



[MOBI] The Perfectly Imperfect Home: How To Decorate And Live Well

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The Perfectly Imperfect Home - Deborah Needleman 2011 The editor-in-chief of the late cult magazine domino presents a follow-up to the best-selling domino: the book of decorating that describes 80 items that are what the author identifies as all one needs to live comfortably, practically and stylishly, from essential furnishings to aesthetic accents.

The Perfectly Imperfect Home - Deborah Needleman 2012 The Perfectly Imperfect Home is a must-have guide to choosing the 80 essential items you need for furnishing and decorating your home, expertly written by Deborah Needham, founder of Domino magazine. Featuring original watercolour illustrations of decorators' own homes, the book sets out how to select everything from the big stuff (a doted-on bed, a couch that will last generations) to quirky accents (an interesting-looking chair, a mix of textiles on a table). It is often the individual pieces, from chairs to china, mirrors to vases, that help you to express your personality, add style and beauty to a home and make everyone in it feel comfortable, glamorous and well-cared for. The inspiring design and approachable tone of The Perfectly Imperfect Home puts it a cut above the competition. Witty and wonderful essays and quick-reference sidebars highlight each of the 80 essentials, offering histories, offbeat uses and really useful styling tips. Decorating a home can be intimidating, but here are 80 essentials that make it manageable and fun.

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Perfectly Imperfect-Baron Baptiste 2016-05-03 A little over a decade ago, Baron Baptiste published his seminal book, Journey into Power. The first of its kind, it introduced the world to Baptiste Yoga, his signature method that marries a lifetime of studying with some of the world's most renowned yoga masters with his uniquely powerful approach to inner and outer transformation. Since then, yoga has steadily moved into the mainstream in our culture, and Baron's unique contribution has played a key role. As millions of participants incorporate yoga into their daily lives, Baron's teachings have evolved to bring them even deeper into their own transformative possibilities. Perfectly Imperfect: The Art and Soul of Yoga Practice takes readers beyond the foundations of the practice by speaking to everything that happens in their bodies and minds after they get into a yoga pose. That is where the true transformation occurs, and where much rich spiritual and emotional growth is available. Readers will learn how to move through their lives with grace and flow, begin again when a situation becomes difficult, "be a yes" for their innermost desires, give up what they must, follow their intuition, and find their truth north. With his signature blend of boldness, insightfulness, humor, and warmth, Baron offers what is destined to be an instant classic in the yoga and meditation world. With Perfectly Imperfect, he proves once again to be a true yoga master for the modern world.

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Perfectly Imperfect-Lee Woodruff 2010-04 With candor and clarity, Lee Woodruff chronicles her life as wife, mother, daughter, sister, and friend, highlighting such universal topics as family, raising teenagers, marriage, friends, tragedy, and how life never seems to go as planned.

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Perfect Imperfect-Karen McCartney 2016-03-23 If you have read The House that Pinterest Built, Smart Spaces, The Alchemy of Things, or Elements of Style you're going to love Perfect Imperfect. Wabi-sabi and new creative interior design expressions: Perfect Imperfect is a stunning collection of homes and studios of creatives from all over the world, with thought-provoking text by Karen McCartney and stunning visuals by Sharyn Cairns and Glen Proebstel. Perfect Imperfect takes as its founding principle the Japanese concept of wabi-sabi. Wabi-Sabi advocates the beauty to be found in imperfection, impermanence and the authentic. Importantly this is done without losing sight of the benefits of living in the 21st century; where designers are merging digital technology with the handmade, rethinking how to use space and accommodating the natural world. Creating a new interior design vocabulary: As the collaborative process for creating Perfect Imperfect involved working across continents, the authors created a list of words and phrases that define how to curate the work they include in their stunning book. Their new interior design and interior decorating vocabulary includes terms such as mutability, irregularity, unfinished and incomplete, void, the effects of accident, unpretentious, simplicity, contrasts, and Leonard Koren's idea that 'beauty can be coaxed out of ugliness'. The new words and phrases introduced by the authors define the book's visual sections: • Spirit of Nature • Strange Beauty • Mark of Hand • Deep Shadow • Weathering & Decay • And, Incomplete and Irregular A beautiful, inspirational decorative book: Perfect Imperfect is a celebration of accident, curation, collection, hesitation, collaboration, reuse, reimagining and true originality. It explores an established aesthetic in a new way and embraces current design objects alongside well-worn ones; featuring interior settings that mix comfort, design and an off-beat beauty.

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The Perfectly Imperfect Woman-Milly Johnson 2018-02-22 THE QUEEN OF FEEL-GOOD FICTION! 'With mystery, romance and humour, every page of this enjoyable tale is glorious' heat 'A lovely romantic comedy and, with its cast of colourful characters, is another masterpiece from queen of romance Milly Johnson' My Weekly 'Heartwarming' Bella From the Sunday Times bestselling author of The Queen of Wishful Thinking - a gorgeous read full of love, life and laughter. Marnie Salt has made so many mistakes in her life that she fears she will never get on the right track. But when she 'meets' an old lady on a baking chatroom and begins confiding in her, little does she know how her life will change. Arranging to see each other for lunch, Marnie finds discovers that Lilian is every bit as mad and delightful as she'd hoped - and that she owns a whole village in the Yorkshire Dales, which has been passed down through generations. And when Marnie needs a refuge after a crisis, she ups sticks and heads for Wychwell - a temporary measure, so she thinks. But soon Marnie finds that Wychwell has claimed her as its own and she is duty bound not to leave. Even if what she has to do makes her as unpopular as a force 12 gale in a confetti factory! But everyone has imperfections, as Marnie comes to realise, and that is not such a bad thing - after all, your flaws are perfect for the heart that is meant to love you. The Perfectly Imperfect Woman is a heart-warming and hilarious novel from the queen of feel-good fiction - a novel of family, secrets, love and redemption ... and broken hearts mended and made all the stronger for it. Praise for Milly Johnson: 'A glorious, heartfelt novel' ROWAN COLEMAN 'Absolutely loved it. Milly's writing is like getting a big hug with just the right amount of bite underneath. I was rooting for Bonnie from the start!' JANE FALLON 'Bursting with warmth and joie de vivre' JILL MANSELL 'Warm, optimistic and romantic' KATIE FFORDE

The Perfectly Imperfect Woman-Milly Johnson 2018-02-22 THE QUEEN OF FEEL-GOOD FICTION! 'With mystery, romance and humour, every page of this enjoyable tale is glorious' heat 'A lovely romantic comedy and, with its cast of colourful characters, is another masterpiece from queen of romance Milly Johnson' My Weekly 'Heartwarming' Bella From the Sunday Times bestselling author of The Queen of Wishful Thinking - a gorgeous read full of love, life and laughter. Marnie Salt has made so many mistakes in her life that she fears she will never get on the right track. But when she 'meets' an old lady on a baking chatroom and begins confiding in her, little does she know how her life will change. Arranging to see each other for lunch, Marnie finds discovers that Lilian is every bit as mad and delightful as she'd hoped - and that she owns a whole village in the Yorkshire Dales, which has been passed down through generations. And when Marnie needs a refuge after a crisis, she ups sticks and heads for Wychwell - a temporary measure, so she thinks. But soon Marnie finds that Wychwell has claimed her as its own and she is duty bound not to leave. Even if what she has to do makes her as unpopular as a force 12 gale in a confetti factory! But everyone has imperfections, as Marnie comes to realise, and that is not such a bad thing - after all, your flaws are perfect for the heart that is meant to love you. The Perfectly Imperfect Woman is a heart-warming and hilarious novel from the queen of feel-good fiction - a novel of family, secrets, love and redemption ... and broken hearts mended and made all the stronger for it. Praise for Milly Johnson: 'A glorious, heartfelt novel' ROWAN COLEMAN 'Absolutely loved it. Milly's writing is like getting a big hug with just the right amount of bite underneath. I was rooting for Bonnie from the start!' JANE FALLON 'Bursting with warmth and joie de vivre' JILL MANSELL 'Warm, optimistic and romantic' KATIE FFORDE

My Perfectly Imperfect Life-Irene Smit 2019-08-20 Embrace the things that make you you. From the bestselling editors at Flow magazine comes a guided journal with a welcoming, come-as-you-are message: Embrace the things that make you you, flaws and all. Charmingly illustrated and filled with activities and exercises, My Perfectly Imperfect Life inspires readers to let go of the pressure to be perfect and to celebrate quirks, slipups and imperfections rather than judge them. Here are prompts for easing up on self-criticism. For slowing down, and worrying less about accomplishments. For keeping a sense of perspective—even a playful one—when things don't go as planned. It's a thoughtful gift and an inspiring counterpoint to the too-perfectly-curated, omnipresent Instagram lifestyle.

Perfectly Imperfect-Amy Harman 2020-08-11 Proven tools for a self-love approach to body image In an age filled with polished images of models and celebrities, feeling happy and at home in your own body can be difficult. Perfectly Imperfect is your compassionate guide to developing a positive body image. It features practical, evidence-based strategies to help you transform any negative self-perceptions and heal your relationship with your body. Explore affirmations and exercises for letting go of harmful thoughts about body image, ways to improve your social environment, and tips for embracing yourself as you are. When you believe that you are worthy, regardless of what your body looks like, your self-esteem will increase. Perfectly Imperfect features: Beyond the physical--Learn to identify and appreciate the qualities and gifts that you offer the world. Self-care creates body image--Practice prioritizing holistic care of your body and mind. For every body--Find guidance to reveal the

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beauty in your body, just as it is. Dive into the factors surrounding body image and find compassionate strategies to cultivate a more positive view of yourself.

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How to Raise Perfectly Imperfect Kids and Be OK with It-Lisa Sugarman 2020-05-19 Helicopter parent, tiger parent . . . lawnmower parent? Generation Z has a reputation of entitlement, but this attitude is often fostered by parents who mow down every obstacle in their child's path, never letting them fail. In How to Raise Perfectly Imperfect Kids and Be OK with It, humorist Lisa Sugarman takes her humanistic approach to parenting Gen Z kids and tells it like it is. Sugarman reminds parents that it's okay (and beneficial) for children to confront obstacles, it's okay if your children are not perfect, and it's okay to say "No." The goal is not to raise perfect children; the goal is to raise kind, responsible adults, and it's a process. How to Raise Perfectly Imperfect Kids reminds the reader that mistakes and problems lead to lessons. Fixating on raising the smartest, fastest, most successful child will never result in a happy child (or a happy parent). With healthy doses of humor and reality, Lisa Sugarman reminds us that our kids were never meant to be perfect, and perfectly imperfect kids can become wonderful, well-rounded adults if we just allow them to grow.

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Perfectly Imperfect Family-Amie L Lands 2019-09-12 A brother shares how his family honors the life of his sister, even though she died before he was born. Oftentimes referred to as a rainbow baby, children born after the death of a sibling often wonder about the one who came before them. Perfectly Imperfect Family acknowledges the stigma associated with grief, loss, and including a baby who has died by sharing the loving ways in which a beloved baby can be celebrated during special days and every day.

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Your Messy Brilliance-Kelly McNelis 2017-10 There is no magic pill. There is no one-size-fits-all solution to your problems. There is no guru coming to save you. And there is no personal-development program that will get you to "perfect." The truth is, you don't need any of those things. You are brilliant and breathtakingly powerful, exactly as you are. The remarkable truth you are about to discover-one that you already know deep down in your bones-is that the idea of perfection can't bring you the joy, passion, and purpose you are craving. What you are looking for, as author and Women For One founder Kelly McNelis will show you, is your messy brilliance. It's the part of you that's perfectly imperfect and that contains your wholeness: the good, the bad, and the ugly. Your Messy Brilliance offers an engaging, customizable roadmap to the authentic you. In this book, you will learn to reclaim your true brilliance by embracing your flaws as the key to unlocking your deepest truth. You will also learn how your stories shape your life-and harness your power to transform the stories you tell yourself and others. This will help you move past shame and self-judgment, and develop a stronger relationship to your body, mind, and spirit. Finally, by stepping into conscious, effective choices, you will commit to a life of radical openness, authenticity, and courage-so that you transform yourself and your world. With a combination of personal experience, relatable stories from everyday women, and practical wisdom, Kelly will guide you into the most important journey you will ever take as a woman: the journey back home to your messy brilliance...and your ultimate truth! Book jacket.

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Good-Enough Mother-René Syler 2008-04-22 An Early Show anchorwoman recounts her experiences as a "proudly imperfect" mother of two, offering a reassuring portrayal of modern motherhood that suggests that children can emerge healthy and well-adjusted in spite of the concessions inherent to today's challenging work-life balance. Reprint. 50,000 first printing.

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Perfectly Imperfect-Harper Sloan 2015-11-17 **Standalone novel** Mirror, mirror ... who's the fairest of them all? I still cringe when I hear that line. A fairy tale that had girls pretending they were the fairest, the most beautiful, and the most entitled. A fairy tale most couldn't grow out of turned my haunted childhood memories into a living nightmare. Girls who grew up believing that pile of garbage became the meanest of all 'mean girls.' And those mean girls were right - it was a line meant for all the beautiful people in the world - and I knew the answer would never be me. The women with long legs, flat stomachs, and perfect chests. The type of women Kane Masters gravitated toward. Well, that's definitely not Willow Tate. No. That will never be me. Because I'm completely imperfect. And ... I hate myself. I have no idea what Kane could possibly see in someone like me when he could have them.

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How to Be Perfectly Imperfect-Candi Williams 2020-01-09 Break free from the clutches of perfectionism and start loving yourself a little more Do you feel social pressure to have the "perfect" life, the "perfect" job and the "perfect" body? Do you magnify your flaws and play down your strengths? Then this book is for you. Bursting with thought-provoking tips, tricks and affirmations, it'll help you quieten your inner critic, squash your self-doubt and be kinder to yourself. Because you are more than "good enough" - and it's time you recognized it.

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Perfectly Imperfect-Ruby Yayra Goka 2014 "Yayra Amenyoy's life is no longer perfect. These are the reasons why: She killed her father. Her mother acts like everything is normal when it isn't. Her boyfriend is on 'a break' from her. She looks like a freak. She's moved to a town far from anyone she knows. She has to repeat Form Two in SHS. Could things get any worse? Will she ever get her life to be as perfect as it once was."--Page [Four] of cover.

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Raising the Perfectly Imperfect Child-Boris Vujicic 2017-04-04 Your guide to giving your child with special needs love, roots, & wings "You may lack limbs, but don't let that define what you can or can't do." That's the life-changing advice Boris Vujicic spoke to his son, Nick, who was born without arms or legs. With the help of his parents, Nick has become an internationally known inspirational speaker, a best-selling author, the founder of the nonprofit organization Life Without Limbs and, most importantly, a loving and responsible husband and father himself. But Nick's journey didn't start there. Raising the Perfectly Imperfect Child is the inspiring, powerfully transparent story of how two unprepared and overwhelmed parents--Boris and Dushka Vujicic--overcame their grief, fears, and badly shaken faith to raise such an accomplished, faith-filled, and perfectly imperfect son. Through their stories, Boris offers practical advice and encouragement for all parents facing a "new normal" when raising a child with special needs or unique challenges. With tenderness, he addresses the spiritual, emotional, and financial challenges, and offers insights on how to equip a child for happiness and success in life. "I highly recommend Raising the Perfectly Imperfect Child to anyone who has questions about bringing up a special-needs son or daughter." --Joni Eareckson Tada, founder and CEO of Joni and Friends International Disability Center "A profoundly moving, triumphant testimony to what it means to be an extraordinary parent." --Robin Berman, MD, author of Permission to Parent: How to Raise Your Child with Love and Limits

Raising the Perfectly Imperfect Child-Boris Vujicic 2017-04-04 Your guide to giving your child with special needs love, roots, & wings "You may lack limbs, but don't let that define what you can or can't do." That's the life-changing advice Boris Vujicic spoke to his son, Nick, who was born without arms or legs. With the help of his parents, Nick has become an internationally known inspirational speaker, a best-selling author, the founder of the nonprofit organization Life Without Limbs and, most importantly, a loving and responsible husband and father himself. But Nick's journey didn't start there. Raising the Perfectly Imperfect Child is the inspiring, powerfully transparent story of how two unprepared and overwhelmed parents--Boris and Dushka Vujicic--overcame their grief, fears, and badly shaken faith to raise such an accomplished, faith-filled, and perfectly imperfect son. Through their stories, Boris offers practical advice and encouragement for all parents facing a "new normal" when raising a child with special needs or unique challenges. With tenderness, he addresses the spiritual, emotional, and financial challenges, and offers insights on how to equip a child for happiness and success in life. "I highly recommend Raising the Perfectly Imperfect Child to anyone who has questions about bringing up a special-needs son or daughter." --Joni Eareckson Tada, founder and CEO of Joni and Friends International Disability Center "A profoundly moving, triumphant testimony to what it means to be an extraordinary parent." --Robin Berman, MD, author of Permission to Parent: How to Raise Your Child with Love and Limits

Wabi Sabi-Beth Kempton 2019-04-09 The definitive guide that teaches you how to use the Japanese concept of wabi sabi to reshape every area of your life and find happiness right where you are. Fed up with the exhausting challenges of our fast-paced, consumption-driven existence, millions of people around the world are turning to timeless cultural traditions to find true meaning. In this transformative handbook, Beth Kempton introduces you to wabi sabi ("wah-bi sah-bi"), a captivating concept from Japanese aesthetics that offers a whole new way of looking at the world. With roots in Zen and the Way of Tea, wabi sabi teaches you to see beauty in

imperfection, appreciate simplicity, and accept the transient nature of all things. It inspires you to simplify everything and concentrate on what truly matters. Filled with simple yet profound wisdom, Wabi Sabi will help you slow down, reconnect with nature, and be gentler on yourself. From honoring the rhythm of the seasons to creating a welcoming home, from reframing failure to aging with grace, Wabi Sabi teaches you find more joy and inspiration throughout your perfectly imperfect life.

domino-Editors of domino 2016-11-15 From the editors of domino magazine comes your essential guide to discovering your personal style and creating a space you love. Since launching in 2005, domino has attracted a fiercely loyal following, which looks to the brand as the definitive source for decorating and style. The brand’s first book, domino: The Book of Decorating, was an immediate bestseller upon its release and has established itself as the quintessential guide to demystifying interior design. domino: Your Guide to a Stylish Home builds on the first book with a more detailed and modern perspective on how to personalize, style, and create a home you love. In a time when the flood of decorating advice and inspiration online can feel overwhelming, domino: Your Guide to a Stylish Home provides a trusted filter, using the friendly and authoritative voice of domino to teach readers about attainable, stylish design and how to make it uniquely your own. domino: Your Guide to a Stylish Home will help readers to: -Identify your personal decorating style -Find inspiration from hundreds of beautiful, inspiring photos of real homes -Style the major and minor components of your home—from textiles to table settings to art -Shop for quality pieces that will stand the test of time -Learn from domino editors and tastemakers about how to style magazine-quality looks in their own spaces domino: Your Guide to a Stylish Home takes a detailed approach to the specifics of making a space your own—the key pieces, accessories, colors, patterns, objects, decorative treatments, lighting, and art that personalize a space and truly make it a unique and stylish home. It aims to help readers achieve domino’s number one goal: creating a space you love.

Domino-Richard Cowper 2013-10-02 From the moment when young Christopher Blackburn is prevailed upon to attend a seance at The Seekers' Temple a series of seemingly inexplicable and increasingly terrifying experiences gradually convinces him that he has been singled out by some unknown power which is bent on his destruction. But why? And what can he have which has attracted the attention of the sinister Guardians? In a desperate hunt for the answers to these questions Christoper learns for himself the old truth that no man is an island; the new one that it is possible to be in two times at the same place; and the sombre one that some of us are more responsible to posterity than we care to admit!

Perfectly Imperfect-Fatimata Cham 2019-06-28 In the world we live in today there are many pressing issues ranging from mass shootings, to climate change, and the systematic abuse and oppression of minority groups. This book of poetry talks about beauty standards, issues faced by people in my community, and issues I see our world facing today. Poetry is truly a lens we can use to change the world.

The Perfectly Imperfect Match-Kendra C. Highley 2017-07-10 Pitcher Dylan Dennings has his future all mapped out: make the minors straight out of high school, work his way up the farm system, and get called up to the majors by the time he’s twenty-three. The Plan has been his sole focus for years, and if making his dreams come true means instituting a strict “ no girls” policy, so be it. Lucy Foster, needlepoint ninja, big sister to an aspiring pitcher, and chicken advocate, likes a little mayhem. So what if she gets lost taking her brother to baseball camp...at her own high school? The pitching coach, some hotshot high school player, obviously thinks she’s a hot mess. Too bad he’s cute, because he’s so not her type. Problem is, they keep running into each other, and every interaction sparks hotter than the last. But with Dylan’s future on the line, he has to decide whether some rules are made to be broken... Disclaimer: This book contains a crazy night of moonlit skinny-dipping, a combustible crush, and kisses swoony enough to unwind even the most Type A athlete. Each book in the Suttonville Sentinels series is STANDALONE: * The Bad Boy Bargain * Swinging at Love * The Perfectly Imperfect Match

I Am Perfectly Imperfect-Kaitlyn Pfeiffer 2017-12-25 GERALYN HOPE is an eight-year-old girl with dwarfism. She is a very intelligent girl who skipped two grades in school. Unfortunately, not everyone likes her. This is the extraordinary story of how she overcame this to try and change her world."If you choose kindness, you'll get through life just fine!" "Everyone has something to bring to the world!"The ten-year-old author was inspired to write this fictional book after her Make-A-Wish was granted. This story is based on some of her real life experiences.A portion of the proceeds will be donated to the Make-A-Wish Foundation.Recommended for ages 8+

Domino: The Book of Decorating-Deborah Needleman 2012-12-25 Domino: The Book of Decorating cracks the code to creating a beautiful home, bringing together inspiring rooms, how-to advice and insiders’ secrets from today’s premier tastemakers in an indispensable style manual. The editors take readers room by room, tapping the best ideas from domino magazine and culling insights from their own experiences. With an eye to making design accessible and exciting, this book demystifies the decorating process and provides the tools for making spaces that are personal, functional and fabulous.

Perfectly Imperfect-Connie Howell 2014-11-05 For a variety of reasons, many of us fall victim to perfectionism. A perfectionist doesn’t forgive his or her own mistakes. If you are a perfectionist, you can’t look away from your perceived flaws. In Perfectly Imperfect, author Connie Howell offers suggestions on how to overcome the need to be perfect and how to accept yourself as being worthy of love just as you are. Based on her personal experiences, Howell shows that by connecting with your inner guidance and universal love, you can become more peaceful, loving, and on track to fulfill your purpose in life. Perfectly Imperfect teaches the lessons: • Life is like reading a book; you never know what to expect until you turn the page • You already know everything you need to know, you just don’t know you know • Worrying about making the wrong decision is a powerful incentive to stay put and do nothing • There comes a time in life when you have to be the creator rather than a spectator • Show up for life, and it will surprise and delight you Howell communicates that lasting perfection doesn’t exist. But, she believes in excellence and doing the best you can with the knowledge that you are already good enough—be happy to be perfectly imperfect.

Kiki-Pauline Gibb 2017-11 Being born in Nishinari - a poor district of Japan - has its challenges, and for Kiki the mouse, these were more about his appearance than a lack of wealth, so his caring mother did all she could to build resilience in him before she allowed him to take his first excursion into the outside world. Protected by her wise words and a special jacket she crafts for him, he sets off one night to see the sights with his brothers and sisters. That excursion teaches him the first in a series of lessons about survival as he and his siblings are confronted by a gang of feral rats. Kiki learns valuable lessons about different personalities and the darker side of life on the streets as he ventures further and further away from home. This leads him on a quest for enlightenment, which has him stowing away on a cruise ship bound for Australia.

Wabi-Sabi Welcome-Julie Pointer Adams 2017-06-13 “An antidote to the veneer of perfectionism so often presented by books of its kind, Wabi-Sabi Welcome offers readers license to slow down and host guests with humility, intention, and contentment.” —Nathan Williams, founder of Kinfolk Wabi-Sabi Welcome is sharing a pot of tea with friends. It is preparing delicious food to nourish, not to show off. It’s keeping a basket of cozy slippers at the door for guests. It is well-worn linens, bouquets of foraged branches, mismatched silverware, and heirloom bowls infused with the spirit of meals served with love. In this lush entertaining manual, author Julie Pointer Adams invites readers into artful, easygoing homes around the world—in Denmark, California, France, Italy, and Japan—and teaches us how to turn the generous act of getting together into the deeper art of being together. In this book, readers will find: unexpected, thoughtful ideas and recipes from around the world; tips for creating an intimate, welcoming environment; guidelines for choosing enduring, natural decor for the home; and inspiring photographs from homes where wabi-sabi is woven into daily living.

You Are Incredible Just As You Are-Emily Coxhead 2020-09-03 Find happiness by embracing your perfectly imperfect self. This inspiring journal is designed to help you find your way in a world where comparison and judgement can make it hard to stay true to yourself. Using a mixture of prompts, tick boxes and space to write

down thoughts, as well as uplifting quotes and thought-provoking words, this beautifully designed book by the creator of The Happy News will help you feel more confident in yourself and less anxious about what other people think. With advice on using social media in a positive way, embracing failure, celebrating your differences and finding people who make you feel happy, this book is designed to help you be kinder to yourself. Because when you embrace your insecurities, differences, and everything that makes you unique, you’ll realise that the only person you need to be is your strong, special, perfectly imperfect self.

Hurrah for Gin-Katie Kirby 2016-10-06 This book is not a how-to-guide. It won't tell you how to get your baby to sleep, how to deal with toddler tantrums, how to be a good parent, a cool parent or even a renegade parent. It is a book about parenting that contains absolutely no useful advice whatsoever. Instead it shares beautifully honest anecdotes and illustrations from the parenting frontline that demonstrate it is perfectly possible to love your children with the whole of your heart whilst finding them incredibly irritating at the same time. From pregnancy to starting school, Hurrah For Gin takes you through the exciting, frustrating, infuriating and wonderful whirlwind of parenthood, offering solidarity and a friendly hug after a tough day. Best served with gin.

Perfectly Imperfect-D. A. Young 2016-08-09 Handsome D.C. attorney Casey Sullivan is a catch, and everyone seems to know it except his beautiful girlfriend, deejay Sidra Barton! Just the slightest mention of 'happily ever after' has her ready to run out the door without looking back. Not that she'll get far because Casey Sullivan always gets what he wants, and he wants Sidra Barton.Casey is ready to go the distance for what his heart desires, but the finish line to Sidra's heart will be an uphill journey. Together they will face their pain and fears to obtain the ultimate happiness. Unfortunately, not everyone believes they should be together and will challenge the love they've fought so hard to obtain. Guess they'll just have to learn the hard way not to get between a Sullivan and his woman.

A Perfectly Imperfect Mom-Michelle Wilson 2018 "In A Perfectly Imperfect Mom, author Michelle Wilson inspires readers to embrace three life-changing truths: Truth #1: Moms aren't perfect; Truth #2: Moms aren't perfect, but they are perfect for their kids; Truth #3: My mom's not perfect, but she's perfect for me. To those children entrusted to your care, you are perfect-imperfections and all."--

The Wabi-Sabi House-Robyn Griggs Lawrence 2004 A inspirational, illustrated design handbook draws on the ancient Japanese art of imperfect beauty, or wabi-sabi, and the aesthetic principles of Zen Buddhism to explain how to create unique home spaces that incorporate salvage materials, use artisan wares, and remove clutter to present peaceful, intimate rooms. 20,000 first printing.

Fearlessly Made You-Kristie Tobias 2021-02-16 Do you realize that you are the only person in the world who is called to live your exact life? Think about it: you are the only person who can live out your specific purpose. When life is hard and filled with trials and challenges, we would love nothing more than to have someone else take on those struggles for us. Though they may be uncomfortable, there is something honest about understanding that if you own them, those struggles can bring you to a point of realization and greater purpose than had you just given up. Fearlessly Made You: Surviving and Thriving in a Perfectly Imperfect Life takes you through the honest, authentic, and, dare we say, chaotic trials in the life of Kristie Tobias. Kristie is a seasoned healthcare and business consultant, a national speaker, a nonprofit board member, an advisor to the mayor of Pensacola, Florida, and a former Miss North Carolina International, all of which she achieved before reaching the age of thirty-five. Professionally, Kristie has broken down the barriers that young minority women struggle through to reach her goals. The journey has not been easy. At twenty years old, after years of sexual abuse and trauma, Kristie was diagnosed with post-traumatic stress disorder (PTSD). Kristie takes us through the realistic, messy, sometimes dark, but ultimately inspiring journey of her struggles with PTSD; her challenges with just trying to thrive in life when every obstacle seemed to bring her down; and her complicated relationship with her own self-worth, goals, and expectations. Fearlessly Made You isn't just about Kristie, it's about you. It's about understanding that your unique purpose in this life is not for life to be easy but to own the journey that is laid out for you and the direction you choose to take. Fearlessly Made You shows you that you don't have to always be perfect or wake up at the crack of dawn every morning to accomplish your goals. Your journey looks different to you than it does to anyone else, and Kristie encourages you to embrace your journey and not allow challenges to keep you from pushing forward through the struggles to live out your purpose.

The Food Lab: Better Home Cooking Through Science-J. Kenji López-Alt 2015-09-21 A New York Times Bestseller Winner of the James Beard Award for General Cooking and the IACP Cookbook of the Year Award "The one book you must have, no matter what you’re planning to cook or where your skill level falls."—New York Times Book Review Ever wondered how to pan-fry a steak with a charred crust and an interior that’s perfectly medium-rare from edge to edge when you cut into it? How to make homemade mac 'n' cheese that is as satisfyingly gooey and velvety-smooth as the blue box stuff, but far tastier? How to roast a succulent, moist turkey (forget about brining!)—and use a foolproof method that works every time? As Serious Eats’s culinary nerd-in-residence, J. Kenji López-Alt has pondered all these questions and more. In The Food Lab, Kenji focuses on the science behind beloved American dishes, delving into the interactions between heat, energy, and molecules that create great food. Kenji shows that often, conventional methods don’t work that well, and home cooks can achieve far better results using new—but simple—techniques. In hundreds of easy-to-make recipes with over 1,000 full-color images, you will find out how to make foolproof Hollandaise sauce in just two minutes, how to transform one simple tomato sauce into a half dozen dishes, how to make the crispiest, creamiest potato casserole ever conceived, and much more.

Over and Under the Rainforest-Kate Messner 2020-08-11 Part of the critically acclaimed Over and Under series! Award-winning duo Kate Messner and Christopher Silas Neal take readers on a thrilling tour of one of the most diverse ecosystems on planet earth: the rainforests of Central America. Discover the wonder that lies hidden among the roots, above the winding rivers, and under the emerald leaves of the rainforest. • Features animals like the slender parrot snake to the blue morpho butterfly • Explores the canopies, where toucans and pale-billed woodpeckers chatter and call • Other animals include capuchin monkeys who swing from vines and slow-moving sloths who wait out daily thunderstorms Under the canopy of the rainforest hundreds of animals make their homes, but up in the leaves hides another world. This stunning read is perfect for kids who can't get enough of the rainforest and all the animals living in it. • Equal parts educational and beautiful, this book is perfect for parents and grandparents, as well as librarians, science teachers, and educators. • A great book for kids who love nature, rainforests, animals, and learning more about the world • Perfect for children ages 5 to 8 years old • You'll love this book if you love books like The Big Book of Bugs by Yuval Zommer, The Animal Book by Lonely Planet Kids, and A Butterfly Is Patient by Dianna Aston.

Freedom Seeker-Beth Kempton 2017-04-04 Do you feel stressed, exhausted and weighed down by responsibility? Are you itching to do something different, but don’t know what or how? Is fear holding you back from living the life you want?Beth Kempton went from being a life-loving, risk-taking adventurer to a grown-up, settled-down mother, wife and business owner, before realizing the life she had built was suffocating her. She set out on a journey to find personal freedom, and along the way encountered many others who were also feeling trapped – by their circumstances, relationships, finances, beliefs, doubts and fears.Freedom Seeker brings together the insights, techniques and wisdom that Beth learned on her journey to freedom, including her unique system of 8 Freedom Keys which will help you to: •Get clarity on what really matters to you •Figure out how to live the life you want, whatever your circumstances •Make a shift from worry and fear to feeling alive and inspired •Find the courage and confidence to shape your future •Reignite old passions, and discover new ones •Feel much freer, and happier, every single dayFull of profound lessons, powerful exercises and inspiring tales, this honest and courageous book will help you to live more, worry less and find a way to do what you love, every day.

Perfectly Imperfect-Ailsa Robson 2019-01-03 Do you wonder if you are ever going to feel 'good enough'? Ailsa bares all in her raw journal entries written whilst raising her babies, often alone, due to her husband's Fly In and Fly Out (FIFO) work commitments. She reflects on the golden and gut-wrenching moments of mothering and life, whilst contemplating how she feels about her relationships and her ever-changing body. If you hate dieting and want to like yourself more, feel stuck in your own unrealistic expectations, and often care more for others than yourself; you are not alone. Ailsa offers an alternative to striving to be the best version of yourself –

instead embrace your dodgy bits and give thanks. This is Ailsa's first book, originally written in the form of a private blog, as a cathartic escape from her ever changing life. This collection of raw reflections were never meant to be shared publicly but with hindsight it's apparent that Ailsa's stories resonate with women as they ask themselves the universal questions am I good enough? and am I alone in my feelings? Delve in and you will discover: - you are not alone-you are simply doing your best-and you do not need to apologise for your 'imperfections' Ailsa Robson is a water baby, incessant musier and writer, and someone who always looks for the silver lining. She lives in the Adelaide Hills, South Australia, with her family and their feisty tabby cat. Ailsa is a passionate advocate for Health At Every Size principles and shakes her tail-feather with joy, regardless of how big her butt is. She runs her own private psychotherapy practice, and can often be seen in less than sharp active-wear, during walk and talk therapy sessions with clients. What readers are saying Through sharing her innermost thoughts, pain and internal conflict, Ailsa will unsettle you and challenge you at times. And she will offer valuable insights, which no doubt will play a part in the reader's own transformation. - Dr Cate Howell I admire Ailsa for sharing her deeply personal story with others. Her journey has resonated with me on many levels and I know other readers will feel the same. It is raw, touching and inspiring. - Tania Whether you are a self-awareness journey-person, someone who enjoys diary/blog reading or simply curious folk, this book helps to keep it real, and lets others in on life where we can all be less than perfect mums, friends, partners or lovers. The vulnerability shown is a strength because everyone is facing their own version of pain/trauma/trouble. - Cate This book spoke to me. So much of what Ailsa wrote, I could relate to in my life. Not just the parts about body image and weight-loss and the struggle to be perfect but also when she spoke about marriage and the struggle to keep romance alive when you have young kids and your focus is elsewhere. I feel like I've made a new friend through reading this book. - Renee

The \$50 Home Makeover-Shaunna West 2014-06-15 Stunning and easy projects for less than \$50 each! With The \$50 Home Makeover, you can finally turn your living space into your home! This inspiring book offers 75 fun and creative ideas that will help give your place the stylish, modern look that you've always wanted--without having to spend a fortune. Each of these imaginative ideas cost less than \$50 to bring to life and will beautify your space in unexpected ways. From an Antique Door Table to Reclaimed Wood Wall Art, each crafty home makeover project includes: Step-by-step instructions with full-color photographs. A key to denote how long a project takes, how much it costs, and the level of difficulty. Before-and-after photos of the finished product. With the trendy yet inexpensive projects in The \$50 Home Makeover, you'll finally get to make those big improvements that you've been dreaming of--all while saving hundreds of dollars!

Make Something Good Today-Erin Napier 2018-10-02 From Ben and Erin Napier, the stars of the hit HGTV show Home Town, comes Make Something Good Today, a memoir that tells us all to seek out the good in life, celebrate the beauty of family and friends, and prosper within our communities because everything we need in life to be happy, is within our grasp. Long before their hugely popular TV show, an expanding family, or demolition day on their dream home, Erin began keeping a daily online journal to help her stay focused on the positive and count her blessings in life. She never expected that her depictions of small-town life in the tiny swath of Mississippi where she Ben call home would catch the eye of a television producer and set them off on the journey of a lifetime. Make Something Good Today offers a behind-the-scenes glimpse into the struggles and triumphs of a couple that America has come to know and love for their easy humor, adoring relationship, and ability to utterly transform a place into something beautiful and personal. This is the poignant story of how Erin and Ben took a small, tight-knit town into their own hands

(literally) and used ingenuity, community, and authenticity to rebuild a once-thriving American Main Street. And how, by combining Ben's carpentry skills with Erin's design eye, Home Town is making it clear to us all that small-town living can feel as big as you make it. Complete with family photographs, Erin's hand-painted sketches, and never-before-heard personal stories, this inspirational memoir reminds us all not to give up hope that great love stories are possible, big things can bloom in small towns, and there is always magic in the ordinary if you know where to look for it.

Joyful Mending-Noriko Misumi 2020-03-17 Joyful Mending shows you how to fix old items of clothing, linens and household objects by turning tears and flaws into beautiful features. Simply by applying a few easy sewing, darning, felting, or crocheting techniques, as well as some sashiko and other favorite embroidery stitches, you can repair your favorite pieces in a transformative way. These techniques don't just save you money, but make your life more joyful, fulfilling and sustainable in an age of disposable "fast fashion." Author Noriko Misumi teaches you her philosophy of mending and reusing items based on the age-old Japanese concepts of mindfulness and Wabi Sabi (an appreciation of old and imperfect things). In her book, she shows you how to: Repair any kind of fabric that is torn, ripped or stained—whether knitted or woven Work with damaged flat or curved surfaces to make them aesthetically pleasing again Create repairs that blend in, as well as bold or whimsical visible repairs Darn your handmade or expensive gloves, sweaters and socks to make them look great again The joy to be found in working with your hands and the personal artistry you discover within yourself lie at the heart of this book. While nothing lasts forever, there's pleasure, as well as purpose, in appreciating age and imperfection. Joyful Mending allows you to surround yourself with the things that truly give you joy, whether they were given to you by a loved one, picked up in your travels or simply have a special place in your heart.

People Like Her-Ellery Lloyd 2021-01-12 A razor-sharp, wickedly smart suspense debut about an ambitious influencer mom whose soaring success threatens her marriage, her morals, and her family's safety. Followed by Millions, Watched by One To her adoring fans, Emmy Jackson, aka @the_mamabare, is the honest "Instamum" who always tells it like it is. To her skeptical husband, a washed-up novelist who knows just how creative Emmy can be with the truth, she is a breadwinning powerhouse chillingly brilliant at monetizing the intimate details of their family life. To one of Emmy's dangerously obsessive followers, she's the woman that has everything—but deserves none of it. As Emmy's marriage begins to crack under the strain of her growing success and her moral compass veers wildly off course, the more vulnerable she becomes to a very real danger circling ever closer to her family. In this deeply addictive tale of psychological suspense, Ellery Lloyd raises important questions about technology, social media celebrity, and the way we live today. Probing the dark side of influencer culture and the perils of parenting online, People Like Her explores our desperate need to be seen and the lengths we'll go to be liked by strangers. It asks what—and who—we sacrifice when make our private lives public, and ultimately lose control of who we let in. . . .