



[Books] The Master And His Emissary: The Divided Brain And The Making Of The Western World

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The Master and His Emissary-Iain McGilchrist 2019-02-14 A new edition of the bestselling classic—published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain - the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the 'rational' side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic - stripped of depth, colour and value.

The Master and His Emissary-Iain McGilchrist 2019-03-26 A new edition of the bestselling classic - published with a special introduction to mark its 10th anniversary This pioneering account sets out to understand the structure of the human brain - the place where mind meets matter. Until recently, the left hemisphere of our brain has been seen as the 'rational' side, the superior partner to the right. But is this distinction true? Drawing on a vast body of experimental research, Iain McGilchrist argues while our left brain makes for a wonderful servant, it is a very poor master. As he shows, it is the right side which is the more reliable and insightful. Without it, our world would be mechanistic - stripped of depth, colour and value.

The Divided Brain and the Search for Meaning-Iain McGilchrist 2012-07-15 In this 10,000-word essay, written to complement Iain McGilchrist's acclaimed *The Master and His Emissary*, the author asks why - despite the vast increase in material well-being - people are less happy today than they were half a century ago, and suggests that the division between the two hemispheres of the brain has a critical effect on how we see and understand the world around us. In particular, McGilchrist suggests, the left hemisphere's obsession with reducing everything it sees to the level of minute, mechanistic detail is robbing modern society of the ability to understand and appreciate deeper human values. Accessible to readers who haven't yet read *The Master and His Emissary* as well as those who have, this is a fascinating, immensely thought-provoking essay that delves to the very heart of what it means to be human.

The Development of the Unconscious Mind (Norton Series on Interpersonal Neurobiology)-Allan N. Schore 2019-03-26 An exploration of how the unconscious is formed and functions by one of our most renowned experts on emotion and the brain. This book traces the evolution of the concept of the unconscious from an intangible, metapsychological abstraction to a psychoneurobiological function of a tangible brain. An integration of current findings in the neurobiological and developmental sciences offers a deeper understanding of the dynamic mechanisms of the unconscious. The relevance of this reformulation to clinical work is a central theme of Schore's other new book, *Right Brain Psychotherapy*.

Against Criticism-Iain McGilchrist 1982-01-01

Paradoxology-Krish Kandiah 2014-04-10 The Christian faith is full of apparent paradoxes: - a compassionate God who sanctions genocide - an all-powerful God who allows horrific suffering - a God who owns everything yet demands so much from his followers - a God who is distant and yet present at the same time Many of us have big questions that the Christian faith seems to leave unanswered. So we push them to the back of our minds, for fear of destabilizing our beliefs. But leaving these questions unexamined is neither healthy for us, nor honouring to God. Rather than shying away from the difficult questions, we need to face them head on. What if the tension between apparently opposing doctrines is exactly where faith comes alive? What if this ancient faith has survived so long not in spite of but precisely

because of these apparent contradictions? What if it is in the difficult parts of the Bible that God is most clearly revealed? Paradoxology makes a bold new claim: that the paradoxes that seem like they ought to undermine belief are actually the heart of our vibrant faith, and that it is only by continually wrestling with them - rather than trying to pin them down or push them away - that we can really move forward, individually and together.

Hegel and Religious Faith-Andrew Shanks 2011-04-14 This polemical advocacy of Hegel's religious thought. It presents Hegel's religious thought as a living, still urgent challenge for today and confronts the major theological and philosophical objections to Hegel in a fresh way.

Clean Language-Wendy Sullivan 2008-10-24 This book will teach you a new way to communicate which gets to the heart of things! By asking Clean Language questions to explore the metaphors which underpin a person's thinking, you can help people to change their lives in a way that intrinsically respects diversity and supports empowerment. Both you and they will gain profound new insights into what makes them tick. The approach was originally used to help clients to resolve deep trauma. It is now being used to get to the truth and to solve complex problems by some of the sharpest and most innovative people in the world - coaches, business people, educators, health professionals and many others.

Understanding Consciousness-Max Velmans 2000 First published in 2009. Routledge is an imprint of Taylor & Francis, an informa company.

The God of the Left Hemisphere-Roderick Tweedy 2018-05-01 The God of the Left Hemisphere explores the remarkable connections between the activities and functions of the human brain that writer William Blake termed 'Urizen' and the powerful complex of rationalising and ordering processes which modern neuroscience identifies as 'left hemisphere' brain activity. The book argues that Blake's profound understanding of the human brain is finding surprising corroboration in recent neuroscientific discoveries, such as those of the influential Harvard neuro-anatomist Jill Bolte Taylor, and it explores Blake's provocative supposition that the emergence of these rationalising, law-making, and 'limiting' activities within the human brain has been recorded in the earliest Creation texts, such as the Hebrew Bible, Plato's *Timaeus*, and the Norse sagas. Blake's prescient insight into the nature and origins of this dominant force within the brain allows him to radically reinterpret the psychological basis of the entity usually referred to in these texts as 'God'. The book draws in particular on the work of Bolte Taylor, whose study in this area is having a profound impact on how we understand mental activity and processes.

Drawing on The Dominant Eye-Betty Edwards 2020-11-10 A fascinating follow-up to the beloved bestseller *Drawing on the Right Side of the Brain*--with new insights about creativity and our unique way of seeing the world around us Millions of readers have embraced art teacher Betty Edwards's *Drawing on the Right Side of the Brain*, from art students and teachers to established artists, corporate trainers, and more--all discovering a bold new way of drawing and problem-solving based on what we see, not what we think we see. In this highly anticipated follow-up, Edwards illuminates another piece of the creativity puzzle, revealing the role our dominant eye plays in how we perceive, create, and are seen by those around us. Research shows that much like being right-handed or left-handed, each of us has a dominant eye, corresponding to the dominant side of our brain--either verbal or perceptual. Once you learn the difference and try your hand at the simple drawing exercises, you'll gain fresh insights into how you perceive, think, and create. You'll learn how to not just look but truly see. Generously illustrated with visual examples, this remarkable guided tour through art history, psychology, and the creative process is a must-read for anyone looking for a richer understanding of our art, our minds, and ourselves.

Developmental Psychology-Fiona Ann White 2009 This book "addresses the issues of lifespan development in a thematic way. Each chapter focuses on an important domain or theme in developmental psychology and within that chapter addresses changes from infancy, through childhood, to adulthood. This book provides students a balanced coverage of Australian and international research contributions within a rigorous and challenging textbook. Comprehensive coverage of leading theoretical and empirical advances in developmental psychology emphasises the importance of psychological theory to developmental aspects of human behaviour. The use of several interactive and applied components such as end of chapter contexts of development, quick think questions and focus boxes encourages students to think more deeply about the topics they are covering." - product description.

Biblical Words and Their Meaning-Moisés Silva 2010-05-11 When first published in 1983, *Biblical Words and Their Meaning* broke new ground by introducing to students of the Bible the principles of linguistics, in particular, on lexical semantics -- that branch that focuses on the meaning of individual words. Silva's structural approach provides the interpreter with an important lexical tool for more responsible understanding of the biblical text and more effective use of standard exegetical resources. This revised edition includes a bibliographical essay by Silva, "Recent Developments in Semantics," and an appendix by Karen H. Jobes, "Distinguishing the Meaning of Greek Verbs in the Semantic Domain for Worship," that provides the reader with a substantive example of lexical study.

Medicine, Mind, and the Double Brain-Anne Harrington 2021-04-13 The description for this book, *Medicine, Mind, and the Double Brain: A Study in Nineteenth-Century Thought*, will be forthcoming.

Syllabus-Lynda Barry 2021-04-16 Writing exercises and creativity advice from Barry's pioneering, life-changing workshop The award-winning author Lynda Barry is the creative force behind the genre-defying and bestselling work *What It Is*. She believes that anyone can be a writer and has set out to prove it. For the past decade, Barry has run a highly popular writing workshop for nonwriters called *Writing the Unthinkable*, which was featured in *The New York Times Magazine*. *Syllabus: Notes from an Accidental Professor* is the first book to make her innovative lesson plans and writing exercises available to the public for home or classroom use. Barry teaches a method of writing that focuses on the relationship between the hand, the brain, and spontaneous images, both written and visual. It has been embraced by people across North America—prison inmates, postal workers, university students, high-school teachers, and hairdressers—for opening pathways to creativity. *Syllabus* takes the course plan for Barry's workshop and runs wild with it in her densely detailed signature style. Collaged texts, ballpoint-pen doodles, and watercolor washes adorn *Syllabus*'s yellow lined pages, which offer advice on finding a creative voice and using memories to inspire the writing process. Throughout it all, Barry's voice (as an author and as a teacher-mentor) rings clear, inspiring, and honest.

Faces-Milton E. Brener 2000 Scientists have emphasized the innate, genetically based nature of our fascination with the human face and its almost limitless expressive capacity, all of which is represented in the art of the last six centuries. But little attention has been paid to the anomaly of the vacuous expressions of earlier facial representations. Brener attributes this change to a change in the functioning of the human brain, as well as the role of cultural factors. It is the evolution of both genes and culture that has resulted in a marked increase in the human ability to create and interpret facial expressions. The result of this has impacted human behavior.

Disturbances of the Mind-Douwe Draaisma 2009-11-05 Sergei Korsakoff, Alois Alzheimer, James Parkinson, Hans Asperger and other eminent scientists, are all names which have become synonymous with a disease, a syndrome, or an autistic disorder. Although the names of these psychiatrists and neurologists are familiar, we often know little about the individuals themselves and the circumstances surrounding their discoveries. What exactly did they discover, and who were their patients? Douwe Draaisma expertly reconstructs the lives of these and eight other 'names' from the science of mind and brain. *Disturbances of the Mind* provides a fascinating, illuminating, and at times touching insight into the history of brain research. Thanks to Draaisma's unerring eye and elegant, engaging style, the case histories of Asperger, Bonnet, Capgras, Clérambault, Korsakoff and Gilles de la Tourette syndromes; Alzheimer's and Parkinson's diseases; the

areas of Broca and Brodmann; Jackson's epilepsy; and the Gage matrix are all brought to life and transformed into unforgettable tales.

Vendor Of Sweets, The (modern Classics)-R. K. Narayan 2010

Body Psychotherapy-Totton, Nick 2003-03-01 "...a well-rooted resource for bodywork courses and a useful introductory text for a broad audience." Caduceus "It's not a big book but it's got a vast amount of information and knowledge in it. ...if you are interested in getting a good overall picture of the subject you couldn't do better." The Fulcrum Body psychotherapy is an holistic therapy which approaches human beings as united bodymind, and offers embodied relationship as its central therapeutic stance. Well-known forms include Reichian Therapy, Bioenergetics, Dance Movement Therapy, Primal Integration and Process Oriented Psychology. This new title examines the growing field of body psychotherapy: Surveys the many forms of body psychotherapy Describes what may happen in body psychotherapy and offers a theoretical account of how this is valuable drawing in current neuroscientific evidence Defines the central concepts of the field, and the unique skills needed by practitioners Accessible and practical, yet grounded throughout in current research Body Psychotherapy: An Introduction is of interest to practitioners and students of all forms of psychotherapy and counselling, and anyone who wants to understand how mind and body together form a human being.

The Origins and History of Consciousness-Erich Neumann 2014-08-24 *The Origins and History of Consciousness* draws on a full range of world mythology to show how individual consciousness undergoes the same archetypal stages of development as human consciousness as a whole. Erich Neumann was one of C. G. Jung's most creative students and a renowned practitioner of analytical psychology in his own right. In this influential book, Neumann shows how the stages begin and end with the symbol of the Uroboros, the tail-eating serpent. The intermediate stages are projected in the universal myths of the World Creation, Great Mother, Separation of the World Parents, Birth of the Hero, Slaying of the Dragon, Rescue of the Captive, and Transformation and Deification of the Hero. Throughout the sequence, the Hero is the evolving ego consciousness. Featuring a foreword by Jung, this Princeton Classics edition introduces a new generation of readers to this eloquent and enduring work.

The Brain That Changes Itself-Norman Doidge 2008-08-07 Meet the ninety year old doctor, who, with the aid of a few simple exercises, is still practising medicine. His is just one of the incredible stories brain expert Norman Doidge tells as he reveals our brain's remarkable ability to repair itself through the power of positive thought. In *The Brain That Changes Itself* Doidge introduces us to the fascinating stories at the cutting edge of the brain science and the emerging discipline of 'neuroplasticity'. We meet the stroke victim who unable to feed or dress himself learned to move and talk again, the woman with a rare brain condition that left her feeling as though she was perpetually falling but who through a series of exercises rewired her brain to overcome this and the maverick scientists over turning centuries of assumptions about the brain and it's capacity for renewal. Doidge shows how their incredible work is helping the blind to see, the deaf to hear and causing Nobel laureates to rethink our model of the brain. This remarkable book will leave you with a sense of wonder at the capabilities of the human brain and the power to change which lies within all of us.

The Case Against Reality: Why Evolution Hid the Truth from Our Eyes-Donald Hoffman 2019-08-13 Can we trust our senses to tell us the truth? Challenging leading scientific theories that claim that our senses report back objective reality, cognitive scientist Donald Hoffman argues that while we should take our perceptions seriously, we should not take them literally. How can it be possible that the world we see is not objective reality? And how can our senses be useful if they are not communicating the truth? Hoffman grapples with these questions and more over the course of this eye-opening work. Ever since *Homo sapiens* has walked the earth, natural selection has favored perception that hides the truth and guides us toward useful action, shaping our senses to keep us alive and reproducing. We observe a speeding car and do not walk in front of it; we see mold growing on bread and do not eat it. These impressions, though, are not objective reality. Just like a file icon on a desktop screen is a useful symbol rather than a genuine representation of what a computer file looks like, the objects we see every day are merely icons, allowing us to navigate the world safely and with ease. The real-world implications for this discovery are huge. From examining why fashion designers create clothes that give the illusion of a more "attractive" body shape to studying how companies use color to elicit specific emotions in consumers, and even dismantling the very notion that spacetime is objective reality, *The Case Against Reality* dares us

to question everything we thought we knew about the world we see.

Tiger Girl-Pascale Petit 2020-06-25 Pascale Petit's Tiger Girl marks a shift from the Amazonian rainforests of her previous work to explore her grandmother's Indian heritage and the fauna and flora of subcontinental jungles. Tiger girl is the grandmother, with her tales of wild tigers, but she's also the endangered predators Petit encountered in Central India. In exuberant and tender ecopoems, the saving grace of love in an otherwise bleak childhood is celebrated through spellbinding visions of nature, alongside haunting images of poaching and species extinction. Tiger Girl is Pascale Petit's eighth collection, and her second from Bloodaxe, following Mama Amazonica, winner of the Royal Society of Literature's Ondaatje Prize 2018 - the first time a poetry book won this prize for a work of fiction, non-fiction or poetry best evoking the spirit of a place. Four of her earlier collections were shortlisted for the T.S. Eliot Prize.

Your Symphony of Selves-James Fadiman 2020-08-04 Why you are a different you at different times and how that's both normal and healthy • Reveals that each of us is made up of multiple selves, any of which can come to the forefront in different situations • Offers examples of healthy multiple selves from psychology, neuroscience, pop culture, literature, and ancient cultures and traditions • Explores how to harmonize our selves and learn to access whichever one is best for a given situation Offering groundbreaking insight into the dynamic nature of personality, James Fadiman and Jordan Gruber show that each of us is comprised of distinct, autonomous, and inherently valuable "selves." They also show that honoring each of these selves is a key to improved ways of living, loving, and working. Explaining that it is normal to have multiple selves, the authors offer insights into why we all are inconsistent at times, allowing us to become more accepting of the different parts of who we and other people are. They explore, through extensive reviews, how the concept of healthy multiple selves has been supported in science, popular culture, spirituality, philosophy, art, literature, and ancient traditions and cite well-known people, including David Bowie and Beyoncé, who describe accessing another self at a pivotal point in their lives to resolve a pressing challenge. Instead of seeing the existence of many selves as a flaw or pathology, the authors reveal that the healthiest people, mentally and emotionally, are those that have naturally learned to appreciate and work in harmony with their own symphony of selves. They identify "the Single Self Assumption" as the prime reason why the benefits of having multiple selves has been ignored. This assumption holds that we each are or ought to be a single consistent self, yet we all recognize, in reality, that we are different in different situations. Offering a pragmatic approach, the authors show how you can prepare for situations by shifting to the appropriate self, rather than being "switched" or "triggered" into a sub-optimal part of who you are. They also show how recognizing your selves provides increased access to skills, talent, and creativity; enhanced energy; and improved healing and pain management. Appreciating your diverse selves will give you more empathy toward yourself and others. By harmonizing your symphony of selves, you can learn to be "in the right mind at the right time" more often.

A Secret History of Consciousness-Gary Lachman

Journey and the Guide-Maitreyabandhu 2015-08-10 The journey starts with your mind, particularly when you begin to look into the truth of things. What you find in the guide, the Buddha, is an individual with a 'fit', happy mind. To get fit, you need to work on becoming a happy, healthy human being. You can then begin to open up to the mystery of things, to Enlightenment itself. Maitreyabandhu takes you on the journey with practical week-by-week exercises, focusing on cultivating mindfulness, simplifying your life and knowing yourself.

Professor at Large-John Cleese 2018-10-15 And now for something completely different. Professor at Large features beloved English comedian and actor John Cleese in the role of Ivy League professor at Cornell University. His almost twenty years as professor-at-large has led to many talks, essays, and lectures on campus. This collection of the very best moments from Cleese under his mortarboard provides a unique view of his endless pursuit of intellectual discovery across a range of topics. Since 1999, Cleese has provided Cornell students and local citizens with his ideas on everything from scriptwriting to psychology, religion to hotel management, and wine to medicine. His incredibly popular events and classes—including talks, workshops, and an analysis of A Fish Called Wanda and The Life of Brian—draw hundreds of people. He has given a sermon at Sage Chapel, narrated Prokofiev's Peter and the Wolf with the Cornell Chamber Orchestra, conducted a class on script writing, and lectured on

psychology and human development. Each time Cleese has visited the campus in Ithaca, NY, he held a public presentation, attended and or lectured in classes, and met privately with researchers. From the archives of these visits, Professor at Large includes an interview with screenwriter William Goldman, a lecture about creativity entitled, "Hare Brain, Tortoise Mind," talks about Professor at Large and The Life of Brian, a discussion of facial recognition, and Cleese's musings on group dynamics with business students and faculty. Professor at Large provides a window into the workings of John Cleese's scholarly mind, showcasing the wit and intelligence that have driven his career as a comedian, while demonstrating his knack of pinpointing the essence of humans and human problems. His genius on the screen has long been lauded; now his academic chops get their moment in the spotlight, too.

Human-Michael S. Gazzaniga 2009-10-13 What happened along the evolutionary trail that made humans so unique? In his accessible style, Michael Gazzaniga pinpoints the change that made us thinking, sentient humans different from our predecessors. He explores what makes human brains special, the importance of language and art in defining the human condition, the nature of human consciousness, and even artificial intelligence.

How Intelligence Happens-John Duncan 2010-10-22 A lively journey through the brain's inner workings from "one of the world's leading cognitive neuroscientists" (The Wall Street Journal). Human intelligence builds sprawling cities, vast cornfields, and complex microchips. It takes us from the atom to the limits of the universe. How does the biological brain, a collection of billions of cells, enable us to do things no other species can do? In this book, neuroscientist John Duncan offers an adventure story—the story of the hunt for basic principles of human intelligence, behavior, and thought. Using results drawn from classical studies of intelligence testing; from attempts to build computers that think; from studies of how minds change after brain damage; from modern discoveries of brain imaging; and from groundbreaking recent research, he synthesizes often difficult-to-understand information into clear, fascinating prose about how brains work. Moving from the foundations of psychology, artificial intelligence, and neuroscience to the most current scientific thinking, How Intelligence Happens is "a timely, original, and highly readable contribution to our understanding" (Nancy Kanwisher, MIT) from a winner of the Heineken Prize for Cognitive Science

God Is No Thing-Rupert Shortt 2016-03-17 "God is no thing, but not nothing." These words from the renowned thinker Herbert McCabe point to a fallacy at the heart of New Atheist polemics against religion: the deity rejected by Richard Dawkins, Christopher Hitchens, Sam Harris and their followers is not God as taught in classical tradition, but merely a blown-up thing. From this basic error flow many more misunderstandings about Christianity and other creeds. As a result, debate on life's biggest questions has grown vitriolic as well as confused. The problem is all the more acute because religion refuses to fade away. Even though parts of the Western world now appear almost totally secularized, Christianity remains the most potent worldview on earth alongside Islam. Globalization and democratization have only strengthened the two faiths still further. In this hard-hitting but constructive book, Rupert Shortt argues that Christianity is a much more coherent, progressive body of belief -- philosophically, scientifically and culturally -- than often supposed by its critics. Alert to the menace posed by religious fundamentalism, as well as to secularist blind spots, he shows how a self-critical faith is of huge consequence to wider human flourishing.

Dominion from Sea to Sea-Bruce Cumings 2009-11-17 America is the first world power to inhabit an immense land mass open at both ends to the world's two largest oceans—the Atlantic and the Pacific. This gives America a great competitive advantage often overlooked by Atlanticists, whose focus remains overwhelmingly fixed on America's relationship with Europe. Bruce Cumings challenges the Atlanticist perspective in this innovative new history, arguing that relations with Asia influenced our history greatly. Cumings chronicles how the movement westward, from the Middle West to the Pacific, has shaped America's industrial, technological, military, and global rise to power. He unites domestic and international history, international relations, and political economy to demonstrate how technological change and sharp economic growth have created a truly bicoastal national economy that has led the world for more than a century. Cumings emphasizes the importance of American encounters with Mexico, the Philippines, and the nations of East Asia. The result is a wonderfully integrative history that advances a strong argument for a dual approach to American history incorporating both Atlanticist and Pacificist perspectives.

No Dig, No Fly, No Go-Mark Monmonier 2010-05-15 Some maps help us find our way; others restrict where we go and what we do. These maps control behavior, regulating activities from flying to fishing, prohibiting students from one part of town from being schooled on the other, and banishing certain individuals and industries to the periphery. This restrictive cartography has boomed in recent decades as governments seek regulate activities as diverse as hiking, building a residence, opening a store, locating a chemical plant, or painting your house anything but regulation colors. It is this aspect of mapping—its power to prohibit—that celebrated geographer Mark Monmonier tackles in *No Dig, No Fly, No Go*. Rooted in ancient Egypt's need to reestablish property boundaries following the annual retreat of the Nile's floodwaters, restrictive mapping has been indispensable in settling the American West, claiming slices of Antarctica, protecting fragile ocean fisheries, and keeping sex offenders away from playgrounds. But it has also been used for opprobrium: during one of the darkest moments in American history, cartographic exclusion orders helped send thousands of Japanese Americans to remote detention camps. Tracing the power of prohibitive mapping at multiple levels—from regional to international—and multiple dimensions—from property to cyberspace—Monmonier demonstrates how much boundaries influence our experience—from homeownership and voting to taxation and airline travel. A worthy successor to his critically acclaimed *How to Lie with Maps*, the book is replete with all of the hallmarks of a Monmonier classic, including the wry observations and witty humor. In the end, Monmonier looks far beyond the lines on the page to observe that mapped boundaries, however persuasive their appearance, are not always as permanent and impermeable as their cartographic lines might suggest. Written for anyone who votes, owns a home, or aspires to be an informed citizen, *No Dig, No Fly, No Go* will change the way we look at maps forever.

Perspectives on Satipatthana-Analayo 2014-01-03 "In this new book, Analayo builds on his earlier ground-breaking work, *Satipatthana: The Direct Path to Realization*. Here, he enlarges our perspective on this seminal teaching by exploring the practices of mindfulness as presented in both the Pali and Chinese versions of this important discourse. The brilliance of his scholarly research, combined with the depth of his meditative understanding, provides an invaluable guide to the liberating practices of the Buddha's teaching." Joseph Goldstein, author *Mindfulness: A Practical Guide to Awakening*

The Ever-Present Origin-Jean Gebser 2020-08-25 This English translation of Gebser's major work, *Ursprung und Gegenwart* (Stuttgart, Deutsche Verlag, 1966), offers certain fundamental insights which should be beneficial to any sensitive scientist and makes it available to the English-speaking world for the recognition it deserves. "The path which led Gebser to his new and universal perception of the world is, briefly, as follows. In the wake of materialism and social change, man had been described in the early years of our century as the "dead end" of nature. Freud had redefined culture as illness—a result of drive sublimation; Klages had called the spirit (and he was surely speaking of the hypertrophied intellect) the "adversary of the soul," propounding a return to a life like that of the Pelasgi, the aboriginal inhabitants of Greece; and Spengler had declared the "Demise of the West" during the years following World War I. The consequences of such pessimism continued to proliferate long after its foundations had been superseded. It was with these foundations—the natural sciences—that Gebser began. As early as Planck it was known that matter was not at all what materialists had believed it to be, and since 1943 Gebser has repeatedly emphasized that the so-called crisis of Western culture was in fact an essential restructuration.... Gebser has noted two results that are of particular significance: first, the abandonment of materialistic determinism, of a one-sided mechanistic-causal mode of thought; and second, a manifest "urgency of attempts to discover a universal way of observing things, and to overcome the inner division of contemporary man who, as a result of his one-sided rational orientation, thinks only in dualisms." Against this background of recent discoveries and conclusions in the natural sciences Gebser discerned the outlines of a potential human universality. He also sensed the necessity to go beyond the confines of this first treatise so as to include the humanities (such as political economics and sociology) as well as the arts in a discussion along similar lines. This was the point of departure of *The Ever-Present Origin*. From *In memoriam Jean Gebser* by Jean Keckeis

Reflections on the Dawn of Consciousness-Marcel Kuijsten 2008

Immoderate Greatness-William Ophuls 2012 *Immoderate Greatness* explains how a civilization's very magnitude conspires against it to cause downfall. Civilizations are hard-wired for self-destruction. They travel an arc

from initial success to terminal decay and ultimate collapse due to intrinsic, inescapable biophysical limits combined with an inexorable trend toward moral decay and practical failure. Because our own civilization is global, its collapse will also be global, as well as uniquely devastating owing to the immensity of its population, complexity, and consumption. To avoid the common fate of all past civilizations will require a radical change in our ethos—to wit, the deliberate renunciation of greatness—lest we precipitate a dark age in which the arts and adornments of civilization are partially or completely lost.

Flourishing-Andrew J. Hoffman 2017-09-08 This astonishing book invites you into a conversation between a teacher, John R. Ehrenfeld, and his former student now professor, Andrew J. Hoffman, as they discuss how to create a sustainable world. Unlike virtually all other books about sustainability, this one goes beyond the typical stories that we tell ourselves about repairing the environmental damages of human progress. Through their dialogue and essays that open each section, the authors uncover two core facets of our culture that drive the unsustainable, unsatisfying, and unfair social and economic machines that dominate our lives. First, our collective model of the way the world works cannot cope with the inherent complexity of today's highly connected, high-speed reality. Second, our understanding of human behavior is rooted in this outdated model. Driven by the old guard, sustainability has become little more than a fashionable idea. As a result, both business and government are following the wrong path - at best applying temporary, less unsustainable solutions that will fail to leave future generations in better shape. To shift the pendulum, this book tells a new story, driven by being and caring, as opposed to having and needing, rooted in the beauty of complexity and arguing for the transformative cultural shift that we can make based on our collective wisdom and lived experiences. Then, the authors sketch out the road to a flourishing future, a change in our consumption and a new approach to understanding and acting. There is no middle ground; without serious change at the most basic level, we will continue to head down a false path. Indeed, this book is a clarion call to action. Candid and insightful, it leaves readers with cautious hope.

The Divided Mind-John E. Sarno 2009-10-13 The book that will change the way we think about health and illness, *The Divided Mind* is the crowning achievement of Dr. John E. Sarno's distinguished career as a groundbreaking medical pioneer, going beyond pain to address the entire spectrum of psychosomatic (mindbody) disorders. The interaction between the generally reasonable, rational, ethical, moral conscious mind and the repressed feelings of emotional pain, hurt, sadness, and anger characteristic of the unconscious mind appears to be the basis for mindbody disorders. *The Divided Mind* traces the history of psychosomatic medicine, including Freud's crucial role, and describes the psychology responsible for the broad range of psychosomatic illness. The failure of medicine's practitioners to recognize and appropriately treat mindbody disorders has produced public health and economic problems of major proportions in the United States. One of the most important aspects of psychosomatic phenomena is that knowledge and awareness of the process clearly have healing powers. Thousands of people have become pain-free simply by reading Dr. Sarno's previous books. How and why this happens is a fascinating story, and is revealed in *The Divided Mind*.

So, Anyway...-John Cleese 2014-11-04 NEW YORK TIMES BESTSELLER • "John Cleese's memoir is just about everything one would expect of its author—smart, thoughtful, provocative and above all funny. . . . A picture, if you will, of the artist as a young man."—*The Washington Post* The legendary writer and performer of Monty Python and *Fawlty Towers* fame takes readers on a grand tour of his ascent in the entertainment world John Cleese's huge comedic influence has stretched across generations; his sharp irreverent eye and the unique brand of physical comedy he perfected now seem written into comedy's DNA. In this rollicking memoir, Cleese recalls his humble beginnings in a sleepy English town, his early comedic days at Cambridge University (with future Python partner Graham Chapman), and the founding of the landmark comedy troupe that would propel him to worldwide renown. Cleese was just days away from graduating Cambridge and setting off on a law career when he was visited by two BBC executives, who offered him a job writing comedy for radio. That fateful moment—and a near-simultaneous offer to take his university humor revue to London's famed West End—propelled him down a different path, cutting his teeth writing for stars like David Frost and Peter Sellers, and eventually joining the five other Pythons to pioneer a new kind of comedy that prized invention, silliness, and absurdity. Along the way, he found his first true love with the actress Connie Booth and transformed himself from a reluctant performer to a world class actor and back again. Twisting and turning through surprising stories and hilarious digressions—with some brief pauses along the way that comprise a fascinating primer on what's funny

and why—this story of a young man’s journey to the pinnacle of comedy is a masterly performance by a master performer.

No Self, No Problem-Chris Niebauer 2019-09-03 While in grad school in the early 1990s, Chris Niebauer began to notice striking parallels between the latest discoveries in psychology, neuroscience, and the teachings of Buddhism, Taoism, and other schools of Eastern thought. When he presented his findings to a professor, his ideas were quickly dismissed as “pure coincidence, nothing more.” Fast-forward 20 years later and Niebauer is a PhD and a tenured professor, and the Buddhist-neuroscience connection he found as a student is practically its own genre in the bookstore. But according to Niebauer, we are just beginning to understand the link between Eastern philosophy and the latest findings in psychology and neuroscience and what these assimilated ideas mean for the human experience. In this groundbreaking book, Niebauer writes that the latest research in neuropsychology is now confirming a fundamental tenet of

Buddhism, what is called Anatta, or the doctrine of “no self.” Niebauer writes that our sense of self, or what we commonly refer to as the ego, is an illusion created entirely by the left side of the brain. Niebauer is quick to point out that this doesn't mean that the self doesn't exist but rather that it does so in the same way that a mirage in the middle of the desert exists, as a thought rather than a thing. His conclusions have significant ramifications for much of modern psychological modalities, which he says are spending much of their time trying to fix something that isn't there. What makes this book unique is that Niebauer offers a series of exercises to allow the reader to experience this truth for him- or herself, as well as additional tools and practices to use after reading the book, all of which are designed to change the way we experience the world—a way that is based on being rather than thinking.