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We Tell Ourselves Stories in Order to Live-Joan Didion 2006 A definitive compilation of essays and nonfiction writings spanning more than forty years includes the author's reflections on politics, lifestyle, place, and cultural figures, including her studies of Haight-Ashbury, the Manson family, the Black Panthers, California earthquakes, Bill Clinton and Kenneth Starr, and much more.

Stories We Tell Ourselves-Richard Holloway 2020-07-16 Throughout history we have told ourselves stories to try and make sense of what it all means: our place in a small corner of one of billions of galaxies, at the end of billions of years of existence. In this new book Richard Holloway takes us on a personal, scientific and philosophical journey to explore what he believes the answers to the biggest of questions are. He examines what we know about the universe into which - without any choice in the matter - we are propelled at birth and from which we are expelled at death, the stories we have told about where we come from, and the stories we tell to get through this muddling experience of life. Thought-provoking, revelatory, compassionate and playful, Stories We Tell Ourselves is a personal reckoning with life's mysteries by one of the most important and beloved thinkers of our time.

We Tell Ourselves Stories in Order to Live-Cassandra Coblentz 2013-01-01 Organized by the Museum of Contemporary Craft, the exhibition, publication, and online resources bring together work by nine Oregon-based mid-career artists. Through interviews and photographs of each artist's studios, this publication reveals critical shifts in today's artscape, the evolution of each individual artist's practice, and, more broadly, transitions as age-old juxtapositions and outmoded hierarchies of artistic media make way for new narratives and new realities of the contemporary art world.

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Having and Being Had-Eula Biss 2020-09-01 A NEW YORK TIMES EDITORS' CHOICE NAMED A BEST BOOK OF THE YEAR BY TIME , NPR, INSTYLE, AND GOOD HOUSEKEEPING "A sensational new book [that] tries to figure out whether it's possible to live an ethical life in a capitalist society. . . . The results are enthralling." —Associated Press A timely and arresting new look at affluence by the New York Times bestselling author. "My adult life can be divided into two distinct parts," Eula Biss writes, "the time before I owned a washing machine and the time after." Having just purchased her first home, the poet and essayist now embarks on a provocative exploration of the value system she has bought into. Through a series of engaging exchanges—in libraries and laundromats, over barstools and backyard fences—she examines our assumptions about class and property and the ways we internalize the demands of capitalism. Described by the New York Times as a writer who "advances from all sides, like a chess player," Biss offers an uncommonly immersive and deeply revealing new portrait of work and luxury, of accumulation and consumption, of the value of time and how we spend it. Ranging from IKEA to Beyoncé to Pokemon, Biss asks, of both herself and her class, "In what have we invested?"

Telling Stories-Joan Didion 1978 Three short stories, reprinted from various periodicals, with an introductory essay.

Lies We Tell Ourselves-Robin Talley 2016-01-26 In 1959 Virginia, Sarah, a black student who is one of the first to attend a newly integrated school, forces Linda, a white integration opponent's daughter, to confront harsh truths when they work together on a school project.

Lydia Schouten, We Tell Ourselves Stories in Order to Live-Rob Perrée 2019

The Stories We Tell Ourselves-J. Mark Thompson 2013-09-23 The Stories We Tell Ourselves: Mentalizing Tales of Dating and Marriage is about the dynamics of intimate interpersonal relationships (dating and marriage) - how and why human pairings occur, what helps them function optimally and how therapists can intervene when they don't. J. Mark Thompson and Richard Tuch employ a multidimensional perspective that provides a variety of "lenses" through which intimate relationships can be viewed. The authors also offer a new model of couples therapy based on the mentalization model of treatment developed by Peter Fonagy and his colleagues. This book is aimed at those interested in the nature of intimate relationships as well as those wishing to expand their clinical skills, whether they are conducting one-on-one therapy with individuals struggling to establish and maintain intimate relations or are conducting conjoint treatment with troubled couples who have sought the therapist's assistance. Thompson and Tuch view relationships from a wide array of different perspectives: mentalization, attachment theory, evolutionary psychology, psychoanalysis, pattern recognition (neuroscience), and role theory. A mentalization based approach to couples therapy is clearly explained in a "how to" fashion, with concrete suggestions about how the therapist goes about clinically intervening given their expanded understanding of the dynamics of intimate relations outlined in the book. The Stories We Tell Ourselves: Mentalizing Tales of Dating and Marriage will appeal to psychoanalysts, psychotherapists, psychiatrists, psychologists, clinical social workers, marriage therapists, and all those interested in both learning more about the dynamics of one-on-one intimate relationships (dating and marriage) from a truly multidimensional perspective and in learning how to conduct mentalization-based couples therapy.

I Tried to Change So You Don't Have To-Loni Love 2020-06-23 An inspiring, hilarious memoir about learning to resist the pressures of conformity, love yourself for who you are, embrace your flaws, and unlock your true potential. Now cohost of Fox's The Real and SiriusXM's Café Mocha, Loni Love hasn't taken the typical path to becoming America's favorite straight-talking girlfriend and comedian. She was not the child of Hollywood legends and she never wore a size 00. Rather, she grew up in housing projects in Detroit, more worried about affording her next meal than going on a diet. When she moved to Hollywood after graduating college with an engineering degree, seeking to break out in the entertainment world, there was nothing that would convince her to eat the kale salads and quinoa bowls that her colleagues introduced her to, which looked to Love like "weeds my grandma used to pay me a dollar to pull from her yard." Still, despite the differences that set her apart in the status-driven world of entertainment where being thin, young, blond, and bubbly is sometimes considered a talent, Love spent years trying to fit in -- trying to style her hair just so, dieting, dating the men she thought she was supposed to be with. In this book, she tells the uproariously funny story of how she overcame the trap of self-improvement and instead learned to embrace who she was. As Love writes, "There's a saying a lot of people live by: 'Fake it till you make it.' For me, it's

always been 'fake it, and then have the whole thing blow up in your face.'" I Tried to Change So You Don't Have To explores all of the embarrassing mistakes, terrifying challenges, and unexpected breakthroughs that taught her how, by committing ourselves to our own path, we can take control of our destiny.

Useful Delusions: The Power and Paradox of the Self-Deceiving Brain-Shankar Vedantam 2021-03-02 From the New York Times best-selling author and host of Hidden Brain comes a thought-provoking look at the role of self-deception in human flourishing. Self-deception does terrible harm to us, to our communities, and to the planet. But if it is so bad for us, why is it ubiquitous? In Useful Delusions, Shankar Vedantam and Bill Mesler argue that, paradoxically, self-deception can also play a vital role in our success and well-being. The lies we tell ourselves sustain our daily interactions with friends, lovers, and coworkers. They can explain why some people live longer than others, why some couples remain in love and others don't, why some nations hold together while others splinter. Filled with powerful personal stories and drawing on new insights in psychology, neuroscience, and philosophy, Useful Delusions offers a fascinating tour of what it really means to be human.

The Wonder Switch-Harris III, 2020-10-13 "A powerful, generous and unforgettable book." - Seth Godin "A wondrous lens on healing ourselves and our world in this strangest and hardest of times." - Krista Tippett We are all born with the wonder switch in the "on" position, but somewhere along the way, our wonder is crushed. And that's when we begin to live out of a self-limiting mindset that shuts down our sense of possibility and purpose. Yet reclaiming your wonder--and with it, your life--is within reach. In The Wonder Switch, join world-renowned storyteller and professional illusionist Harris III in a journey to bring you back to the magic you fear you've lost--not the sleight of hand he performs across world stages, but real magic: love, hope, joy, belonging, meaning, and purpose. One of wonder's greatest powers is that it changes the stories we tell ourselves, writes Harris. With the help of his power-packed Transformation Map, you'll gain the tools you need to switch from the old story that leaves you unfulfilled to the new story that will make you a healthier, happier, all-around better human being. In this book, you'll discover: The surprising science behind the stories we tell ourselves and how they shape our lives Practices for "righting" your story from a broken narrative to a restored narrative The secret to breaking out of a Limiting Mindset and developing a Wonder Mindset Practices for moving from complacency to curiosity Why worry is a misuse of your imagination, and how to kick the habit

Stories We Tell Ourselves-Michelle Herman 2013-03-15 The two thought-provoking, extended essays that make up Stories We Tell Ourselves draw from the author's richly diverse experiences and history, taking the reader on a deeply pleasurable walk to several unexpectedly profound destinations. A steady accumulation of fascinating science, psychoanalytic theory, and cultural history—ranging as far and wide as neuro-ophthalmology, ancient dream interpretation, and the essential differences between Jung and Freud—is smoothly intermixed with vivid anecdotes, entertaining digressions, and a disarming willingness to risk everything in the course of a revealing personal narrative. “Dream Life” plumbs the depth of dreams—conceptually, biologically, and as the nursery of our most meaningful metaphors—as it considers dreams and dreaming every whichway: from the haruspicy of the Roman Empire to contemporary sleep and dream science, from the way birds dream to the way babies do, from our longing to tell them to the reasons we wish other people wouldn’t. “Seeing Things” recounts a journey of mother and daughter—a Holmes-and-Watson pair intrepidly working their way through the mysteries of a disorder known as Alice in Wonderland Syndrome—even as it restlessly detours into the world beyond the looking glass of the unconscious itself. In essays that constantly offer layers of surprises and ever-deeper insights, the author turns a powerful lens on the relationships that make up a family, on expertise and unsatisfying diagnoses, on science and art and the pleasures of contemplation and inquiry—and on our fears, regrets, hopes, and (of course) dreams.

Man Enough-Justin Baldoni 2021-04-27 A GRIPPING, FEARLESS EXPLORATION OF MASCULINITY The effects of traditionally defined masculinity have become one of the most prevalent social issues of our time. In this engaging and provocative new book, beloved actor, director, and social activist Justin Baldoni reflects on his own struggles with masculinity. With insight and honesty, he explores a range of difficult, sometimes uncomfortable topics including strength and vulnerability, relationships and marriage, body image, sex and sexuality, racial justice, gender equality, and fatherhood. Writing from experience, Justin invites us to move beyond the scripts we've learned since childhood and the roles we are expected to play. He challenges men to be brave enough to be vulnerable, to be strong enough to be sensitive, to be confident enough to listen. Encouraging men to dig deep within themselves, Justin helps us reimagine what it means to be man enough and in the process what it means to be human.

The Love Curse of Melody McIntyre-Robin Talley 2020-12-01 Perfect for fans of Becky Albertalli and Nina LaCour, this #ownvoices romantic comedy from New York Times bestselling author Robin Talley has something for everyone: backstage rendezvous, deadly props, and a seemingly insurmountable obstacle to True Love. Melody McIntyre, stage manager extraordinaire, has a plan for everything. What she doesn't have? Success with love. Every time she falls for someone during a school performance, both the romance and the show end in catastrophe. So, Mel swears off any entanglements until their upcoming production of Les Mis is over. Of course, Mel didn't count on Odile Rose, rising star in the acting world, auditioning for the spring performance. And she definitely didn't expect Odile to be sweet and funny, and care as much about the play's success as Mel. Which means that Melody McIntyre's only plan now is trying desperately not to fall in love.

Untitled Anne Griffin-Anne Griffin 2021-04-15 Jeanie Masterson has a gift: she can hear the last words of the dead. Passed down from generation to generation, this gift means she is able to make wrongs right, to give voice to unspoken love and dying regrets. She and her father have worked happily alongside each other for years, but now he's unexpectedly announced that he wants to retire early and leave the business to her and her life is called into question. Does she really want to be married to the embalmer, or does she want to be with her childhood sweetheart, off in London? Does she want to have children, and pass this gift on to them? And does she want to be stuck in this small town, or is there more of the world she wants to see - like the South of France, where she's discovered a woman who shares her gift? Tied to her home by this unusual talent, she begins to question: what if what she's always thought of as a gift is a curse?

The Recent East-Thomas Grattan 2021-03-09 A New York Times Book Review Editors' Choice. One of O, the Oprah Magazine, Refinery29, and The Millions' Most Anticipated Books of 2021, one of Goodreads's 75 Debut Novels to Discover in 2021, and one of The Advocate's 22 LGBTQ+ Books You Absolutely Need to Read This Year "A wonderful, immersive debut novel . . . in [Thomas] Grattan's hands, life's joys are magnetic." --Patrick Nathan, The New York Times Book Review An extraordinary family saga following a mother and two teens as they navigate a new life in East Germany Shortly after the fall of the Berlin Wall, Beate Haas, who defected from East Germany as a child, is notified that her parents' abandoned mansion is available for her to reclaim. Newly divorced and eager to escape her bleak life in upstate New York, where she moved as an adult, she arrives with her two teenagers to discover a city that has become an unrecognizable ghost town. The move fractures the siblings' close relationship, as Michael, free to be gay, takes to looting empty houses and partying with wannabe anarchists, while Adela, fascinated with the horrors of the Holocaust, buries herself in books and finds companionship in a previously unknown cousin. Over time, the town itself changes—from dismantled city to refugee haven and neo-Nazi hotbed, and eventually to a desirable seaside resort town. In the midst of that change, two episodes of devastating, fateful violence come

to define the family forever. Moving seamlessly through decades and between the thoughts and lives of several unforgettable characters, Thomas Grattan’s spellbinding novel is a multigenerational epic that illuminates what it means to leave home, and what it means to return. Masterfully crafted with humor, gorgeous prose, and a powerful understanding of history and heritage, The Recent East is the profoundly affecting story of a family upended by displacement and loss, and the extraordinary debut of an empathetic and ambitious storyteller.

Let Me Tell You What I Mean-Joan Didion 2021-01-26 *A New York Times Best Seller* From one of our most iconic and influential writers: a timeless collection of mostly early pieces that reveal what would become Joan Didion's subjects, including the press, politics, California robber barons, women, and her own self-doubt. A Most Anticipated Book of 2021 from Vogue, TIME, Bustle, The New York Times and many more. These twelve pieces from 1968 to 2000, never before gathered together, offer an illuminating glimpse into the mind and process of a legendary figure. They showcase Joan Didion's incisive reporting, her empathetic gaze, and her role as "an articulate witness to the most stubborn and intractable truths of our time" (The New York Times Book Review). Here, Didion touches on topics ranging from newspapers ("the problem is not so much whether one trusts the news as to whether one finds it"), to the fantasy of San Simeon, to not getting into Stanford. In "Why I Write," Didion ponders the act of writing: "I write entirely to find out what I'm thinking, what I'm looking at, what I see and what it means." From her admiration for Hemingway's sentences to her acknowledgment that Martha Stewart's story is one "that has historically encouraged women in this country, even as it has threatened men," these essays are acutely and brilliantly observed. Each piece is classic Didion: incisive, bemused, and stunningly prescient.

What We Tell Ourselves & Other Stories-Britton Walker Edwards 2018

Book on order

Fierce Self-Compassion-Dr. Kristin Neff 2021-06-08 The author of Self-Compassion follows up her groundbreaking book with new ideas that expand our notion of self-kindness and its capacity to transform our lives, showing women how to balance tender self-acceptance with fierce action to claim their power and change the world. Kristin Neff changed how we talk about self-care with her enormously popular first book, Self-Compassion. Now, ten years and many studies later, she expands her body of work to explore a brand-new take on self-compassion. Although kindness and self-acceptance allow us to be with ourselves as we are, in all our glorious imperfection, the desire to alleviate suffering at the heart of this mindset isn't always gentle, sometimes it's fierce. We must also act courageously in order to protect ourselves from harm and injustice, say no to others so we can meet our own needs, and motivate necessary change in ourselves and society. Gender roles demand that women be soft and nurturing, not angry or powerful. But like yin and yang, the energies of fierce and tender self-compassion must be balanced for wholeness and wellbeing. Drawing on a wealth of research, her personal life story and empirically supported practices, Neff demonstrates how women can use fierce and tender self-compassion to succeed in the workplace, engage in caregiving without burning out, be authentic in relationships, and end the silence around sexual harassment and abuse. Most women intuitively recognize fierceness as part of their true nature, but have been discouraged from developing it. Women must reclaim their power in order to create a healthier society and find lasting happiness. In this wise, caring, and enlightening book, Neff shows women how to reclaim balance within themselves, so they can help restore balance in the world.

Book on order

Wide Sargasso Sea-Jean Rhys 1992 Beautiful and wealthy Antoinette Cosway's passionate love for an English aristocrat threatens to destroy her idyllic West Indian island existence and her very life

Book on order

The Stories We Tell Ourselves Book 2 Of 5-Martha Dusage 2020-03-31 Music and song are culturally universal. It allows us to connect with the harmony of our own soul. Lyrics can uplift, help us recognize that we are not alone in our challenges, and see us through the illusion of that feeling. When we begin to awaken, we become more compassionate with ourselves and each other. Healing starts with feeling better on a soul level. Music creates a pathway towards soul healing. The lighter and more open you begin to feel, synchronistic events occurring in conjunction with what you just read become noticeable. Life can flow more like a dance than a bumper car ride. Yes, bumper cars can be fun too, but not when your whole life feels like you are getting smacked around.

Book on order

The Boy Who Failed Show and Tell-Jordan Sonnenblick 2021-02-02 An unbelievably hilarious middle-grade true story from bestselling author Jordan Sonnenblick. In a typical school year, every kid has one or two things go wrong. But for Jordan, there's A LOT going wrong ALL THE TIME.Take this year. Here are some of the thing going wrong:-- His teacher hates him. Like, really hates him. Like, is totally out to get him even when he's trying to be good, and is willing to fail him on the simplest things, like show and tell.-- He has a slight breathing problem because of his asthma. And breathing is never really an optional activity.-- His pet snake has given birth to way, way, way too many baby snakes, all who need a home.-- He is finding that becoming The World's Best Drummer in no time whatsoever is maybe not the easiest goal.-- There are bullies ready to stomp him when all he has to defend himself with is a lunchbox.And all this doesn't even include the freak swing set accident, the fears inside his head, or the funniest class presentation ever. By keeping his cool (some of the time), banging on the drums (a lot), and keeping his sense of humor (all the time), Jordan's going to try to make it through the year . . . and grow up to write a book about it!

Book on order

The Stories We Tell Ourselves-Barnabas Smith 2019-06-13 The Stories We Tell Ourselves follows Barnabas Smith as he moves from observing the chaos in and around him to finding peace within. This collection is broken up into scenes reflecting the central locations and years these poems were written. As each scene closes we witness a new chapter unfold and another stage of his journey takes the foreground.

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Stories We Tell Ourselves-Sarah Françoise 2018-04-05 Frank and Joan's marriage is in trouble. Having spent thirty years failing to understand each other, Joan's frustrations have finally reached boiling point. But it's Christmas, and their three children are coming home for the holiday. So Joan determines to make things work. With the Christmas tree up, plates of mince pies artfully arranged and the obligatory poinsettia in situ, the stage is set for a traditional family Christmas. If only this family were up to the challenge. Told with wit, understanding and disarming honesty, this is a novel about the thorniness of family love and its capacity to endure.

Book on order

'The Stories We Tell Ourselves to Make Ourselves Come True'-Harriet Mary Mackintosh MacMillan 2020

Book on order

Halfway Whole and Other Lies We Tell Ourselves-Alyssa Rose Ivy 2019-06-20 Sometimes you have to get off the grid in order to stay on it... Reeling after being betrayed by the man she loved, Brooke heads as far off the grid as she can—to a lakeside cabin in the Berkshires. Expecting to bury herself in isolation she is unprepared for her intense attraction to her sexy artist neighbor. Logan is searching for something, but he doesn’t know what. At least not until Brooke moves in next store. Within days she’s stirred feelings inside of him he thought he’d never feel. With only six months together, can the two get over their past hurt and find a chance for a happily ever after? *New Adult Contemporary*

Book on order

Rabbit Angstrom-John Updike 1995 Four novels trace the life of Harry "Rabbit" Angstrom against the changing American society from the sixties to the eighties

Book on order

Inventing Afterlives-Regina M. Janes 2018-07-31 Why is belief in an afterlife so persistent across times and cultures? And how can it coexist with disbelief in an afterlife? Most modern thinkers hold that afterlife belief serves such important psychological and social purposes as consoling survivors, enforcing morality, dispensing justice, or giving life meaning. Yet the earliest, and some more recent, afterlives strikingly fail to satisfy those needs. In Inventing Afterlives, Regina M. Janes proposes

a new theory of the origins of the hereafter rooted in the question that a dead body raises: where has the life gone? Humans then and now, in communities and as individuals, ponder what they would want or experience were they in that body. From this endlessly recurring situation, afterlife narratives develop in all their complexity, variety, and ingenuity. Exploring afterlives from Egypt to Sumer, among Jews, Greeks, and Romans, to Christianity’s advent and Islam’s rise, Janes reveals how little concern ancient afterlives had with morality. In south and east Asia, karmic rebirth makes morality self-enforcing and raises a new problem: how to stop re-dying. The British enlightenment, Janes argues, invented the now widespread wish-fulfilling afterlife and illustrates how afterlives change. She also considers the surprising afterlife of afterlives among modern artists and writers who no longer believe in worlds beyond this one. Drawing on a variety of religious traditions; contemporary literature and film; primatology; cognitive science; and evolutionary psychology, Janes shows that in asking what happens after we die, we define the worlds we inhabit and the values by which we live.

Book on order

Walking with Ghosts-Gabriel Byrne 2021-01-12 “Make no mistake about it: Walking with Ghosts is a masterpiece. A book that will wring out our tired hearts. It is by turns poetic, moving, and very funny. You will find it on the shelf alongside other great Irish memoirs including those by Frank McCourt, Nuala O’Faolain and Edna O’Brien.” —Colum McCann As a young boy growing up in the outskirts of Dublin, Gabriel Byrne sought refuge in a world of imagination among the fields and hills near his home, at the edge of a rapidly encroaching city. Born to working class parents and the eldest of six children, he harbored a childhood desire to become a priest. When he was eleven years old, Byrne found himself crossing the Irish Sea to join a seminary in England. Four years later, Byrne had been expelled and he quickly returned to his native city. There he took odd jobs as a messenger boy and a factory laborer to get by. In his spare time, he visited the cinema where he could be alone and yet part of a crowd. It was here that he could begin to imagine a life beyond the grey world of 60s Ireland. He reveled in the theatre and poetry of Dublin’s streets, populated by characters as eccentric and remarkable as any in fiction, those who spin a yarn with acuity and wit. It was a friend who suggested Byrne join an amateur drama group, a decision that would change his life forever and launch him on an extraordinary forty-year career in film and theatre. Moving between sensual recollection of childhood in a now almost vanished Ireland and reflections on stardom in Hollywood and Broadway, Byrne also courageously recounts his battle with addiction and the ambivalence of fame. Walking with Ghosts is by turns hilarious and heartbreaking as well as a lyrical homage to the people and landscapes that ultimately shape our destinies.

Book on order

Caste-Isabel Wilkerson 2020 NEW YORK TIMES BESTSELLER - OPRAH'S BOOK CLUB PICK - The Pulitzer Prize-winning, bestselling author of The Warmth of Other Suns examines the unspoken caste system that has shaped America and shows how our lives today are still defined by a hierarchy of human divisions. "An instant American classic."--Dwight Garner, The New York Times "As we go about our daily lives, caste is the wordless usher in a darkened theater, flashlight cast down in the aisles, guiding us to our assigned seats for a performance. The hierarchy of caste is not about feelings or morality. It is about power—which groups have it and which do not." In this brilliant book, Isabel Wilkerson gives us a masterful portrait of an unseen phenomenon in America as she explores, through an immersive, deeply researched narrative and stories about real people, how America today and throughout its history has been shaped by a hidden caste system, a rigid hierarchy of human rankings. Beyond race, class, or other factors, there is a powerful caste system that influences people's lives and behavior and the nation's fate. Linking the caste systems of America, India, and Nazi Germany, Wilkerson explores eight pillars that underlie caste systems across civilizations, including divine will, bloodlines, stigma, and more. Using riveting stories about people—including Martin Luther King, Jr., baseball's Satchel Paige, a single father and his toddler son, Wilkerson herself, and many others--she shows the ways that the insidious undertow of caste is experienced every day. She documents how the Nazis studied the racial systems in America to plan their out-cast of the Jews; she discusses why the cruel logic of caste requires that there be a bottom rung for those in the middle to measure themselves against; she writes about the surprising health costs of caste, in depression and life expectancy, and the effects of this hierarchy on our culture and politics. Finally, she points forward to ways America can move beyond the artificial and destructive separations of human divisions, toward hope in our common humanity. Beautifully written, original, and revealing, Caste: The Origins of Our Discontents is an eye-opening story of people and history, and a reexamination of what lies under the surface of ordinary lives and of American life today.

Book on order

Resonate-Christal Earle 2014-11-18 What do you really believe about who you are? Many of us might not even be sure how to answer that question. We are often driven by the desire to draw conclusions on every event, every memory, every encounter, and organize it into one of two piles: good or bad. Is it possible that it could be less about those experiences being "good" or "bad" and more about what story we are going to choose to believe about ourselves as a result? Resonate: The Stories We Tell Ourselves is an invitation to ask some honest questions: -What do you do when life has thrown you off course? -How do you recover from loss and disappointment? -How do you face the fear that has haunted you for so long? -Where do you begin to heal and forgive when it seems too difficult? "The truth is that we are ultimately the ones that decide the stories we are going to tell ourselves. My story has grown to be about what I have chosen to tell myself and this is now my invitation to you to begin to do the same. This is me, sharing with you, how there is a path out of the confusion, the hurt, the colossal disappointment and the discombobulated mess your life can sometimes become without your permission....And along the way, hilarity and heartbreak often go hand in hand." -Christal Earle

Book on order

Becoming Real-Gail Saltz 2005 Offers advice on how to recognize and overcome the childhood stories that prevent true happiness, how to break patterns, and take control in order to promote fulfilling relationships.

Book on order

The Bright and Breaking Sea-Chloe Neill 2020-11-17 Chloe Neill brings her trademark wit and wild sense of adventure to a stunning seafaring fantasy starring a dauntless heroine in a world of magic and treachery. Kit Brightling, rescued as a foundling and raised in a home for talented girls, has worked hard to rise through the ranks of the Isles' Crown Command and become one of the few female captains in Queen Charlotte's fleet. Her ship is small, but she's fast—in part because of Kit's magical affinity to the sea. But the waters become perilous when the queen sends Kit on a special mission with a partner she never asked for. Rian Grant, Viscount Queenscliffe, may be a veteran of the Continental war, but Kit doesn’t know him or his motives—and she’s dealt with one too many members of the Beau Monde. But Kit has her orders, and the queen has commanded they journey to a dangerous pirate quay and rescue a spy who's been gathering intelligence on the exiled emperor of Gallia. Kit can lead her ship and clever crew on her own, but with the fate of queen and country at stake, Kit and Rian must learn to trust each other, or else the Isles will fall....

Book on order

Tales We Tell Ourselves- 2020-11-10 men are cocooning from the epidemic, alarmed by daily reports of death nearing their doorstep. Seeking escape from their precarious condition, they while away the time by telling each other stories.There is only one major rule: all the stories must be brilliant. Nothing less will do.Sound familiar? It should, as it describes the circumstances these people find themselves in Giovanni Boccaccio's 14th century masterpiece The Decameron.In this selection novelist and writer Carlo Gébler - who has a proven track record when it comes to the retelling of classic texts - and New Island Publisher Edwin Higel present a selection of Boccaccio's tales for a contemporary readership whose pandemic experiences mirror what Boccaccio's characters endured.In this new selection Boccaccio's original stories, which are at once frank, witty and tragic, are retold in clear modern English by a master interpreter. They continue to enchant and intrigue, a timely reminder of the transcendent power of timeless literature. Gébler's new versions do not violate or bowdlerise the original narratives; Boccaccio's stories remain recognisable - indeed he would recognise them if he read them himself.

Book on order

Fascism and Democracy-George Orwell 2020-01-21 "The feeling that the very concept of objective truth is fading out of the world ... this prospect frightens me much more than bombs' On the 70th anniversary of George Orwell's death, a new collection of his brilliant essays written during the Second World War Fascism and Democracy collects five brilliant examples of Orwell's writing during the darkest days of World War Two. Grappling with the principles of democracy and the potential of reform, the meaning of literature and free speech in times of violence, and the sustainability of objective truth, Orwell offers a compelling portrayal of a nation where norms and ideals can no longer be taken for granted. Like the best of Orwell's writing, these essays also serve as timeless reminders of the fragility of freedom.

Pro D3.js-Marcos Iglesias 2019-10-31 Go beyond the basics of D3.js to create maintainable, modular, and testable charts and to package them into a library that can be distributed as open source software or kept for private use. This book will show you how to transform regular D3.js chart code into reusable and extendable modules. You know the basics of working with D3.js, but it's time to become a professional D3.js practitioner. This book is your launching pad to refactoring code, composing complex visualizations from small components, working as a team with other developers, and integrating charts with a Continuous Integration system. You'll begin by creating a production-ready chart using D3.js v5, ES2015, and a test-driven approach and then move on to using and extending Britecharts, the reusable charting library based on Reusable API patterns. Finally, you'll see how to use D3.js along with React to document and build your charts to compose a charting library you can release into the NPM repository. With Pro D3.js, you'll become an accomplished D3.js developer in no time. What You Will Learn Create v5 D3.js charts with ES2016 and unit tests Develop modular, testable and extensible code with the Reusable API pattern Work with and extend Britecharts, a reusable charting library created at Eventbrite Use Webpack and npm to create and publish a charting library from your own chart collections Write reference documentation and build a documentation homepage for your library. Who This Book Is For Data scientists, data visualization engineers, and frontend developers with a fundamental knowledge of D3.js and some experience with JavaScript, as well as data journalists and consultants.

The Perfect Secret-Steenaa Holmes 2020-09-02 She has a killer of a secret she's just dying to tell... This page-turning, psychological suspense is a "twisted, diabolical web of deceit, manipulation, and murder that grips from the very first line," according to Samantha M. Bailey, #1 bestselling author of Woman on the Edge. Everyone has secrets-some deadlier than others. She was on cloud nine after accepting an offer of a lifetime. A simpler life than what she was accustomed to. What could go wrong? Starla Bishop learned to survive in the foster-care-to-jail system in New York City. There she learned the tools and skills she put to work later to con jewel thieves, drug traffickers, and mobsters out their fortunes. Now fresh out of her latest stint in jail, she accepts a too-good-to-refuse offer-a perfect life on a silver platter. Starla has everything she ever wished for: a simpler life, a normal life, a new start with new job, a straight job-as receptionist for Soil and Springs Landscaping run by a famous botanist. And it got even better-a whirlwind romance and engagement to her boss's charming ex-husband. But everything comes with a price. When bodies start turning up in the gardens of her employer, Soil and Springs Landscaping, Starla and her fiancé are hauled into jail for questioning. The revelation of Starla's secret,

previous life and her special skills make her a prime suspect. How much does Starla want the perfect life, and did she use her special skills to keep it, or is this just her biggest con yet? The shocking truth is closer than anyone thinks? Everyone has secrets, some worth killing for.

Godless Morality-Richard Holloway 2000-05-04 The use of God in any moral debate is so problematic as to be almost worthless. We can argue whether this or that alleged claim emanated from God, but surely it is better to leave God out of the argument altogether and find strong human reasons for supporting the systems that we advocate. Godless Morality is a refreshing, courageous and human-centred justification for contemporary morality.

The Stories We Tell Ourselves-R. Scott Gornto 2014-10-21 Change the story. Change your life. From imagined catastrophes to play-by-play interpretations of others' behavior, we are expert storytellers, quick to fill in the blanks. Unfortunately, all too often our behavior is determined by baseless suspicions, which trigger needless pain. Real life passes us by as we fall for powerful fantasies of our own creation. It doesn't have to be this way. In The Stories We Tell Ourselves, author and therapist Scott Gornto shows us how to break the cycle of false assumptions that lead to unnecessary anxiety. By taking control of our reactions to the people around us, we can learn how to be truly present in our lives as we nurture the relationships that matter most. Based on more than 20 years of research and experience, Gornto demonstrates how family narratives, media, and past experiences shape compelling story lines that blind us to reality and wreak havoc on our relationships. Through persuasive examples, he models fresh, life-enhancing approaches to engaging with friends, business associates, and loved ones alike. Don't waste your life making up stories. The Stories We Tell Ourselves is a wake-up call and a compassionate, accessible guide to transforming your relationships-and your life.