



[PDF] True Strength: My Journey From Hercules To Mere Mortal -- And How Nearly Dying Saved My Life

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True Strength-Kevin Sorbo 2011-10-11 On television, Kevin Sorbo portrayed an invincible demigod; in his real life, a sudden health crisis left him partially blind and incapacitated at just thirty-eight years old. Yet since appearances are everything in Hollywood, he hid the full details about his condition from the press and continued to film Hercules, which was the number one TV series in the world. In this inspiring memoir, Sorbo shares the story of the crisis that ultimately redefined his measure of success. True Strength is the story of transformation, persistence, and hope in the face of seemingly insurmountable obstacles. Sorbo reflects on his childhood in Minnesota and his early acting days in Hollywood, to his charmed life as television's beloved Hercules, and where he is today. He recounts the onset of his symptoms, his frightening hospitalization, and his arduous path to recovery. With this honest account of personal tragedy and triumph, Sorbo aims to blaze a trail for those who have ever suffered acute illness or a serious setback in life and are now struggling to find their way back.

True Strength-Kevin Sorbo 2011-10-11 The star of TV's Hercules: The Legendary Journeys reveals how a series of debilitating strokes at the height of his career changed his life

True Strength-Kevin Sorbo 2011-10-11 In this inspiring memoir, the star of Hercules shares the story of the sudden aneurysm and multiple strokes that left him incapacitated—but ultimately redefined his definition of success. On television, Kevin Sorbo portrayed an invincible demigod; in his real life, an aneurysm caused strokes that left him partially blind and incapacitated at just thirty-eight years old. Yet since appearances are everything in Hollywood, he hid the full details about his condition from the press and continued to film Hercules, which was the number one TV series in the world. True Strength is the story of transformation, persistence, and hope in the face of seemingly insurmountable obstacles. Sorbo reflects on his childhood in Minnesota and his early acting days in Hollywood, to his charmed life as television's beloved Hercules, and where he is today. He recounts the onset of his symptoms, his frightening hospitalization, and his arduous path to recovery. With this honest account of personal tragedy and triumph, Sorbo aims to blaze a trail for those who have ever suffered acute illness or a serious setback in life and are now struggling to find their way back.

Toughness-Jay Bilas 2014-03-04 A popular ESPN basketball analyst and former Duke player reveals the successful work ethic he learned under Mike "Coach K" Krzyzewski, tracing his career while imparting the importance of his mentors' respective definitions of toughness to explain how they can be applied effectively to athletic and personal goals. 50,000 first printing.

Journey Into Power-Baron Baptiste 2011-08-23 New York Times bestselling author of Perfectly Imperfect Whether you are looking to lose weight, trying to increase your strength and stamina, hoping to sharpen your mental edge, or seeking to go deeper within, Baron Baptiste can take you there. Baptiste Power Yoga isn't just the ultimate workout, it's the ultimate life transformation program. Whether you are looking to lose weight, trying to increase your strength and stamina, hoping to sharpen your mental edge, or seeking to go deeper within, Baron Baptiste can take you there. Baptiste Power Yoga isn't just the ultimate workout, it's the ultimate life transformation program. In this unique and inspiring book, one of the world's most dynamic and sought-after master yoga teachers brings us the same revolutionary program for body, mind, and spirit that has changed the bodies and lives of Hollywood celebrities, all-star athletes, and millions of people just like you. In his refreshing and iconoclastic style, Baron Baptiste shows us that the key to true power is not to chase an ideal version of ourselves but to reveal the perfect self already within. Here are just some of the benefits you can expect from using this book: • Strong, lean muscles and a shedding of unwanted pounds • Laserlike mental clarity and focus • An easy release of the beliefs and habits that hold you back • An inner oasis of calm and composure • Inspiration to live authentically every day of your life Baptiste Power Yoga is the ultimate commitment that yields the ultimate transformation, as Baron's millions of students have discovered. It heals, detoxifies, and electrifies body and mind at their deepest levels. You will find your true strength, your real self, and a new way to live that is both authentic and joyful!

As You Wish-Mercy Lokulutu 2013-10-01 Surrender may seem like the least likely path to a victorious life, but in the kingdom of God it happens to be the only way. We've been conditioned to think that surrender makes us weak. But nothing is further from the truth. Surrender to God gives you access to the very life you are searching for. It gives you the power to overcome suffering, it unlocks your identity, and it helps you realize that the past cannot hold you, trials cannot destroy you, and your future is sure. With inspirational stories and practical tips, As You Wish shows you how to surrender to God, do less on your own, and rely on Him to accomplish more than you ever thought possible. Jesus did not only speak about surrender; He also lived it. He asks us to do the same. Let go of your plans, liberate your aspirations, and release the dreams you have for your life. Love the Lord your God with reckless abandon, without reservation or personal agenda. This is surrender. Every day it's saying to God, "As You wish."

Strength Renewed-Shirley Corder 2012-10-01 Nothing can sap a person's strength and hope quite like a cancer diagnosis—unless it is the energy-stealing chemotherapy and surgeries faced in the fight against cancer. But one can find hope and strength in the pages of Scripture and in the experience of someone who has been there. Strength Renewed is an encouraging devotional for those living in the valley of cancer. Meditations combine Scripture and stories from the author's own experience and can be read in sequential order to move the reader through a typical cancer journey from diagnosis through treatment. Each devotion also stands on its own, so readers can go directly to the entry that speaks to their need. Each devotional includes a short prayer and a Scripture verse for encouragement.

True Faith-Sam Sorbo 2020-01-27 Marriage, Movies, and Miracles. Oh, my! Marriage is a dance (even when you step on each other's toes), and movies are minefields of problems and politics, but miracles are more common than you might believe. Kevin and Sam show that if you keep your feet moving and your hearts focused on God's divine rhythm, you can discover successes you might never imagine. All it takes is a little faith. On Television and in film, Kevin has portrayed demi-gods and evil professors, while in his private life, he's battled his fair share of demons - the three strokes that left him nearly paralyzed and still partially blind. He credits his wife's "tough love" encouragement; nauseating, relentless optimism; and tireless, constant nagging for pulling him through some of the worst episodes in his recovery. Getting married to a fundamentally debilitated "Hercules" was something Sam never shied away from. In Kevin, she recognized the love of her life and determined to see him through thick and thin. The phrase goes, "for better or for worse," and Kevin often says, "She got the 'worse' part out of the way first!" Sam had confidence that Kevin would recover and thrive, and she put action to her faith. In their third year of married life, once doubt about Kevin's full recovery was laid aside, the near-newly-weds determined to build their family. That was going to be yet another trial for them to endure and conquer. They both credit their faith in God for pulling them through the tough times, and laying the foundation for their joy. That is how they came to make movies as a team. Christ said, "In this world you will have trouble. But take heart! I have overcome the world." (John 16:33) Throughout True Faith, the Sorbos personify this verse as they embrace the struggles they meet and use their faith to bolster their responses. Be uplifted and inspired as you join Sam and Kevin on a journey through trials and triumphs, a couple of faithful Christians who work together, learn together, grieve together, and live life as Christ advocates: abundantly.

The Strength to Let Go-Jo Henry 2015-03-20 As I stood in the sunroom looking out the window, I thought I caught some movement in our backyard. I walked out onto the slate patio and peered into the dimly lit shrubbery when suddenly a figure dressed in black from head to toe emerged pointing a gun—at me! I immediately jerked both hands above my head. "Don't shoot! Please don't shoot," I croaked. I could hear my own heart pounding in my ears. Our son, Mike had come through the front door just minutes before. I had a million questions only he could answer. How had it all come to this? Never in my wildest dreams—or nightmares—could I have imagined a SWAT team in my backyard. But I hadn't imagined our son could become addicted to drugs either. Even though I was a trained counselor, I hadn't seen disaster coming under our own roof. As we stumbled through the hell that surrounds addiction, my maternal instincts were driving me harder and harder to save Mike. I was consumed with fear as my well intentioned efforts were enabling his addiction and prolonging the inevitable. How could I find the strength to let go? Who will help Mike now? Will he find a special angel from his past to lead him out of this darkness? Will he win the battle to survive? Take a journey so real you will feel the pain and the joy of every twist and turn in the road to recovery. "If you, or someone you care for, is struggling with drugs or alcohol, Jo's willingness to share her experience is both a blessing and a gift. I encourage you to take The Strength To Let Go home, find a quiet place to read uninterrupted, and open this gift." John V. G. Mayton, retired program administrator of the DART facility, Goldsboro, NC, certified alcohol and drug counselor (CADC), and certified substance abuse counselor (CSAC).

Strength for the Journey-Jerry Falwell 1988

To Begin Again-Naomi Levy 2011-01-05 To Begin Again signals the arrival of an important new voice. In words that are as wise as they are comforting and as universal as they are specific, Rabbi Naomi Levy tells us how to survive, emotionally and spiritually, when we feel overwhelmed by grief, loss, or life itself. Her book provides a safe harbor where we can begin to reconstitute our lives. Where do we find the strength to rebuild our lives after difficult times? Is it possible to recapture our hope? Our innocence? Our faith? The answers, never simple but always inspiring, are indeed found in this wonderful book. Naomi Levy was a bright, cheerful fifteen-year-old girl who awoke to the devastating news that her father had been shot. His senseless murder shattered her belief in God and left her feeling helpless and full of rage. But, in time, she learned to fight her way through the darkness to conquer her heartbreaking pain. She describes, with humor and extraordinary honesty, how she managed to emerge victorious over sorrow. Later, in her years as the rabbi of a congregation in Venice, California, Levy quickly learned that her own painful experiences were not unique. Many of her congregants had also suffered—divorce, addiction, rape, loss, illness. They too had searched long and hard for ways to bring joy back into their lives. A natural and engaging storyteller, Levy weaves together her own story and the struggles of her congregants with the ancient lessons of great sages. She offers up exquisitely simple prayers, which—no matter what our religious beliefs—remind us that we are far, far stronger than we ever imagined. What emerges is a remarkable tapestry that teaches us how to mend our hearts and souls. To Begin Again is a book that will be passed to friends when tragedy strikes, a book that will rest at our bedside tables during troubling times. It is a testament to the human spirit—to the undying strength that enables us to make our way through whatever darkness we may face and begin living once again.

Dying to Be Me-Anita Moorjani 2014-09 In this truly inspirational memoir, Anita Moorjani relates how, after fighting cancer for almost four years, her body began shutting down—overwhelmed by the malignant cells spreading throughout her system. As her organs failed, she entered into an extraordinary near-death experience where she realized her inherent worth . . . and the actual cause of her disease. Upon regaining consciousness, Anita found that her condition had improved so rapidly that she was released from the hospital within weeks—without a trace of cancer in her body! Within these pages, Anita recounts stories of her childhood in Hong Kong, her challenge to establish her career and find true love, as well as how she eventually ended up in that hospital bed where she defied all medical knowledge. As part of a traditional Hindu family residing in a largely Chinese and British society, Anita had been pushed and pulled by cultural and religious customs since she was a little girl. After years of struggling to forge her own path while trying to meet everyone else's expectations, she had the realization, as a result of her epiphany on the other side, that she had the power to heal herself . . . and that there are miracles in the Universe that she'd never even imagined. In Dying to Be Me, Anita freely shares all she has learned about illness, healing, fear, "being love," and the true magnificence of each and every human being! This is a book that definitely makes the case that we are spiritual beings having a human experience . . . and that we are all One!

Becoming Eve-Abby Stein 2019-11-12 The powerful coming-of-age story of an ultra-Orthodox child who was born to become a rabbinic leader and instead became a woman Abby Stein was raised in a Hasidic Jewish community in Brooklyn, isolated in a culture that lives according to the laws and practices of eighteenth-century Eastern Europe, speaking only Yiddish and Hebrew and shunning modern life. Stein was born as the first son in a dynastic rabbinical family, poised to become a leader of the next generation of Hasidic Jews. But Abby felt certain at a young age that she was a girl. She suppressed her desire for a new body while looking for answers wherever she could find them, from forbidden religious texts to smuggled secular examinations of faith. Finally, she orchestrated a personal exodus from ultra-Orthodox manhood to mainstream femininity—a radical choice that forced her to leave her home, her family, her way of life. Powerful in the truths it reveals about biology, culture, faith, and identity, Becoming Eve poses the enduring question: How far will you go to become the person you were meant to be?

The Way of Kings-Brandon Sanderson 2014-03-04 Introduces the world of Roshar through the experiences of a war-weary royal compelled by visions, a highborn youth condemned to military slavery, and a woman who is desperate to save her impoverished house.

I Have Walked With the Living God-Pat Robertson 2020-07-14 A soul-searing chronicle of God's miracle power. Many know Pat Robertson as the founder of the Christian Broadcasting Network whose programs have inspired faith in thousands of viewers. But Robertson's ministry extends beyond CBS; he founded Operation Blessing which continues to provide hunger relief, safe water, orphan care, disaster relief, medical care, and development to communities in every US state and in over ninety countries. Robertson also organized The American Center for Law & Justice which has protected the rights of pro-life demonstrators as well as religious groups and individuals. In this heartwarmingly honest account, Robertson gives you an inside look at his life and legacy, and shares about the power that dwells behind what's visible. Packed with explosive truths about the reality of God, I Have Walked With the Living God lays bare Robertson's deepest feelings about a God who brings miracles into the daily lives of those who trust Him. Discover what God can do when one hard-headed businessman meets the supernatural. You will learn how the miracles of the Bible can be yours today. Read this and you will never question the existence of God again! This book shows that a walk with God can be exhilarating, rewarding, and full of promise. Your fears will fade in the presence of the Living God.

Truth Gives Strength to Wings-Katy Sudano 2020-03-19 Against an international landscape of power, affluence, control and fear, a young woman defines what it means to find strength, passion and love for life. Her choice to trust herself, and dare to take the first steps away from what she could not allow, led to acts of boldness. With the unexpected help of strangers, and guidance from her alter-ego, her journey led to an unprecedented escape to freedom.

This Is What America Looks Like-ILHAN. OMAR 2020-05-28 Ilhan Omar's career is a collection of historic firsts: she is the first refugee, the first Somali-American and one of the first two Muslim women to serve in the United States Congress. Against a xenophobic and divisive administration, she has risen to global fame as a powerful voice in the Democratic Party's new progressive chorus of congresswomen of colour. This Is What America Looks Like is a tale of the aspirations, disappointments, successes and surprises in the life of an immigrant and Muslim in the US today. This is Omar's story told on her own terms: from a childhood in Mogadishu and four long years at a Kenyan refugee camp, to her arrival in America—penniless and speaking only Somali—and her triumphant election to the US House of Representatives. In the face of merciless slander and constant attacks from opponents in both parties, Omar continues to speak up for her beliefs. Courageous, hopeful and defiant, her memoir is marked by her irrepressible spirit, even in the darkest of times.

Scarlet Discovers True Strength-Shana Muldoon Zappa 2016 "Scarlet has been keeping to herself. But she is convinced that her removal from the Star Darlings was a terrible mistake. With Vega's help she starts an investigation. Meanwhile, Ophelia is chosen to go on a Wishworld mission, for which she is hopelessly unprepared. Will Scarlet be the one to rescue Ophelia and the mission?"--Page [4] of cover.

Look at You Now-Liz Pryor 2017-06-06 "The author describes her experience hidden away by her wealthy Chicago parents in a dreary government facility for

impoverished pregnant teens after she discovered she was accidentally expecting at age 17 in 1979."--NovelList.

Warrior-Theresa Larson 2016-04-05 In this inspiring memoir, a former female Marine platoon leader recalls the wars she has fought—on the playing field, the battlefield, and inside her own soul—revealing how overcoming the harrowing circumstances in her life helped her ultimately redefine what it means to be strong and what "perfect" really is. Theresa Larson has lived multiple lives. At ten she was a caregiver to her dying mother. As an adolescent, an All-Star high school, college, and professional softball player. As a young adult, a fitness competition winner, beauty pageant contestant, and model. And as a grown woman, a high-achieving Lieutenant in the Marines, in charge of an entire platoon while deployed in Iraq. Meanwhile, Theresa was battling bulimia nervosa, an internal struggle which ultimately cut short her military service when she was voluntarily evacuated from combat. Theresa's journey to wellness required the bravery to ask for help, to take care of herself first, and abandon the idea of "perfect." In Warrior, she lays bare all of these lives in intimate and vivid detail, examining extremely personal and sometime painful moments and how, by finally accepting the help of others, she learned to make herself whole. From growing up in a log cabin outside Seattle to facing down the enemy in Iraq, Theresa's journey demonstrates that good health and happiness is a daily, intentional act that requires persistence and commitment. Theresa hopes that through sharing her story, she will help inspire others to empower themselves, embrace their inner warrior and re-define strength. Startling and funny, terrifying and triumphant, heartbreaking and inspirational, Warrior is at heart a story of perseverance and success—of a determined woman who is model for everyone struggling to conquer their own demons. Theresa shows that asking for help can be an act of courage, and that we are stronger than we think when faced with seemingly impossible odds.

They're Your Kids- 2016

More Myself-Alicia Keys 2020-03-31 An intimate, revealing look at one artist's journey from self-censorship to full expression As one of the most celebrated musicians in the world, Alicia Keys has enraptured the globe with her heartfelt lyrics, extraordinary vocal range, and soul-stirring piano compositions. Yet away from the spotlight, Alicia has grappled with private heartache—over the challenging and complex relationship with her father, the people-pleasing nature that characterized her early career, the loss of privacy surrounding her romantic relationships, and the oppressive expectations of female perfection. Since Alicia rose to fame, her public persona has belied a deep personal truth: she has spent years not fully recognizing or honoring her own worth. After withholding parts of herself for so long, she is at last exploring the questions that live at the heart of her story: Who am I, really? And once I discover that truth, how can I become brave enough to embrace it? More Myself is part autobiography, part narrative documentary. Alicia's journey is revealed not only through her own candid recounting, but also through vivid recollections from those who have walked alongside her. The result is a 360-degree perspective on Alicia's path, from her girlhood in Hell's Kitchen and Harlem to the process of growth and self-discovery that we all must navigate. In More Myself, Alicia shares her quest for truth—about herself, her past, and her shift from sacrificing her spirit to celebrating her worth. With the raw honesty that epitomizes Alicia's artistry, More Myself is at once a riveting account and a clarion call to readers: to define themselves in a world that rarely encourages a true and unique identity.

The Secret to Superhuman Strength-Alison Bechdel 2021-05-04 From the author of Fun Home, a profoundly affecting graphic memoir of Bechdel's lifelong love affair with exercise, set against a hilarious chronicle of fitness fads in our times Comics and cultural superstar Alison Bechdel delivers a deeply layered story of her fascination, from childhood to adulthood, with every fitness craze to come down the pike: from Jack LaLanne in the 60s ("Outlandish jumpsuit! Cantaloupe-sized guns!") to the existential oddness of present-day spin class. Readers will see their athletic or semi-active pasts flash before their eyes through an ever-evolving panoply of running shoes, bicycles, skis, and sundry other gear. But the more Bechdel tries to improve herself, the more her self appears to be the thing in her way. She turns for enlightenment to Eastern philosophers and literary figures, including Beat writer Jack Kerouac, whose search for self-transcendence in the great outdoors appears in moving conversation with the author's own. This gifted artist and not-getting-any-younger exerciser comes to a soulful conclusion. The secret to superhuman strength lies not in six-pack abs, but in something much less clearly defined: facing her own non-transcendent but all-important interdependence with others. A heartrendingly comic chronicle for our times.

His Mighty Strength-Randy Frazee 2021-03-16 With warmth and biblical insight, Frazee shows us how to rely on the power of the Holy Spirit just as Jesus did; respond to God's voice in decisions big and small; raise our expectations for how God's power can work through us; and break free of addictions, habits, and destructive thoughts that hold us back. The Bible promises us more than inspiration. More than influence. The Bible promises us access to the same power that raised Jesus from the dead. So what keeps us from drawing on that incredible resurrection power in our daily lives? In His Mighty Strength, popular pastor and author Randy Frazee explores Jesus' time on earth to uncover the amazing source of his strength. Jesus continually sought direction from the Father and found the power to live the Father's will through the Holy Spirit. He said yes to God every day of his earthly life—and we can too. His Mighty Strength reminds us that Jesus' resurrection power is not wishful thinking or a poetic metaphor. It's a real source of strength that we have access to right now. And when we embrace God's offering, our lives will never be the same. "This is not a watered-down self-help book—this is a powerful Gospel-centered guide to walking in the fullness of Christ. I challenge you to read this amazing book and accept the glorious gift of strength from Christ that enables us to live the abundant life God has promised us!" —Francesca Battistelli, Grammy Award-winning singer-songwriter

Diary of a Drag Queen-Crystal Rasmussen 2020-04-14 "This book changed my life. Tom Rasmussen's honesty, vulnerability, and fearlessness jump out of every page and every word. It is the queer bible I've always needed." —Sam Smith, singer and songwriter In these pages, find glamour and gaffes on and off the stage, clarifying snippets of queer theory, terrifyingly selfish bosses, sex, quick sex, KFC binges, group sex, the kind of honesty that banishes shame, glimmers of hope, blazes of ambition, tender sex, mad dashes in last night's heels plus a full face of make-up, and a rom-com love story for the ages. This is where the unspeakable becomes the celebrated. This is the diary of a drag queen—one dazzling, hilarious, true performance of a real, flawed, extraordinary life. "I hope people like me will read this and feel seen and loved by it. I hope people who aren't like me will enjoy it, laugh with it, learn from it. And I hope people who don't like me will file lawsuits just so I can wear my brand-new leopard-print skirt suit and bust their asses in court." —Crystal Rasmussen, in Refinery29

Strength for the Journey-Joseph M. Stowell 2002-01-01 Spiritual nourishment for the day-to-day journey. The Christian life is a journey filled with mountaintops and valleys. As the Christian experiences the ups and downs of this walk, a common prayer is 'Lord, give me strength.' Joseph Stowell, President of The Moody Bible Institute, presents this enriching devotional overflowing with spiritual challenges, thought-provoking questions, and keen biblical insights. Through six devotionals each week, and a Psalm for the seventh day, the reader's faith will be nourished and his spirit refreshed. As a gentle guide, Dr. Stowell spurs readers on to consistently turn to the Word of God for sustenance on this lifelong pilgrimage.

Strength in What Remains-Tracy Kidder 2009-08-25 NAMED ONE OF THE BEST BOOKS OF THE YEAR BY: Los Angeles Times • San Francisco Chronicle •Chicago Tribune • The Christian Science Monitor • Publishers Weekly In Strength in What Remains, Tracy Kidder gives us the story of one man's inspiring American journey and of the ordinary people who helped him, providing brilliant testament to the power of second chances. Deo arrives in the United States from Burundi in search of a new life. Having survived a civil war and genocide, he lands at JFK airport with two hundred dollars, no English, and no contacts. He ekes out a precarious existence delivering groceries, living in Central Park, and learning English by reading dictionaries in bookstores. Then Deo begins to meet the strangers who will change his life, pointing him eventually in the direction of Columbia University, medical school, and a life devoted to healing. Kidder breaks new ground in telling this unforgettable story as he travels with Deo back over a turbulent life and shows us what it means to be fully human. BONUS: This edition contains a Strength in What Remains discussion guide. NEW YORK TIMES BESTSELLER • Named one of the Top 10 Nonfiction Books of the year by Time • Named one of the year's "10 Terrific Reads" by O: The Oprah Magazine "Extraordinarily stirring . . . a miracle of human courage."—The Washington Post "Absorbing . . . a story about survival, about perseverance and sometimes uncanny luck in the face of hell on earth. . . . It is just as notably about profound human kindness."—The New York Times "Important and beautiful . . . This book is one you won't forget."—Portland Oregonian

Chi-Weé- 1925 Chi-Weé, who lives with her mother in a great stone pueblo on a high mesa, has numerous adventures including a kidnapping involving a goat, a trip to an ancient pueblo where she captures a bear with her friend Loki, and many other encounters.

The Road-Cormac McCarthy 2007-03-20 NATIONAL BESTSELLER WINNER OF THE PULITZER PRIZE The searing, post-apocalyptic novel about a father and son's fight to survive. A father and his son walk alone through burned America. Nothing moves in the ravaged landscape save the ash on the wind. It is cold enough to crack stones, and when the snow falls it is gray. The sky is dark. Their destination is the coast, although they don't know what, if anything, awaits them there. They have nothing; just a pistol to defend themselves against the lawless bands that stalk the road, the clothes they are wearing, a cart of scavenged food—and each other. The Road is the profoundly moving story of a journey. It boldly imagines a future in which no hope remains, but in which the father and his son, "each the other's world entire," are sustained by love. Awesome in the totality of its vision, it is an unflinching meditation on the worst and the best that we are capable of: ultimate destructiveness, desperate tenacity, and the tenderness that keeps two people alive in the face of total devastation. A New York Times Notable Book One of the Best Books of the Year The Boston Globe, The Christian Science Monitor, The Denver Post, The Kansas City Star, Los Angeles Times, New York, People, Rocky Mountain News, Time, The Village Voice, The Washington Post

Journey To Ixtlan-Carlos Castaneda 2012-04-17 Originally drawn to Yaqui Indian spiritual leader don Juan Matus for his knowledge of psychotropic plants, bestselling author Carlos Castaneda immersed himself in the sorcerer's magical world. Ten years after his first encounter with the shaman, Castaneda examines his field notes and comes to understand what don Juan knew all along—psychotropic plants are merely a means to understanding alternative realities that one cannot fully embrace on one's own. Journey to Ixtlan introduces these clear new ideas—omitted from Castaneda's classic volumes The Teachings of Don Juan and A Separate Reality—to the reader for the first time. Castaneda explores, as he comes to experience it himself, his own final voyage into the teachings of don Juan, and shares with us what it is like to truly "stop the world" and perceive reality on his own terms.

Minister Sinister Industrial Strength Comic Book-Mike Hoffman 2016-08-07 A monstrous agent from Antimatter Earth shanghai's our Crooks to be "good citizens" back home! Mike Hoffman climaxes his dark & gritty series. 102 pages, B&W.

I Know Why the Caged Bird Sings-Maya Angelou 2010-07-21 Here is a book as joyous and painful, as mysterious and memorable, as childhood itself. I Know Why the Caged Bird Sings captures the longing of lonely children, the brute insult of bigotry, and the wonder of words that can make the world right. Maya Angelou's debut memoir is a modern American classic beloved worldwide. Sent by their mother to live with their devout, self-sufficient grandmother in a small Southern town, Maya and her brother, Bailey, endure the ache of abandonment and the prejudice of the local "powhitetrash." At eight years old and back at her mother's side in St. Louis, Maya is attacked by a man many times her age—and has to live with the consequences for a lifetime. Years later, in San Francisco, Maya learns that love for herself, the kindness of others, her own strong spirit, and the ideas of great authors ("I met and fell in love with William Shakespeare") will allow her to be free instead of imprisoned. Poetic and powerful, I Know Why the Caged Bird Sings will touch hearts and change minds for as long as people read. "I Know Why the Caged Bird Sings liberates the reader into life simply because Maya Angelou confronts her own life with such a moving wonder, such a luminous dignity."—James Baldwin From the Paperback edition.

CinderGIRL-Christina Meredith 2019-03-05 Her mother called her "laundry lady," "stupid," and "slut" so often that Christina Meredith rarely heard her own name as she grew up. Now Christina devotes her name to protecting abused and neglected children so no one has to have a childhood like hers. Born into a large working-class family in upstate New York, Christina endured years of psychological and physical abuse before entering the foster care system as a teenager. With nowhere to turn after she graduated high school, Christina lived in her car for almost a year, working three jobs to survive. As she read her Bible in her car every day, always looking over her shoulder for her birth mother, Christina had no idea that in just a few years she would be crowned Ms. California. She had no idea that her suffering would one day help others find their own healing. She did know God was faithful. And she never gave up hope for a better life. In CinderGIRL, Christina tells her incredible story of leaving behind abuse and homelessness to become Ms. California and the founder of the Christina Meredith Foundation, a nonprofit organization that provides support for foster care girls living in abusive situations. With stunning vulnerability, Christina invites us into her childhood home and the heart of a child longing to be loved. She asks us to journey with her across the country and deep into a growing faith. She invites us to know more fully a God who provides, even in the most difficult situations. CinderGIRL is a gripping and inspiring story of one young woman's determination to overcome hardship in order to help others know they are not alone and they too can find wholeness after tragedy.

Poisoned-Jennifer Donnelly 2020-10-20 From Jennifer Donnelly, author of the acclaimed New York Times bestseller Stepstister, comes a fairytale retelling that'll forever change the way you think about strength, power, and the real meaning of "happily ever after."

Visions Through a Glass, Darkly-David I. Aboulaifa 2016-01-29 Two days, eighteen hours, fifty-eight minutes... The time of your life on this earth. Richard Goodman is the caretaker of a unique institution that trains disabled youth in the art of watchmaking. But he is no ordinary administrator. He possesses extra sensory powers he does not fully understand and cannot control. But an innocent outing to Coney Island results in him obtaining a more disturbing ability, along with a terrifying prophecy that he will die in less than three days. As the clock of his life counts down, a still greater threat emerges. An uncanny assassin who will destroy everyone he knows and loves. Unless he can discover who the killer is. And stop him in time.

The Ten Thousand Doors of January-Alix E. Harrow 2019-09-10 "A gorgeous, aching love letter to stories, storytellers and the doors they lead us through...absolutely enchanting."-Christina Henry, bestselling author of Alice and Lost Boys LOS ANGELES TIMES BESTSELLER! In the early 1900s, a young woman embarks on a fantastical journey of self-discovery after finding a mysterious book in this captivating and lyrical debut. In a sprawling mansion filled with peculiar treasures, January Scaller is a curiosity herself. As the ward of the wealthy Mr. Locke, she feels little different from the artifacts that decorate the halls: carefully maintained, largely ignored, and utterly out of place. Then she finds a strange book. A book that carries the scent of other worlds, and tells a tale of secret doors, of love, adventure and danger. Each page turn reveals impossible truths about the world and January discovers a story increasingly entwined with her own. Lush and richly imagined, a tale of impossible journeys, unforgettable love, and the enduring power of stories awaits in Alix E. Harrow's spellbinding debut—step inside and discover its magic.

A Friend Like Henry-Nuala Gardner 2011-08-18 This is the inspiring account of a family's struggle to break into their son's autistic world - and how a beautiful retriever dog made the real difference. Dale was still a baby when his parents realised that something wasn't right. Worried, his mother Nuala took him to see several doctors, before finally hearing the word 'autism' for the first time. Scared but determined that Dale should live a fulfilling life, Nuala describes her despair at her son's condition, her struggle to prevent Dale being excluded from a 'normal' education and her sense of hopeless isolation. Dale's autism was severe and violent and family

life was a daily battleground. But the Gardner's lives were transformed when they welcomed a gorgeous Golden Retriever into the family. The special bond between Dale and his dog Henry helped them to produce the breakthrough in Dale they had long sought. From taking a bath to saying 'I love you', Henry helped introduce Dale to all the normal activities most parents take for granted, and set him on the road to being the charming and well-adjusted young man he is today. This is a heartrending and fascinating account of how one devoted and talented dog helped a little boy conquer his autism.

Amateur-Thomas Page McBee 2019-05-14 *Shortlisted for the Baillie Gifford Prize for Nonfiction *Shortlisted for the Lambda Literary Award in Transgender Memoir/Biography *Shortlisted for the Wellcome Book Prize One of The Times UK's Best Memoirs of 2018, BuzzFeed's Best Nonfiction of 2018, Autostraddle's Best LGBT Books of 2018, Book Riot's Best Queer Books of 2018, and 52 Insight's Favorite Nonfiction Books of 2018 A "no-holds-barred examination of masculinity" (BuzzFeed) and violence from award-winning author Thomas Page McBee. In this "refreshing and radical" (The Guardian) narrative, Thomas McBee, a trans man, sets out to uncover what makes a man—and what being a "good" man even means—through his experience training for and fighting in a charity boxing match at Madison Square Garden. A self-described "amateur" at masculinity, McBee embarks on a wide-ranging exploration of gender in society, examining sexism, toxic masculinity, and privilege. As he questions the limitations of gender roles and the roots of masculine aggression, he finds intimacy, hope, and even love in the experience of boxing and in his role as a man in the world. Despite personal history and cultural expectations, "Amateur is a reminder that the individual can still come forward and fight" (The A.V. Club). "Sharp and precise, open and honest," (Women's Review of Books), McBee's writing asks questions "relevant to all people, trans or not" (New York Newsday). Through interviews with experts in neuroscience, sociology, and critical race theory, he constructs a deft and thoughtful examination of the role of men in contemporary society. Amateur is a graceful and uncompromising look at gender by a fearless, fiercely honest writer.

We Are Not from Here-Jenny Torres Sanchez 2021-05-18 A poignant novel of desperation, escape, and survival across the U.S.-Mexico border, inspired by current events. A Pura Belpré 2021 Young Adult Author Honor Book! A BookPage Best Book of 2020! A Chicago Public Library Best of the Best of 2020! A School Library Journal Best Book of 2020! A New York Public Library 2020 Top 10 Best Book for Teens! Pulga has his dreams. Chico has his grief. Pequeña has her pride. And these three teens have one another. But none of them have illusions about the town they've grown up in and the dangers that surround them. Even with the love of family, threats lurk around every corner. And when those threats become all too real, the trio knows they have no choice but to run: from their country, from their families, from their beloved home. Crossing from Guatemala through Mexico, they follow the route of La Bestia, the perilous train system that might deliver them to a better life—if they are lucky enough to survive the journey. With nothing but the bags on their backs and desperation drumming through their hearts, Pulga, Chico, and Pequeña know there is no turning back, despite the unknown that awaits them. And the darkness that seems to follow wherever they go. In this striking portrait of lives torn apart, the plight of migrants at the U.S. southern border is brought to light through poignant, vivid storytelling. An epic journey of danger, resilience, heartache, and hope. Praise for We Are Not From Here: "A fierce and tender story...Relevant, timely, and perceptive." --Margarita Engle, winner of the Pura Belpré Award and

Newbery Honor "With poignant, exhausting lyricism and heart wrenching poetic prose, Jenny Torres Sanchez digs deep and shows us the throbbing, aching corazón—the hopeful, unbreakable spirit of the embattled immigrant. A book for the starving, lost soul." --Guadalupe García McCall, Pura Belpré Award-winning author of Under the Mesquite "An incredibly powerful, soul-searing YA. [I]mportant and necessary.... I could not put this book down." --Padma Venkatraman, award-winning author of The Bridge Home "One of the most relevant and needed young adult novels of the year, a must-read." --Jennifer Mathieu, critically acclaimed author of The Liars of Mariposa Island and Moxie "An achingly beautifully story...masterfully told...Jenny Torres Sanchez is a true leader within young adult fiction." --Christina Diaz Gonzalez, award-winning author of The Red Umbrella "We Are Not From Here is absolutely stunning. It's raw and real, gritty and gorgeously told. A story that's painfully relevant today, and told with such precision and beauty, you can feel it. It's breathtaking and left me absolutely breathless." --Lauren Gibaldi, author of This Tiny Perfect World "[This] is a book that will mark your heart. Jenny Torres Sanchez challenges us to feel, empathize and understand. A searing, necessary and ultimately beautiful book." --Alexandra Villasante, critically acclaimed author of The Grief Keeper * "A brutally honest, not-to-be-missed narrative...gripping, heart-wrenching, and thrilling." --Kirkus Reviews, STARRED REVIEW * "A candid, realistic story that will leave readers thinking about the characters--and about our own world--long after the last page." --SLJ, STARRED REVIEW * "Gripping, poignant...this soul-shaking narrative [recalls] the works of Gabriel García Márquez." --Booklist, STARRED REVIEW * "A devastating read that is difficult to put down, this unforgettable book unflinchingly illuminates the experiences of those leaving their homes to seek safety in the United States." --Publishers Weekly, STARRED REVIEW

Cilka's Journey-Heather Morris 2019-10-01 From the author of the multi-million copy bestseller The Tattooist of Auschwitz comes a new novel based on a riveting true story of love and resilience. Her beauty saved her — and condemned her. Cilka is just sixteen years old when she is taken to Auschwitz-Birkenau Concentration Camp in 1942, where the commandant immediately notices how beautiful she is. Forcibly separated from the other women prisoners, Cilka learns quickly that power, even unwillingly taken, equals survival. When the war is over and the camp is liberated, freedom is not granted to Cilka: She is charged as a collaborator for sleeping with the enemy and sent to a Siberian prison camp. But did she really have a choice? And where do the lines of morality lie for Cilka, who was sent to Auschwitz when she was still a child? In Siberia, Cilka faces challenges both new and horribly familiar, including the unwanted attention of the guards. But when she meets a kind female doctor, Cilka is taken under her wing and begins to tend to the ill in the camp, struggling to care for them under brutal conditions. Confronting death and terror daily, Cilka discovers a strength she never knew she had. And when she begins to tentatively form bonds and relationships in this harsh, new reality, Cilka finds that despite everything that has happened to her, there is room in her heart for love. From child to woman, from woman to healer, Cilka's journey illuminates the resilience of the human spirit—and the will we have to survive.