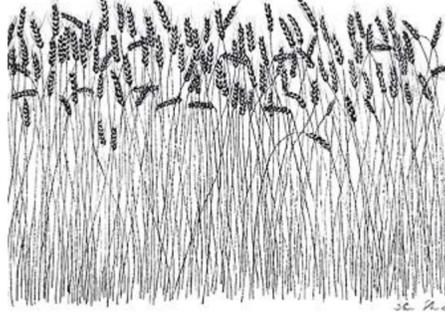


James C. Scott

AUTHOR OF SEEING LIKE A STATE

# Against the Grain

A DEEP HISTORY OF THE EARLIEST STATES



# Download Against The Grain: A Deep History Of The Earliest States

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**Against the Grain**-James C. Scott 2017 An account of all the new and surprising evidence now available for the beginnings of the earliest civilizations that contradict the standard narrative. Why did humans abandon hunting and gathering for sedentary communities dependent on livestock and cereal grains, and governed by precursors of today's states? Most people believe that plant and animal domestication allowed humans, finally, to settle down and form agricultural villages, towns, and states, which made possible civilization, law, public order, and a presumably secure way of living. But archaeological and historical evidence challenges this narrative. The first agrarian states, says James C. Scott, were born of accumulations of domestications: first fire, then plants, livestock, subjects of the state, captives, and finally women in the patriarchal family—all of which can be viewed as a way of gaining control over reproduction. Scott explores why we avoided sedentism and plow agriculture, the advantages of mobile subsistence, the unforeseeable disease epidemics arising from crowding plants, animals, and grain, and why all early states are based on millets and cereal grains and unfree labor. He also discusses the "barbarians" who long evaded state control, as a way of understanding continuing tension between states and nonsubject peoples.

**Against the Grain**-James C. Scott 2017-01-01 An Economist Best History Book 2017 "History as it should be written."--Barry Cunliffe, Guardian "Scott hits the nail squarely on the head by exposing the staggering price our ancestors paid for civilization and political order."--Walter Scheidel, Financial Times Why did humans abandon hunting and gathering for sedentary communities dependent on livestock and cereal grains, and governed by precursors of today's states? Most people believe that plant and animal domestication allowed humans, finally, to settle down and form agricultural villages, towns, and states, which made possible civilization, law, public order, and a presumably secure way of living. But archaeological and historical evidence challenges this narrative. The first agrarian states, says James C. Scott, were born of accumulations of domestications: first fire, then plants, livestock, subjects of the state, captives, and finally women in the patriarchal family—all of which can be viewed as a way of gaining control over reproduction. Scott explores why we avoided sedentism and plow agriculture, the advantages of mobile subsistence, the unforeseeable disease epidemics arising from crowding plants, animals, and grain, and why all early states are based on millets and cereal grains and unfree labor. He also discusses the "barbarians" who long evaded state control, as a way of understanding continuing tension between states and nonsubject peoples.

**Against the Grain**-Richard Manning 2005-02-01 In this provocative, wide-ranging book, Against the Grain, Richard Manning offers a dramatically revisionist view of recent human evolution, beginning with the vast increase in brain size that set us apart from our primate relatives and brought an accompanying increase in our need for nourishment. For 290,000 years, we managed to meet that need as hunter-gatherers, a state in which Manning believes we were at our most human: at our smartest, strongest, most sensually alive. But our reliance on food made a secure supply deeply attractive, and eventually we embarked upon the agricultural experiment that has been the history of our past 10,000 years. The evolutionary road is littered with failed experiments, however, and Manning suggests that agriculture as we have practiced it runs against both our grain and nature's. Drawing on the work of anthropologists, biologists, archaeologists, and philosophers, along with his own travels, he argues that not only our ecological ills-overpopulation, erosion, pollution-but our social and emotional malaise are rooted in the devil's bargain we made in our not-so-distant past. And he offers personal, achievable ways we might re-contour the path we have taken to resurrect what is most sustainable and sustaining in our own nature and the planet's.

**Against the Grain**-James C. Scott 2017-08-22 An account of all the new and surprising evidence now available for the beginnings of the earliest civilizations that contradict the standard narrative Why did humans abandon hunting and gathering for sedentary communities dependent on livestock and cereal grains, and governed by precursors of today's states? Most people believe that plant and animal domestication allowed humans, finally, to settle down and form agricultural villages, towns, and states, which made possible civilization, law, public order, and a presumably secure way of living. But archaeological and historical evidence challenges this narrative. The first agrarian states, says James C. Scott, were born of accumulations of domestications: first fire, then plants, livestock, subjects of the state, captives, and finally women in the patriarchal family—all of which can be viewed as a way of gaining control over reproduction. Scott explores why we avoided sedentism and plow agriculture, the advantages of mobile subsistence, the unforeseeable disease epidemics arising from crowding plants, animals, and grain, and why all early states are based on millets and cereal grains and unfree labor. He also discusses the "barbarians" who long evaded state control, as a way of understanding continuing tension between states and nonsubject peoples.

**Against All Grain**-Danielle Walker 2013-07-30 Offers recipes for a paleo diet, including Spanish frittata with chorizo, Korean beef noodle bowls, and lemon vanilla bean macaroons.

**Seeing Like a State**-James C. Scott 2020-03-17 "One of the most profound and illuminating studies of this century to have been published in recent decades."—John Gray, New York Times Book Review Hailed as "a magisterial critique of top-down social planning" by the New York Times, this essential work analyzes disasters from Russia to Tanzania to uncover why states so often fail—sometimes catastrophically—in grand efforts to engineer their society or their environment, and uncovers the conditions common to all such planning disasters. "Beautifully written, this book calls into sharp relief the nature of the world we now inhabit."—New Yorker "A tour de force."— Charles Tilly, Columbia University

**Agrarian Studies**-James C. Scott 2001-01-01 This book presents an account of an intellectual breakthrough in the study of rural society and agriculture. Its ten chapters, selected for their originality and synthesis from the colloquia of the Program in Agrarian Studies at Yale University, encompass various disciplines, diverse historical periods, and several regions of the world. The contributors' fresh analyses will broaden the perspectives of readers with interests as wide-ranging as rural sociology, environmentalism, political science, history, anthropology, economics, and art history. The ten studies recast and expand what is known about rural society and agrarian issues, examining such topics as poverty, subsistence, cultivation, ecology, justice, art, custom, law, ritual life, cooperation, and state action. Each contribution provides a point of departure for new study, encouraging deeper thinking across disciplinary boundaries and frontiers.

**Two Cheers for Anarchism**-James C. Scott 2014-03-10 James Scott taught us what's wrong with seeing like a state. Now, in his most accessible and personal book to date, the acclaimed social scientist makes the case for seeing like an anarchist. Inspired by the core anarchist faith in the possibilities of voluntary cooperation without hierarchy, Two Cheers for Anarchism is an engaging, high-spirited, and often very funny defense of an anarchist way of seeing—one that provides a unique and powerful perspective on everything from everyday social and political interactions to mass protests and revolutions. Through a wide-ranging series of memorable anecdotes and examples, the book describes an anarchist sensibility that celebrates the local knowledge, common sense, and creativity of ordinary people. The result is a kind of handbook on constructive anarchism that challenges us to radically reconsider the value of hierarchy in public and private life, from schools and workplaces to retirement homes and government itself. Beginning with what Scott calls "the law of anarchist calisthenics," an argument for law-breaking inspired by an East German pedestrian crossing, each chapter opens with a story that captures an essential anarchist truth. In the course of telling these stories, Scott touches on a wide variety of subjects: public disorder and riots, desertion, poaching, vernacular knowledge, assembly-line production, globalization, the petty bourgeoisie, school testing, playgrounds, and the practice of historical explanation. Far from a dogmatic manifesto, Two Cheers for Anarchism celebrates the anarchist confidence in the inventiveness and judgment of people who are free to exercise their creative and moral capacities.

**Against the Grain**-Jerold S. Auerbach 2012-03-24 A collection of essays and insights from the hindsight of a renowned historian: "I was exceedingly fortunate to teach (for forty years) in an elite undergraduate college, where I could mentor intelligent young women who were eager to learn. But Wellesley, still a bastion of Christian

privilege a century after its founding, continued to experience (and demurely tolerate) dismayingly episodes of anti-Semitism. How ironic that Wellesley and Israel, each in its own distinctive way, had converged to liberate me from my past as a non-Jewish Jew. Regardless of the subjectlaw, modern American history, American Judaism, Israeldeference to the conventional wisdom never had been my style. I always enjoyed the stimulation of writing against the grain: discovering hidden meanings, challenging historical and political pieties, and exposing the self-serving ideology that often lurked beneath self-evident truths. Providing intellectual catnip, it also enabled me to reach readers far beyond the narrow confines of academic journals. My creative work always was done in the solitude of my study, my sanctum within my home. Enclosed within the treasured artifacts, maps, photographs, prints, and books accumulated during decades of research and travel, I explored the historical past that both inspired and reflected my own intellectual trajectory. Virtually every book I have written, to my genuine surprise, contained within it the seed of its successor. That, of course, is discernible only with hindsightwhich, after all, is the distinctive attribute of a historian. I invite my family, friends, and interested readers to accompany me to some favorite destinations during my journey."

**Working with the Grain**-Brian Levy 2014 This book builds on cutting-edge scholarship and the author's quarter century of hands-on experience at the World Bank to lay out an innovative with-the-grain approach to integrating governance and growth - as a constructive, hopeful way of engaging the challenging governance ambiguities of our early 21st century world. A with the grain" perspective directs attention away from a "good governance" pre-occupation with off-the-shelf blueprints and optimal policies, and towards the challenges of initiating and sustaining forward development momentum. This altered angle of vision has powerful implications for how we understand and address the challenges of governance reform and development policymaking - both across countries and over time. The book distinguishes among four broad groups of countries - according to whether their policies are dominant or competitive, and whether their institutions are personalized or impersonal. It also distinguishes among alternative options for governance reform - "top down" options which aim to strengthen formal institutions, and options which aim to support the emergence of "islands of effectiveness". And it explores the "goodness of fit" between alternative reform options and divergent country contexts - including how narrowly-focused initiatives can achieve results even in a broader sea of institutional dysfunction. The book examines how, over time, virtuous circles can link inclusive growth, positive expectations and ongoing institutional improvement. Taking the decade-or-so time horizon of practitioners, the aim is to nudge things along -seeking gains that initially may seem quite modest but can, sometimes, give rise to a cascading sequence of change for the better. Sometimes the binding constraint to forward movement can be institutional, making governance reform the priority; at other times, the priority can better be on inclusive growth. Over the longer-run, stability depends also on a broad-based commitment among citizens to the institutional order, as one which offers the hope of a better life for all."

**Friedrich Max Müller and the Sacred Books of the East**-Arie L. Molendijk 2016-07-21 This volume offers a critical analysis of one the most ambitious editorial projects of late Victorian Britain: the edition of the fifty substantial volumes of the Sacred Books of the East (1879-1910). The series was edited and conceptualized by Friedrich Max Müller (1823-1900), a world-famous German-born philologist, orientalist, and religious scholar. Müller and his influential Oxford colleagues secured financial support from the India Office of the British Empire and from Oxford University Press. Arie L. Molendijk documents how the series has become a landmark in the development of the humanities-especially the study of religion and language-in the second half of the nineteenth century. The edition also contributed significantly to the Western perception of the 'religious' or even 'mystic' East, which was textually represented in English translations. The series was a token of the rise of 'big science' and textualized the East, by selecting their 'sacred books' and bringing them under the power of western scholarship.

**The Art of Not Being Governed**-James C. Scott 2009-01-01 For two thousand years the disparate groups that now reside in Zomia (a mountainous region the size of Europe that consists of portions of seven Asian countries) have fled the projects of the organized state societies that surround them--slavery, conscription, taxes, corvee labor, epidemics, and warfare. This book, essentially an anarchist history, is the first-ever examination of the huge literature on state-making whose author evaluates why people would deliberately and reactively remain stateless. Among the strategies employed by the people of Zomia to remain stateless are physical dispersion in rugged terrain; agricultural practices that enhance mobility; pliable ethnic identities; devotion to prophetic, millenarian leaders; and maintenance of a largely oral culture that allows them to reinvent their histories and genealogies as they move between and around states. In accessible language, James Scott, recognized worldwide as an eminent authority in Southeast Asian, peasant, and agrarian studies, tells the story of the peoples of Zomia and their unlikely odyssey in search of self-determination. He redefines our views on Asian politics, history, demographics, and even our fundamental ideas about what constitutes civilization, and challenges us with a radically different approach to history that presents events from the perspective of stateless peoples and redefines state-making as a form of internal colonialism. This new perspective requires a radical reevaluation of the civilizational narratives of the lowland states. Scott's work on Zomia represents a new way to think of area studies that will be applicable to other runaway, fugitive, and marooned communities, be they Gypsies, Cossacks, tribes fleeing slave raiders, Marsh Arabs, or San-Bushmen.

**Going Against the Grain: How Reducing and Avoiding Grains Can Revitalize Your Health**-Melissa Smith 2002-05-10 Diets high in grains can lead to a host of health problems such as obesity, diabetes, heart disease, fatigue, and more. Going Against the Grain outlines the disadvantages and potential dangers of eating various types of grains and provides practical, realistic advice on implementing a plan to cut back or eliminate grains on a daily basis. This book also includes easy-to-follow grain-free recipes and helpful suggestions for dining out.

**Strangers on Familiar Soil**-Edward D. Melillo 2015-01-01 A wide-ranging exploration of the diverse historical connections between Chile and California This groundbreaking history explores the many unrecognized, enduring linkages between the state of California and the country of Chile. The book begins in 1786, when a French expedition brought the potato from Chile to California, and it concludes with Chilean president Michelle Bachelet's diplomatic visit to the Golden State in 2008. During the intervening centuries, new crops, foods, fertilizers, mining technologies, laborers, and ideas from Chile radically altered California's development. In turn, Californian systems of servitude, exotic species, educational programs, and capitalist development strategies dramatically shaped Chilean history. Edward Dallam Melillo develops a new set of historical perspectives--tracing eastward-moving trends in U.S. history, uncovering South American influences on North America's development, and reframing the Western Hemisphere from a Pacific vantage point. His innovative approach yields transnational insights and recovers long-forgotten connections between the peoples and ecosystems of Chile and California.

**Runaway Technology**-Joshua A. T. Fairfield 2021-02-25 Law can keep up with rapid technological change by reflecting our evolving understanding of how humans use language to cooperate.

**What Makes Civilization?**-David Wengrow 2014-11-01 Our attachment to ancient Mesopotamia (Iraq) and Egypt as the "birthplace of civilization", where the foundations of our own societies were laid, is as strong today as it has ever been. When the Iraq Museum in Baghdad was looted in 2003, our newspapers proclaimed "the death of history". Yetthe ancient Near East also remains a source of mystery: a space of the imagination where we explore the discontents of modern civilization. In What Makes Civilization? archaeologist David Wengrow investigates the origins of farming, writing, and cities in Egypt and Mesopotamia, and the connections between them. This is the story of how people first created kingdoms and monuments to the gods - and, just as importantly, how they adoptedeveryday practices that we might now take for granted, such as familiar ways of cooking food and keeping the house and body clean. Why, he asks, have these ancient cultures, where so many features of modern life originated, come to symbolize the remote and the exotic? What challenge do they pose to our assumptions about power, progress, and civilization in human history? And are the sacrifices we now make in the name of "our"civilization really so different from those once made by the peoples of Mesopotamia and Egypt on the altars of the gods?

**A Knot in the Grain**-Robin McKinley 2014-11-18 Stories from the world of The Hero and the Crown and other magical places by a New York Times–bestselling Newbery Medal winner. Robin McKinley returns to the mythical setting of The Hero and the Crown and The Blue Sword in this “thrilling, satisfying, and thought-provoking collection” featuring two stories set in the world of Damar, plus three other fantasy tales featuring adventurous, pragmatic, and heroic young women (Publishers Weekly). There’s mute Lily, in “The Healer,” who has the power to help others, and receives a startling opportunity to find her voice when a mysterious mage stumbles into town. And Queen Ruen, who is at the mercy of a power-hungry uncle until she encounters a shape-changer in “The Stagman.” In “Touk’s House,” a maiden who has grown up with a witch and a troll has a chance to become a princess, but she must decide whether she would really live happily ever after. When a curse follows Coral to her new husband’s farm in “Buttercups,” the pair has a choice: Succumb to defeat or find a way to turn a disastrous enchantment into a fruitful new venture. Finally, travel to upstate New York with Annabelle. In the title story, her family moves shortly after her sixteenth birthday, and just as she starts to adjust to her new life in a small town, a plan to build a superhighway threatens her new home. But a strange box hidden in a secret attic in the new house may be the answer. This is a delightful assortment of tales from an author with “a remarkable talent for melding the real and the magical into a single, believable whole” (Booklist).

**Against the Grain**-Nancy Cain 2015 Describes the science of gluten-free baking and provides two hundred all-natural recipes for such foods as breads, flatbreads, crackers, muffins, cookies, cakes, pies, pastas, pizzas, and tacos.

**Along the Archival Grain**-Ann Laura Stoler 2010-01-25 Along the Archival Grain offers a unique methodological and analytic opening to the affective registers of imperial governance and the political content of archival forms. In a series of nuanced mediations on the nature of colonial documents from the nineteenth-century Netherlands Indies, Ann Laura Stoler identifies the social epistemologies that guided perception and practice, revealing the problematic racial ontologies of that confused epistemic space. Navigating familiar and extraordinary paths through the lettered lives of those who ruled, she seizes on moments when common sense failed and prevailing categories no longer seemed to work. She asks not what colonial agents knew, but what happened when what they thought they knew they did not. Rejecting the notion that archival labor be approached as an extractive enterprise, Stoler sets her sights on archival production as a consequential act of governance, as a field of force with violent effect, and not least as a vivid space to do ethnography.

**Against the Grain**-Catherine Ford 2009-02-24 A contrarian view of Alberta and Albertans from the outspoken and often controversial former Calgary Herald columnist. In 2005, Alberta celebrates its centenary: a hundred-year stretch that has seen the province catapulted from being little more than thinly populated grassland and mountain to one of Canada’s richest provinces, one with a fair claim to being perpetually misunderstood. Albertans, of course, are passionate about their province, even when to outsiders the sentiment is baffling. For instance, can a liberal feminist like renowned columnist Catherine Ford find happiness in a right-wing, neo-conservative province? The short form of Ford’s answer is “Yes, I can. But . . .” The long version is the intimate, revealing, entertaining, and opinionated picture of the province she paints in Against the Grain. On the surface, the province is monolithic in its politics, anti-gay, anti-feminist, anti-choice in its opinions, and macho in its demeanour. But Ford shows that this is a lopsided, outsider’s view of Alberta, and to prove it she takes readers on a tour from Calgary to Banff and Jasper, Fort McMurray, Edmonton, and beyond, pointing out the good, the bad, and the plain bewildering. Tough-minded but loving, Against the Grain gives outsiders the real goods on Alberta in this, its centenary year.

**On Deep History and the Brain**-Daniel Lord Smail 2008 When does history begin? What characterizes it? This book dissolves the logic of a beginning based on writing, civilization, or historical consciousness and offers a model for a history that escapes the continuing grip of the Judeo-Christian time frame. It lays out a new case for bringing neuroscience and neurobiology into the realm of history.

**Against the Grain**-George Weigel 2008 Looks at the ways in which Catholic social teaching sheds light on the challenges of peace, the problem of pluralism, the quest for human rights, and the defense of liberty.

**Inventing Adolescence**-Joseph Adelson 2017-07-05 There is a widespread and deep awareness that all is not well with American public education nor with the students, educators, and administrators who are charged with making citizens literate. Joseph Adelson's work has gained considerable prominence in this ongoing reevaluation. Writing with force, verve, and the tools of advanced study, Adelson's book provides what might be the most comprehensive look at American education since the work of Diane Ravitch. The materials include revised and updated versions of essays that caused a real stir when they first appeared in the pages of Commentary, Daedalus, The American Scholar, and The Public Interest, among other places. The work goes against the grain of rhetoric but quite with the grain of the best in social science: That the erosion of trust in the American young has been far less severe than in the American old, that the degree of pathology, alienation, and rebelliousness in the American adolescent population is far from alarming. On the whole, each and every serious research study shows the vast majority of teenagers to be competent, purposeful, at ease with themselves, and closely bonded to their families and their values. This is, however, no Pollyannaish version of American education, but a tough-minded critique of educators and administrators who prefer ideological generalities to empirical truths, and whose vested interests are not in the requirements of learning, but ultimately in its subversion. The invention of adolescence was a search for a problem child more nearly detected in problematic adults.

**Napoleon's Empire**-Ute Planert 2016-01-26 The Napoleonic Empire played a crucial role in reshaping global landscapes and in realigning international power structures on a worldwide scale. When Napoleon died, the map of many areas had completely changed, making room for Russia's ascendancy and Britain's rise to world power.

**The Great Food Robbery**-GRAIN 2012-05-17 By putting profits first, corporations destroy local food systems, exploit labour and damage the environment. Land grabs displace the poor, a billion go hungry though there is enough for all, and the climate worsens. Here the connections are made clear.

**Afro-Fabulations**-Tavia Nyong'o 2018-11-27 Argues for a conception of black cultural life that exceeds post-blackness and conditions of loss In Afro-Fabulations: The Queer Drama of Black Life, cultural critic and historian Tavia Nyong'o surveys the conditions of contemporary black artistic production in the era of post-blackness. Moving fluidly between the insurgent art of the 1960's and the intersectional activism of the present day, Afro-Fabulations challenges genealogies of blackness that ignore its creative capacity to exceed conditions of traumatic loss, social death, and archival erasure. If black survival in an anti-black world often feels like a race against time, Afro-Fabulations looks to the modes of memory and imagination through which a queer and black polytemporality is invented and sustained. Moving past the antirelational debates in queer theory, Nyong'o posits queerness as “angular sociality,” drawing upon queer of color critique in order to name the gate and rhythm of black social life as it moves in and out of step with itself. He takes up a broad range of sites of analysis, from speculative fiction to performance art, from artificial intelligence to Blaxploitation cinema. Reading the archive of violence and trauma against the grain, Afro-Fabulations summons the poetic powers of queer world-making that have always been immanent to the fight and play of black life.

**Surfing with Sartre**-Aaron James 2017-08-08 From the bestselling author of Assholes: A Theory, a book that—in the tradition of Shopclass as Soulcraft, Barbarian Days and Zen and the Art of Motorcycle Maintenance—uses the experience and the ethos of surfing to explore key concepts in philosophy. The existentialist philosopher Jean-Paul Sartre once declared “the ideal limit of aquatic sports . . . is waterskiing.” The avid surfer and lavishly credentialed academic philosopher Aaron James vigorously disagrees, and in Surfing with Sartre he intends to expound the thinking surfer’s view of the matter, in the process elucidating such philosophical categories as freedom, being, phenomenology, morality, epistemology, and even the emerging values of what he terms “leisure capitalism.” In developing his unique surfer-philosophical worldview, he draws from his own experience of surfing and from surf culture and lingo, and includes many relevant details from the lives of the philosophers, from Aristotle to Wittgenstein, with whose thought he engages. In the process, he’ll speak to readers in search of personal and social meaning in our current anxious moment, by way of doing real, authentic philosophy.

**Against the Grain**-Kimberly Kiss 2020-10-20 Ky a well to do nurse at a prominent hospital has it all. Her boyfriend keeps her happy with the finest luxury items. But when his business partner Cal enters the picture; things get sticky. Ky must choose loyalty or love.

**Whole Girl**-Sadie Radinsky 2021-02-02 “Approachable and engaging, Radinsky exudes best friend vibes ... A useful, accessible self-help guide.” —Kirkus Reviews “[Sadie’s] outlooks ... are so refreshing and comforting in these troubled times when teens are up against so much terrible coercion to feel as though they aren’t good enough. She’s a true role model.” —Jameela Jamil, actress (The Good Place), activist, founder of I Weigh “Whole Girl is an amazing resource for anyone, but it is critical reading for young women looking for healthy ways to navigate their lives, emotions, and our complex food world.” —Robb Wolf, New York Times bestselling author of The Paleo Solution and Wired to Eat “Smile!” “Don’t eat too much.” “You’re so bossy.” Society constantly squelches young women, and tells us all the ways that we’re wrong. But we reject these limitations. We are all strong, different—and complex. In this unique book, teen writer and recipe creator Sadie Radinsky offers practices, tips, and exercises to help young women embrace their whole selves. Each chapter welcomes a different mood (like mad, blue, wild, cozy) to empower all parts of their lives. The book includes: Tips and insights for navigating some of young women’s biggest issues today 45 delicious gluten-free, Paleo treat recipes Well-being practices like getting enough sleep, exercise as self-love, and creating a good relationship with food Talks with experts and celebrities who share fresh advice Mindful Movements, from yoga to tree-climbing

**Big and Bright**-Gray Levy 2015-09-02 Texas is a diverse state. But the one thing that binds Texans more than their state pride, even more than religion, is football. For the many towns and cities of Texas, high school football is more than a sport or an extracurricular activity—it’s the glue of their community. Author Gray Levy, a high school football coach for more than two decades, became disillusioned with the state of the education system nationwide and traveled to Texas, a place where high school football still matters, to see just what schools and communities were doing right. What he found will both confirm and debunk common presumptions about high school football in Texas, a complex phenomenon that varies by region, school size, and the ethnic diversity of the Lone Star State.

**The F\*ck It Diet**-Caroline Dooner 2019-03-26 “The F\*ck It Diet is not only hilarious, it is scientifically and medically sound. A must read for any chronic dieter.” –Christiane Northrup, MD, New York Times bestselling author of Women’s Bodies, Women’s Wisdom” From comedian and ex-diet junkie Caroline Dooner, an inspirational guide that will help you stop dieting, reboot your relationship with food, and regain your personal power DIETING DOESN’T WORK Not long term. In fact, our bodies are hardwired against it. But each time our diets fail, instead of considering that maybe our ridiculously low-carb diet is the problem, we wonder what’s wrong with us. Why can’t we stick to our simple plan of grapefruit and tuna fish??? Why are we so hungry? What is wrong with us??? We berate ourselves for being lazy and weak, double down on our belief that losing weight is the key to our everlasting happiness, and resolve to do better tomorrow. But it’s time we called a spade a spade: Constantly trying to eat the smallest amount possible is a miserable way to live, and it isn’t even working. So fuck eating like that. In The F\*ck It Diet, Caroline Dooner tackles the inherent flaws of dieting and diet culture, and offers readers a counterintuitively simple path to healing their physical, emotional, and mental relationship with food. What’s the secret anti-diet? Eat. Whatever you want. Honor your appetite and listen to your hunger. Trust that your body knows what it is doing. Oh, and don’t forget to rest, breathe, and be kind to yourself while you’re at it. Once you get yourself out of survival mode, it will become easier and easier to eat what your body really needs—a healthier relationship with food ultimately leads to a healthier you. An ex-yo-yo dieter herself, Dooner knows how terrifying it can be to break free of the vicious cycle, but with her signature sharp humor and compassion, she shows readers that a sustainable, easy relationship with food is possible. Irreverent and empowering, The F\*ck It Diet is call to arms for anyone who feels guilt or pain over food, weight, or their body. It’s time to give up the shame and start thriving. Welcome to the F\*ck It Diet. Let’s Eat.

**Against Nature**-Joris Karl Huysmans 2015-12-16 Joris-Karl Huysmans was a famous French writer known for his large vocabulary and wit. Huysmans most famous novel was "Against Nature."

**The Queue**-Basma Abdel Aziz 2016-05-24 “The Queue ... has drawn comparisons to Western classics like George Orwell’s 1984 and The Trial by Franz Kafka. It represents a new wave of dystopian and surrealist fiction from Middle Eastern writers who are grappling with the chaotic aftermath and stinging disappointments of the Arab Spring.” -- The New York Times Winner of the English PEN Translation Award In a surreal, but familiar, vision of modern day Egypt, a centralized authority known as ‘the Gate’ has risen to power in the aftermath of the ‘Disgraceful Events,’ a failed popular uprising. Citizens are required to obtain permission from the Gate in order to take care of even the most basic of their daily affairs, yet the Gate never opens, and the queue in front of it grows longer. Citizens from all walks of life mix and wait in the sun: a revolutionary journalist, a sheikh, a poor woman concerned for her daughter’s health, and even the brother of a security officer killed in clashes with protestors. Among them is Yehia, a man who was shot during the Events and is waiting for permission from the Gate to remove a bullet that remains lodged in his pelvis. Yehia’s health steadily declines, yet at every turn, officials refuse to assist him, actively denying the very existence of the bullet. Ultimately it is Tarek, the principled doctor tending to Yehia’s case, who must decide whether to follow protocol as he has always done, or to disobey the law and risk his career to operate on Yehia and save his life. Written with dark, subtle humor, The Queue describes the sinister nature of authoritarianism, and illuminates the way that absolute authority manipulates information, mobilizes others in service to it, and fails to uphold the rights of even those faithful to it.

**Natural**-Alan Levinovitz 2020 "The widespread confusion of Nature with God and "natural" with holy has far-reaching negative consequences, from misinformation about everyday food and health choices to mistaken justifications of sexism, racism, and flawed economic policies"--

**Dispossessed Lives**-Marisa J. Fuentes 2016-05-31 Vividly recounting the lives of enslaved women in eighteenth-century Bridgetown, Barbados, and their conditions of confinement through urban, legal, sexual, and representational power wielded by slave owners, authorities, and the archive, Marisa J. Fuentes challenges how histories of vulnerable and invisible subjects are written.

**Silences So Deep**-John Luther Adams 2020-09-22 A memoir of a composer's life in the Alaskan wilderness and a meditation on making art in a landscape acutely threatened by climate change In the summer of 1975, the composer John Luther Adams, then a twenty-two-year-old graduate of CalArts, boarded a flight to Alaska. So began a journey into the mountains, forests, and tundra of the far north—and across distinctive mental and aural terrain—that would last for the next forty years. Silences So Deep is Adams’s account of these formative decades—and of what it’s like to live alone in the frozen woods, composing music by day and spending one’s evenings with a raucous crew of poets, philosophers, and fishermen. From adolescent loves—Edgard Varèse and Frank Zappa—to mature preoccupations with the natural world that inform such works as The Wind in High Places, Adams details the influences that have allowed him to emerge as one of the most celebrated and recognizable composers of our time. Silences So Deep is also a memoir of solitude enriched by friendships with the likes of the conductor Gordon Wright and the poet John Haines, both of whom had a singular impact on Adams’s life. Whether describing the travails of environmental activism in the midst of an oil boom or midwinter conversations in a communal sauna, Adams writes with a voice both playful and meditative, one that evokes the particular beauty of the Alaskan landscape and the people who call it home. Ultimately, this book is also the story of Adams’s difficult decision to leave a rapidly warming Alaska and to strike out for new topographies and sources of inspiration. In its attentiveness to the challenges of life in the wilderness, to the demands of making art in an age of climate crisis, and to the pleasures of intellectual fellowship, Silences So Deep is a singularly rich account of a creative life.

**Decoding Subaltern Politics**-James C. Scott 2013 James C. Scott has researched and written on subaltern groups, and, in particular, peasants, rebellion, resistance, and agriculture, for over 35 years. Yet much of Scott’s most interesting work on the peasantry and the state, both conceptually and empirically, has never been published in book form. For the first time Decoding Subaltern Politics: Ideology, Disguise, and Resistance in Agrarian Politics, brings together some of his most important work in one volume. The book covers three distinct yet interlinked bodies of work. The first lays out a framework for understanding peasant politics and rebellion, much of which is applicable to rural areas of the contemporary global south. Scott then goes on to develop his arguments regarding everyday forms of peasant resistance using the comparative example of the religious tithes in France and Malaysia, and tracing the forms of resistance that cover their own tracks and avoid direct clashes with authorities. For much of the world’s population, and for most of its history, this sort of politics was far more common than the violent clashes that dominate the history books, and in this book one can examine the anatomy of such resistance in rich comparative detail. Finally, Scott explores how the state’s increasing grip on its population: its identity, land-holding, income, and movements, is a precondition for political hegemony. Crucially, in examining the invention of state-mandated legal identities, especially, the permanent patronym and the vagaries of its imposition on vernacular life, Scott lays bare the micro-processes of state-formation and resistance. Written by one of the leading social theorists of our age, Decoding Subaltern Politics: Ideology, Disguise, and Resistance in Agrarian Politics is an indispensable guide to the study of subaltern culture and politics and is essential reading for political scientists, anthropologists, sociologists and historians alike.

**Against the Grain**-Freeze (Novelist) 2008 Getting out of prison after a sentence following a botched bank robbery in which his closest friend, Apache, is killed, hustler Arkadian Frost discovers that members of his old crew are now big-time players in the drug game and becomes caught in the middle of a war for power, with only his woman, ShuShawn, standing at his side. Original. 35,000 first printing.

**Underland: A Deep Time Journey**-Robert Macfarlane 2019-06-04 National Bestseller • New York Times "100 Notable Books of the Year" • NPR "Favorite Books of 2019" • Guardian "100 Best Books of the 21st Century" • Winner of the National Outdoor Book Award From the best-selling, award-winning author of Landmarks and The Old Ways, a haunting voyage into the planet's past and future. Hailed as "the great nature writer of this generation" (Wall Street Journal), Robert Macfarlane is the celebrated author of books about the intersections of the human and the natural realms. In Underland, he delivers his masterpiece: an epic exploration of the Earth's underworlds as they exist in myth, literature, memory, and the land itself. In this highly anticipated sequel to his international bestseller The Old Ways, Macfarlane takes us on an extraordinary journey into our relationship with darkness, burial, and what lies beneath the surface of both place and mind. Traveling through "deep time"—the dizzying expanses of geologic time that stretch away from the present—he moves from the birth of the universe to a post-human future, from the prehistoric art of Norwegian sea caves to the blue depths of the Greenland ice cap,

from Bronze Age funeral chambers to the catacomb labyrinth below Paris, and from the underground fungal networks through which trees communicate to a deep-sunk "hiding place" where nuclear waste will be stored for 100,000 years to come. Woven through Macfarlane's own travels are the unforgettable stories of descents into the underland made across history by explorers, artists, cavers, divers, mourners, dreamers, and murderers, all of whom have been drawn for different reasons to seek what Cormac McCarthy calls "the awful darkness within the world." Global in its geography and written with great lyricism and power, Underland speaks powerfully to our present moment. Taking a deep-time view of our planet, Macfarlane here asks a vital and unsettling question: "Are we being good ancestors to the future Earth?" Underland marks a new turn in Macfarlane's long-term mapping of the relations of landscape and the human heart. From its remarkable opening pages to its deeply moving conclusion, it is a journey into wonder, loss, fear, and hope. At once ancient and urgent, this is a book that will change the way you see the world.

**I'm So Effing Tired**-Amy Shah 2021 EXHAUSTION DOESN'T HAVE TO BE YOUR NEW NORMAL