

CRITICAL PERFORMANCES

*Of All the Nerve*



*Deb Margolin*  
SOLO

*Edited and with commentaries by Lynda Hart*

# [DOC] Of All The Nerve: Deb Margolin Solo (Critical Performances)

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**Of All the Nerve**-Deb Margolin 1999-07-23 The "Critical Performance" series pairs a performance artist or playwright with a critical theorist in a dialogue aimed to elucidate both disciplines. This volume focuses on Deb Margolin, one of the three founding members of the American performance troupe Split Britches.

**Utopia in Performance**-Jill Dolan 2005-11-10 In 'Utopia in Performance', Jill Dolan traces the sense of visceral, emotional and social connection that we experience at the theatre, connections that allow us to feel for a moment not what a better world might look like, but what it might feel like, and how that hopeful utopic sentiment might become motivation for social change.

**Extreme Exposure**-Jo Bonney 2000 An historic collection of performance texts from major writer/artists over the past 50 years.

**Gay, Lesbian, Bisexual, and Transgendered Literature**-Ellen Bosman 2008 Provides readers and readers' advisors with an introduction to twentieth-century gay, lesbian, bisexual, and transgendered literature, with plot summaries, information about awards, and often suggestions for read-alikes.

**Between the Body and the Flesh**-Lynda Hart 1998 In this first book-length study of lesbian s/m, Lynda Hart creates a vivid and compelling counterdiscourse to the erotophobic voices in contemporary cultural debates. Focusing on a variety of representations, from the boundary-shattering work of queer performances to the daring conjunction of childhood sexual abuse and perverse desire in the work of Dorothy Allison, Between the Body and the Flesh situates s/m as a lightning rod that stimulates discussions of censorship in the arts, the fetishization of sexual paraphernalia, recombinations of class, race, and sexuality, and the politics of psychoanalysis.

**TDR**.- 2002

**Lingua Franca**- 1999

**Staging a Cultural Paradigm**-Miriam López-Rodríguez 2002 The conflict between the political and the personal, an opposition which pervades the whole of American Literature, informs the essays on twentieth-century American theater gathered in this volume. Prominent theater scholars from Europe and America address the cultural paradigm created by the clash of private needs with public expectations. The difficulty of reconciling the two has led many dramatists to turn to the complexities of intertextuality in order to express their rebellions and rejections of inherited cultural values and myths. Essays on Arthur Miller, Sam Shepard, Susan Glaspell, H.M. Koutoukas, Dolores Prida, or Suzan Lori-Parks (to name but a few of the dramatists discussed here) reflect the vibrancy of American drama and the depth of the interaction of the political with the personal. Contents: Barbara Ozieblo: Introduction: The Political and the Personal in American Drama - Brenda Murphy: Tennessee Williams and Cold-War Politics - Ana Anton-Pacheco: Coping with the Personal: Tennessee Williams's Minimalist Plays - Gary Harrington: The Smashed Mirror: Blanche in A Streetcar Named Desire - Stuart Marlow: Interrogating The Crucible: Revisiting the Biographical, Historical and Political Sources of Arthur Miller's Play - Russell DiNapoli: Maxwell Anderson's Misuse of Poetic Discourse in Winterset - Johan Callens: Going Public, Performing Stein - Cheryl Black/Robert K. Sarlos: On the Threshold of Sexual Politics in American Theater and Drama: The Provincetown Players - Marcia Noe: The New Woman in the Plays of Susan Glaspell - Marta Fernandez-Morales: The Two Spheres in Susan Glaspell's Trifles and The Verge - Karin Ikas: The Promise and the Reality of the American Dream inMexican-American Plays - Maria Luisa Ochoa-Fernandez: Weaving the Personal and the Political in Dolores Prida's Beautiful Senoritas, Coser y Cantar and Botanica - Mar Gallego: Redefining African-American Female Space: Lorraine Hansberry's Raisin in the Sun and Ntozake Shange's for colored girls - Araceli Gonzalez-Crespan: Against - Ruby Lip and Saucy Curl: Breaking the Great Divide among Women in Beah Richards's A Black Woman Speaks - Stephen J. Bottoms: Untidying Her Passions: The Medea of H.M. Koutoukas - Antonia Rodriguez-Gago: Re-Creating Herstory: Suzan-Lori Parks's Venus - Claudia Barnett: - In Your Dreams : Deb Margolin's Fantasy/Drama - Felix Martin-Gutierrez: Fragments from the Political Unconscious in Adrienne Kennedy's Plays - La Vinia Delois Jennings: Reflection of Self as Other: Mimetic Parallels between Minstrelsy and Anna Deveare Smith's Fires in the Mirror: Crown Heights, Brooklyn and Other Identities - Katherine Weiss: Sam Shepard's Family Trilogy: Breaking Down Mythical Prisons - Ines Cuenca-Aguilar: Representations of Women in Sam Shepard's Theater - N.J. Stanley: Screamingly Funny and Terrifyingly Shocking: Paula Vogel as Domestic Detective."

**Book Review Digest**- 2001

**Polyvagal Theory in Therapy / Clinical Applications of the Polyvagal Theory Two-Book Set**-Deb A. Dana 2018-05-15 This product includes Clinical Applications of the Polyvagal Theory, edited by Stephen W. Porges and Deb Dana, and The Polyvagal Theory in Therapy by Deb Dana. The books are packaged as a shrink-wrapped set.

**TDR**.- 2009

**Lambda Book Report**- 1999

**Hardcore from the Heart**-Annie Sprinkle 2001 Pornography on or off the stage is an inflammatory issue, and one which is deeply linked to theatrical representation throughout history. Sex industry worker and performance artist Annie Sprinkle attempts to reclaim the agency of her own body.

**Performance Studies**-Erin Striff 2003

**Polyvagal Exercises for Safety and Connection: 50 Client-Centered Practices (Norton Series on Interpersonal Neurobiology)**-Deb A. Dana 2020-04-21 A practical guide to working with the principles of polyvagal theory beyond the therapy session. Deb Dana is the foremost translator of polyvagal theory into clinical practice. Here, in her third book on this groundbreaking theory, she provides therapists with a grab bag of polyvagal-informed exercises for their clients, to use both within and between sessions. These exercises offer readily understandable explanations of the ways the autonomic nervous system directs daily living. They use the principles of polyvagal theory to guide clients to safely connect to their autonomic responses and navigate daily experiences in new ways. The exercises are designed to be introduced over time in a variety of clinical sessions with accompanying exercises appropriate for use by clients between sessions to enhance the therapeutic change process. Essential reading for any therapist who wants to take their polyvagal knowledge to the next level and is looking for easy ways to deliver polyvagal solutions with their clients.

**Bibliographic Guide to Womens Studies 1998**-New York Public Library Staff 1999-08

**New Books on Women and Feminism**- 2000

**Monologues**-Clare Wallace 2006

**Books in Print, 2004-2005**- 2004

**The Polyvagal Theory: Neurophysiological Foundations of Emotions, Attachment, Communication, and Self-regulation (Norton Series on Interpersonal Neurobiology)**-Stephen W. Porges 2011-04-25 A collection of groundbreaking research by a leading figure in neuroscience.

**Polyvagal Flip Chart**-Deb Dana 2020-05-26 When clients are stuck in the cognitive experience of their story, an explanation of polyvagal theory helps to bring their attention to the autonomic experience-- to bring the importance of the biology of their experience back into awareness. Yet polyvagal theory can be challenging and intimidating to explain.This flip chart offers therapists an easy, standardized way to support clients in understanding the role of the autonomic nervous system in their lives. Using a flip chart makes psycho- education an interactive experience. Therapists can feel confident in teaching their clients polyvagal theory by following the chart.With a flip chart visible during sessions, the therapist can:remind clients of the ways the autonomic nervous system has been shaped and is active in their daily living experience,display a page corresponding to the present moment, thus anchoring that experience in the theory,keep a page of the hierarchy visible when working with a client's habitual response pattern.

**Actor's Choice**-Erin Detrick 2008 "Collection of monologues from the Playscripts, Inc. catalog of plays, representing a variety of American playwrights. The source material for each monologue may be found on the Playscripts website, where nearly the entire text of every play can be read for free. Intended for female actors"-- Provided by publisher.

**Accessing the Healing Power of the Vagus Nerve**-Stanley Rosenberg 2017-12-19 This practical guide to understanding the cranial nerves as the key to our psychological and physical well-being builds on Stephen Porges’s Polyvagal Theory—one of the most important recent developments in human neurobiology. Drawing on more than thirty years of experience as a craniosacral therapist and Rolfer, Stanley Rosenberg explores the crucial role that the vagus nerve plays in determining our psychological and emotional states and explains that a myriad of common psychological and physical symptoms—from anxiety and depression to migraines and back pain—indicates a lack of proper functioning in the vagus nerve. Through a series of easy self-help exercises, the book illustrates the simple ways we can regulate the vagus nerve in order to initiate deep relaxation, improve sleep, and recover from injury and trauma. Additionally, by exploring the link between a well-regulated vagus nerve and social functioning, Rosenberg’s findings and methods offer new hope that by improving social behavior it is possible to alleviate some of the symptoms at the core of many cases of autism spectrum disorders. Useful for psychotherapists, doctors, bodyworkers, and caregivers, as well as anyone who experiences the symptoms of chronic stress and depression, this book shows how we can optimize autonomic functioning in ourselves and others, and bring the body into the state of safety that activates its innate capacity to heal.

**Activate Your Vagus Nerve**-Navaz Habib 2019-04-02 Learn how exercising your vagus nerve, which regulates automatic functions in the body, can help you take control of your health Anatomists were stumped. How could the vagus nerve, a single nerve beginning in the brainstem, be so long and connect to so many different organs? What effects could this nerve possibly employ? With such a vast array of potential functions, what would happen if this nerve was injured or cut? This helpful guide provides all the tools you need to understand and heal your vagus nerve, the rest, digest and recovery system. You’ll learn simple yet powerful techniques to address a variety of ailments health challenges, like inflammation, gut sensitivity and brain fog, from their root causes originating with the vagus nerve. Author Dr. Navaz Habib lays out easy-to-follow daily and weekly routines to help on the path to healing, including: Breathing Techniques Exercises for Mindfulness Tools to Improve Your Digestion Functional Medicine Testing Acupuncture and Massage and more

**Peripheral Neuropathy & Neuropathic Pain**-Professor Gérard Said 2014-09-01 Written by one of the world's leading experts — Professor Gérard Said MD FRCP, Dpt de Neurologie, Hôpital de la Salpêtrière, Paris, France Peripheral neuropathy is a common medical condition, the diagnosis of which is often protracted or delayed. It is not always easy to relate a neuropathy to a specific cause. Many people do not receive a full diagnosis, their neuropathy often being described as 'idiopathic' or 'cryptogenic'. It is said that in Europe, one of the most common causes is diabetes mellitus but there are also many other known potential causes. The difficulty of diagnosis, the limited number of treatment options, a perceived lack of knowledge of the subject —except in specialised clinics, the number of which are limited — all add to the difficulties which many neuropathy patients have to face. Another additional problem for many patients is that once having received a full, or even a partial diagnosis, they are then often discharged back to their primary healthcare team who, in many instances, know little about this condition and how it may impact upon their patients' lives. In order to help bridge this gap in medical knowledge and to give healthcare providers a better understanding of this often distressing condition, The Neuropathy Trust has commissioned a new book on this complex topic. Written by one of the world's leading experts on neuropathy, Professor Gérard Said, it is a

'must read' and also a handy reference book for doctors, nurses, physiotherapists, chiropodists/podiatrists and other health professionals.As well as covering the anatomy of the nervous system and the basic pathological processes that may affect the peripheral nerves, the book covers a whole range of neuropathic conditions. These include, for example, Guillain-Barré syndrome, chronic inflammatory demyelinating polyneuropathy, vasculitic neuropathies, infectious neuropathies, diabetic and other metabolic neuropathies, hereditary neuropathies and neuropathies in patients with cancer. Given the almost explosive increase in diabetes predicted over the coming years and the high incidence of HIV infections alone, not to mention all the other possible causes of peripheral neuropathy, no self-respecting medical unit should be without a copy of this new book on their shelves. The author, Professor Gérard Said, is based in the Department of Neurology at the prestigious Hôpital de la Salpêtrière in Paris. He has devoted a lifetime to the study of peripheral neuropathy and — alongside other great neurological names — added much to the world's ever-growing store of knowledge on this complex but fascinating condition which affects so many individuals.

**Humana Festival 2007**-Adrien-Alice Lawson Hansel 2008 This collection includes every play performed at the 2007 Humana Festival of New American Plays.

**American Theatre**- 2005

**PAJ**- 1999

**American Book Publishing Record**- 2000

**From Inner Worlds to Outer Space**-Dan Kwong 2004 A controversial and entertaining collection of recent work by this acclaimed performance artist

**Staging International Feminisms**-Elaine Aston 2007-10-17 This new volume in the Studies in International Performance series looks at feminism's engagement with and relationship to global change. The contributors attempt to develop a global scholarly dialogue by using examples from a range of countries (Israel, Japan, Korea, Germany, Spain, Sweden, Italy) as well as more familiar perspectives from the US and UK. The book aims to show a variety of performance practices which are considered to be 'feminist' from a large number of representative countries and locales.

**Clinical Applications of the Polyvagal Theory: The Emergence of Polyvagal-Informed Therapies (Norton Series on Interpersonal Neurobiology)**-Stephen W. Porges 2018-06-12 Innovative clinicians share their experiences integrating Polyvagal Theory into their treatment models. Clinicians who have dedicated their work to bringing the benefits of the Polyvagal Theory to a range of clients have come together to present Polyvagal Theory in a creative and personal way. Chapters on a range of topics from compassionate medical care to optimized therapeutic relationships to clinician's experiences as parents extract from the theory the powerful influence and importance of cases and feelings of safety in the clinical setting. Additionally, there are chapters which: elaborate on the principle of safety in clinical practice with children with abuse histories explain the restorative consequences of movement, rhythm, and dance in promoting social connectedness and resilience in trauma survivors explains how Polyvagal Theory can be used to understand the neurophysiological processes in various therapies discuss dissociative processes and treatments designed to experience bodily feelings of safety and trust examine fear of flying and how using positive memories as an active "bottom up" neuroceptive process may effectively down-regulate defense shed light on the poorly understood experience of grief Through the insights of innovative and benevolent clinicians, whose treatment models are Polyvagal informed, this book provides an accessible way for clinicians to embrace this groundbreaking theory in their own work.

**Fatal Women**-Lynda Hart 1994 This cross-disciplinary study critiques constructions of gender, race, class, sexualities, and the cultural politics of the 1990s in one of the first book-length contributions to lesbian theory. Fatal Women is certain to be widely read by scholars, students, and anyone interested in the politics of representation

**Monsoon Season**-LIZZIE VIEH 2020-01-27 It's monsoon season in Phoenix, Arizona, and recently-separated couple Danny and Julia are spiraling into chaos. A strip club's flashing neon sign is keeping Danny awake at night, and Julia's Adderall addiction has only gotten worse since her dealer moved in. Danny is suffering from

micro-blackouts, and Julia keeps seeing a giant bird in her backyard. Is anyone watching their kid? This romantic comedy for a toxic world comes alive with biting humor and blinding insight.

**Dear Deb**-Margaret Terry 2012-10-08 "I want you to know that if my illness inspired you to write these stories, the cancer was worth it."—Deb What stories could possibly make cancer worth it? Stories that represent a miracle—a lifetime of miracles. Stories that changed the writer as she wrote them and stories that will touch the heart of the reader, one by one by one. Stories that are not just stories. They started out as words of encouragement to a dying woman. They turned into a collection of sparkling and intimate moments, pulled from the past to finally be understood and shared with new meaning. Story by story, letter by letter, Margaret Terry uncovered powerful pictures in her own life of the one truth that could help carry her friend Deb from this life to the next: God is at work. Together, Deb and Margaret found renewed hope in all the ways God shows up right to the very end. Which is where they found the miracle they'd been praying for all along. In each other.

**The British National Bibliography**-Arthur James Wells 2000

**Creating Solo Performance**-Sean Bruno 2014-08-27 Creating Solo Performance is an innovative toolbox of exercises and challenges focused on providing you - the performer - with engaging and inspiring ways to explore and develop your idea both on the page and in the performance space. The creation of a solo show may be the most rewarding, liberating and stressful challenge you will take on in your career. This book acts as your silent collaborator as you develop your performance, by helpfully arranging exercises under the following headings: Beginnings Creating character Generating material Using your performance space Technology Endings Collaboration Exercises can be explored in sequence, at random or according to your specific needs and interests as a performer. By enabling you to create a bespoke formula that best applies to your specific subject, area of interest, style and discipline, this book will become an indispensable resource as you produce your solo show.

**Nerve**-Taylor Clark 2011-03-06 Nerves make us bomb job interviews, first dates, and SATs. With a presentation looming at work, fear robs us of sleep for days. It paralyzes seasoned concert musicians and freezes rookie cops in tight situations. And yet not everyone cracks. Soldiers keep their heads in combat; firemen rush into burning buildings; unflappable trauma doctors juggle patient after patient. It's not that these people feel no fear; often, in fact, they're riddled with it. In Nerve, Taylor Clark draws upon cutting-edge science and painstaking reporting to explore the very heart of panic and poise. Using a wide range of case studies, Clark overturns the popular myths about anxiety and fear to explain why some people thrive under pressure, while others falter-and how we can go forward with steadier nerves and increased confidence.

**Vagus Nerve**-Robert Bright 2020-10-15 2 Books in 1 Boxset Included books: The Polyvagal Theory The Simplified Guide to Understanding the Autonomic Nervous System and the Healing Power of the Vagus Nerve - Learn to Manage Emotional Stress and PTSD Through Neurobiology Vagus Nerve Exercises Activate your Natural Healing Power to Reduce Anxiety, Depression and Stress by Accessing the Secrets of Vagus Nerve Stimulation You Will Learn The principles of Polyvagal Theory and why it's so important to understand your autonomic nervous system 9 practical exercises and body care tips you can do to activate your vagus nerve How the body regulates stress and depression and surefire ways to expedite this process Proven meditative techniques to help you stimulate the vagal nerves 6 passive methods to keep the vagus nerve active and engaged throughout your day Effective diaphragmatic exercises to get rid of stress, anxiety and panic attacks Surefire techniques and methods to treat a damaged vagus nerve ...and much more!

**Split Britches**-Sue-Ellen Case 2013-11-05 The Split Britches theatre company have led the way in innovative and challenging lesbian performance for the last decade. Split Britches: Lesbian Practice/Feminist Performance is a long awaited celebration of the theatre and writing of Lois Weaver, Peggy Shaw and Deborah Margolin, who make up this outstanding troupe. This unique anthology comes complete with: \* seven of Split Britches' best loved performance texts \* a critical, historical introduction by Sue-Ellen Case \* programme notes to accompany each of the plays \* a range of stunning photographic illustrations The publication of the Split Britches play texts, collected here for the first time, provides invaluable access to these celebrated performance pieces for both the student and contemporary arts audience.