



Download Mastering The Art Of Soviet Cooking: A Memoir Of Food And Longing

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all, 300 glorious recipes, illustrated throughout in dazzling color. iEstupendo!

Mastering the Art of Soviet Cooking-Anya Von Bremzen 2013-09-17 A James Beard Award-winning writer captures life under the Red socialist banner in this wildly inventive, tragicomic memoir of feasts, famines, and three generations Born in 1963, in an era of bread shortages, Anya grew up in a communal Moscow apartment where eighteen families shared one kitchen. She sang odes to Lenin, black-marketeered Juicy Fruit gum at school, watched her father brew moonshine, and, like most Soviet citizens, longed for a taste of the mythical West. It was a life by turns absurd, naively joyous, and melancholy—and ultimately intolerable to her anti-Soviet mother, Larisa. When Anya was ten, she and Larisa fled the political repression of Brezhnev-era Russia, arriving in Philadelphia with no winter coats and no right of return. Now Anya occupies two parallel food universes: one where she writes about four-star restaurants, the other where a taste of humble kolbasa transports her back to her scarlet-blazed socialist past. To bring that past to life, Anya and her mother decide to eat and cook their way through every decade of the Soviet experience. Through these meals, and through the tales of three generations of her family, Anya tells the intimate yet epic story of life in the USSR. Wildly inventive and slyly witty, Mastering the Art of Soviet Cooking is that rare book that stirs our souls and our senses.

Mastering the Art of Soviet Cooking-Anya von Bremzen 2013-09-12 Born in a surreal Moscow communal apartment where eighteen families shared one kitchen, Anya von Bremzen grew up singing odes to Lenin, black-marketeering Juicy Fruit gum at school, and longing for a taste of the mythical West. It was a life by turns absurd, drab, naively joyous, melancholy and, finally, intolerable. In 1974, when Anya was ten, she and her mother fled to the USA, with no winter coats and no right of return. These days, Anya is the doyenne of high-end food writing. And yet, the flavour of Soviet kolbasa, like Proust's madeleine, transports her back to that vanished Atlantis known as the USSR. In this sweeping, tragicomic memoir, Anya recreates seven decades of the Soviet experience through cooking and food, and reconstructs a moving family history spanning three generations. Her narrative is embedded in a larger historical epic: Lenin's bloody grain requisitioning, World War II starvation, Stalin's table manners, Khrushchev's kitchen debates, Gorbachev's disastrous anti-alcohol policies and the ultimate collapse of the USSR. And all of this is bound together by Anya's sardonic wit, passionate nostalgia and piercing observations. Mastering the Art of Soviet Cooking is a book that stirs the soul as well as the senses.

MASTERING THE ART OF SOVIET COOKING-ANYA VON BREMZEN 2013-09-24

Please to the Table-Anya Von Bremzen 1990-01-01 More than 350 recipes from all fifteen republics of the Soviet Union offer samples of the country's vast diversity—from the robust foods of the Baltic states, to the delicate pilafs of Azerbaijan

Food in Russian History and Culture-Musya Glants 1997 This Collection of Original Essays gives surprising insights into what foodways reveal about Russia's history and culture from Kievan times to the present. A wide array of sources - including chronicles, diaries, letters, police records, poems, novels, folklore, paintings, and cookbooks - help to interpret the moral and spiritual role of food in Russian culture. Stovolore in Russian folklore, fasting in Russian peasant culture, food as power in Dostoevsky's fiction, Tolstoy and vegetarianism, restaurants in early Soviet Russia, Soviet cookery and cookbooks, and food as art in Soviet paintings are among the topics discussed in this appealing volume.

The Master and Margarita-Mikhail Bulgakov 2004-07-26 A mysterious stranger appears in a Moscow park. Soon he and his retinue have astonished the locals with the magic show to end all magic shows. But why are they really here, and what has it got todo with the beautiful Margarita, or her lover, the Master, a silenced writer? A carnival for the senses and a diabolical extravaganza, this most exuberant of Russian novels was staged in this adaptation at Chichester Festival Theatre.

Mastering the Art of French Cooking, Volume 1-Julia Child 2011-10-05 For over fifty years, this New York Times bestseller has been the definitive cookbook on French cuisine for American readers. It deserves a place of honor in every kitchen. Featuring 524 delicious recipes and over 100 instructive illustrations to guide readers every step of the way, Mastering the Art of French Cooking offers something for everyone, from seasoned experts to beginners who love good food and long to reproduce the savory delights of French cuisine. Julia Child, Simone Beck, and Louisette Bertholle break down the classic foods of France into a logical sequence of themes and variations rather than presenting an endless and diffuse catalogue of dishes—from historic Gallic masterpieces to the seemingly artless perfection of a dish of spring-green peas. Throughout, the focus is on key recipes that form the backbone of French cookery and lend themselves to an infinite number of elaborations—bound to increase anyone’s culinary repertoire. “Julia has slowly but surely altered our way of thinking about food. She has taken the fear out of the term ‘haute cuisine.’ She has increased gastronomic awareness a thousandfold by stressing the importance of good foundation and technique, and she has elevated our consciousness to the refined pleasures of dining.” —Thomas Keller, The French Laundry

Great Plains-Ian Frazier 2001-05-04 National Bestseller With his unique blend of intrepidity, tongue-in-cheek humor, and wide-eyed wonder, Ian Frazier takes us on a journey of more than 25,000 miles up and down and across the vast and myth-inspiring Great Plains. A travelogue, a work of scholarship, and a western adventure, Great Plains takes us from the site of Sitting Bull’s cabin, to an abandoned house once terrorized by Bonnie and Clyde, to the scene of the murders chronicled in Truman Capote’s In Cold Blood. It is an expedition that reveals the heart of the American West.

Travels in Siberia-Ian Frazier 2010-10-12 A Dazzling Russian travelogue from the bestselling author of Great Plains In his astonishing new work, Ian Frazier, one of our greatest and most entertaining storytellers, trains his perceptive, generous eye on Siberia, the storied expanse of Asiatic Russia whose grim renown is but one explanation among hundreds for the region’s fascinating, enduring appeal. In Travels in Siberia, Frazier reveals Siberia’s role in history—its science, economics, and politics—with great passion and enthusiasm, ensuring that we’ll never think about it in the same way again. With great empathy and epic sweep, Frazier tells the stories of Siberia’s most famous exiles, from the well-known—Dostoyevsky, Lenin (twice), Stalin (numerous times)—to the lesser known (like Natalie Lopukhin, banished by the empress for copying her dresses) to those who experienced unimaginable suffering in Siberian camps under the Soviet regime, forever immortalized by Aleksandr Solzhenitsyn in The Gulag Archipelago. Travels in Siberia is also a unique chronicle of Russia since the end of the Soviet Union, a personal account of adventures among Russian friends and acquaintances, and, above all, a unique, captivating, totally Frazierian take on what he calls the “amazingness” of Russia—a country that, for all its tragic history, somehow still manages to be funny. Travels in Siberia will undoubtedly take its place as one of the twenty-first century’s indispensable contributions to the travel-writing genre.

Warped Mourning-Alexander Etkind 2013-03-06 After Stalin’s death in 1953, the Soviet Union dismantled the enormous system of terror and torture that he had created. But there has never been any Russian ban on former party functionaries, nor any external authority to dispense justice. Memorials to the Soviet victims are inadequate, and their families have received no significant compensation. This book’s premise is that late Soviet and post-Soviet culture, haunted by its past, has produced a unique set of memorial practices. More than twenty years after the collapse of the Soviet Union, Russia remains “the land of the unburied”: the events of the mid-twentieth century are still very much alive, and still contentious. Alexander Etkind shows how post-Soviet Russia has turned the painful process of mastering the past into an important part of its political present.

CCCP Cook Book-Olga Syutkin 2015 This book contains over 60 recipes, each introduced with an insightful historical story or anecdote, and an accompanying image, spanning such delicacies as aspic, borscht, caviar and herring, by way of bird’s milk cake and pelmeni. As the Soviet Union struggled along the path to Communism, food supplies were often sporadic and shortages commonplace. Day to day living was hard, both the authorities and their citizens had to apply every ounce of ingenuity to maximize often inadequate resources. The stories and recipes contained here reflect these turbulent times: from basic substance meals consumed by the average citizen (okroshka), to extravagant banquets held by the political elite (suckling pig with buckwheat), and a scattering of classics (beef stroganoff) in between. Illustrated using images sourced from original Soviet recipe books collected by the author. Many of these sometimes extraordinary-looking pictures depicted dishes whose recipes used unobtainable ingredients, placing them firmly in the realm of ‘aspirational’ fantasy for the average Soviet household. In their content and presentation the pictures themselves act as a window into cuisine of the day, in turn revealing the unique political and social attitudes of the era.

The Total Art of Stalinism-Boris Groys 2014-05-27 From the ruins of communism, Boris Groys emerges to provoke our interest in the aesthetic goals pursued with such catastrophic consequences by its founders. Interpreting totalitarian art and literature in the context of cultural history, this brilliant essay likens totalitarian aims to the modernists’ goal of producing world-transformative art. In this new edition, Groys revisits the debate that the book has stimulated since its first publication. From the Trade Paperback edition.

In Search of Melancholy Baby-Vasilii Aksenov 1989 The Russian author offers an affectionate chronicle of life in the United States, with discussions of such topics as the European charm of Washington, D.C., and the American immigration bureaucracy

A Gentleman in Moscow-Amor Towles 2019-03 The mega-bestseller with more than 1.5 million readers that is soon to be a major television series “The novel buzzes with the energy of numerous adventures, love affairs, [and] twists of fate.” --The Wall Street Journal He can't leave his hotel. You won't want to. From the New York Times bestselling author of Rules of Civility—a transporting novel about a man who is ordered to spend the rest of his life inside a luxury hotel. In 1922, Count Alexander Rostov is deemed an unrepentant aristocrat by a Bolshevik tribunal, and is sentenced to house arrest in the Metropol, a grand hotel across the street from the Kremlin. Rostov, an indomitable man of erudition and wit, has never worked a day in his life, and must now live in an attic room while some of the most tumultuous decades in Russian history are unfolding outside the hotel's doors. Unexpectedly, his reduced circumstances provide him an entry into a much larger world of emotional discovery. Brimming with humor, a glittering cast of characters, and one beautifully rendered scene after another, this singular novel casts a spell as it relates the count's endeavor to gain a deeper understanding of what it means to be a man of purpose.

Russian Tattoo-Elena Gorokhova 2015-01-06 Finalist for the William Saroyan International Prize for Writing From the bestselling author of A Mountain of Crumbs, a “brilliant and illuminating” (BookPage) portrait of mothers and daughters that reaches from Cold War Russia to modern-day New Jersey to show how the ties that hold you back can also teach you how to start over. Elena Gorokhova moves to the US in her twenties to join her American husband and to break away from her mother, a mirror image of her Soviet Motherland: overbearing, protective, and difficult to leave. Before the birth of Elena’s daughter, her mother comes to help care for the baby and stays for twenty-four years, ordering everyone to eat soup and wear a hat, just as she did in Leningrad. Russian Tattoo is the story of a unique balancing act and a family struggle: three generations of strong women with very different cultural values, all living under the same roof and battling for control. As Elena strives to bridge the gap between the cultures of her past and present and find her place in a new world, she comes to love the fierce resilience of her Soviet mother when she recognizes it in her American daughter. “Gorokhova writes about her life with a novelist’s gift,” says The New York Times, and her second memoir is filled with empathy, insight, and humor.

Former People-Douglas Smith 2012-10-02 Epic in scope, precise in detail, and heart-breaking in its human drama, Former People is the first book to recount the history of the aristocracy caught up in the maelstrom of the Bolshevik Revolution and the creation of Stalin’s Russia. Filled with chilling tales of looted palaces and burning estates, of desperate flights in the night from marauding peasants and Red Army soldiers, of imprisonment, exile, and execution, it is the story of how a centuries-old elite, famous for its glittering wealth, its service to the Tsar and Empire, and its promotion of the arts and culture, was dispossessed and destroyed along with the rest of old Russia. Yet Former People is also a story of survival and accommodation, of how many of the tsarist ruling class—so-called “former people” and “class enemies”—overcame the psychological wounds inflicted by the loss of their world and decades of repression as they struggled to find a place for themselves and their families in the new, hostile order of the Soviet Union. Chronicling the fate of two great aristocratic families—the Shermetevs and the Goltzyns—it reveals how even in the darkest depths of the terror, daily life went on. Told with sensitivity and nuance by acclaimed historian Douglas Smith, Former People is the dramatic portrait of two of Russia’s most powerful aristocratic families, and a sweeping account of their homeland in violent transition.

A Spy in the Archives-Sheila Fitzpatrick 2013-11-06 Moscow in the 1960s was the other side of the Iron Curtain: mysterious, exotic, even dangerous. In 1966 the historian Sheila Fitzpatrick travelled to Moscow to research in the Soviet archives. This was the era of Brezhnev, of a possible ‘thaw’ in the Cold War, when the Soviets couldn’t decide either to thaw out properly or re-freeze. Moscow, the world capital of socialism, was renowned for its drabness. The buses were overcrowded; there were endemic shortages and endless queues. This was also the age of regular spying scandals and tit-for-tat diplomatic expulsions and it was no surprise that visiting students were subject to intense scrutiny by the KGB. Many of Fitzpatrick’s friends were involved in espionage activities - and indeed others were accused of being spies or kept under close surveillance. In this book, Sheila Fitzpatrick provides a unique insight into everyday life in Soviet Moscow.

Beyond the North Wind-Darra Goldstein 2020 100 traditional yet surprisingly modern recipes from the far northern corners of Russia, featuring ingredients and dishes that young Russians are rediscovering as part of their heritage. Russian cookbooks tend to focus on the food that was imported from France in the nineteenth century or the impoverished food of the Soviet era. Beyond the North Wind explores the true heart of Russian food, a cuisine that celebrates whole grains, preserved and fermented foods, and straightforward but robust flavors. Recipes for a dazzling array of pickles and preserves, infused vodkas, homemade dairy products such as farmers cheese and cultured butter, puff pastry hand pies stuffed with mushrooms and fish, and seasonal vegetable soups showcase Russian foods that are organic and honest—many of them old dishes that feel new again in their elegant minimalism. Despite the country’s harsh climate, this surprisingly sophisticated cuisine has an incredible depth of flavor to offer in dishes like Braised Cod with Horseradish, Roast Lamb with Kasha, Black Currant Cheesecake, and so many more. This home-style cookbook with a strong sense of place and evocative storytelling brings to life a rarely seen portrait of Russia, its people, and its palate—with 100 recipes, gorgeous photography, and essays on the little-known culinary history of this fascinating and wild part of the world.

Made in Russia-Bela Shayevich 2011 Offers a survey of commercial products created in Russia during the 1960s and 1970s through photographs and essays that describe the inspiration, design, and consumer success of each product.

The New Spanish Table-Anya von Bremzen 2005-11-07 Welcome to the world’s most exciting foodscape, Spain, with its vibrant marriage of rustic traditions, Mediterranean palate, and endlessly inventive cooks. The New Spanish Table lavishes with sexy tapas —Crisp Potatoes with Spicy Tomato Sauce, Goat Cheese-Stuffed Pequillo Peppers. Heralds a gazpacho revolution—try the luscious, neon pink combination of cherry, tomato, and beet. Turns paella on its head with the dinner party favorite, Toasted Pasta “Paella” with Shrimp. From taberna owners and Michelin-starred chefs, farmers, fishermen, winemakers, and nuns who bake like a dream—in

all, 300 glorious recipes, illustrated throughout in dazzling color. iEstupendo!

Trump: The Art of the Deal-Donald J. Trump 2009-12-23 President Donald J. Trump lays out his professional and personal worldview in this classic work—a firsthand account of the rise of America’s foremost deal-maker. “I like thinking big. I always have. To me it’s very simple: If you’re going to be thinking anyway, you might as well think big.” —Donald J. Trump Here is Trump in action—how he runs his organization and how he runs his life—as he meets the people he needs to meet, chats with family and friends, clashes with enemies, and challenges conventional thinking. But even a maverick plays by rules, and Trump has formulated time-tested guidelines for success. He isolates the common elements in his greatest accomplishments; he shatters myths; he names names, spells out the zeros, and fully reveals the deal-maker’s art. And throughout, Trump talks—really talks—about how he does it. Trump: The Art of the Deal is an unguarded look at the mind of a brilliant entrepreneur—the ultimate read for anyone interested in the man behind the spotlight. Praise for Trump: The Art of the Deal “Trump makes one believe for a moment in the American dream again.”—The New York Times “Donald Trump’s art is a deal maker. He is a deal maker the way lions are carnivores and water is wet.”—Chicago Tribune “Fascinating . . . wholly absorbing. . . conveys Trump’s larger-than-life demeanor so vibrantly that the reader’s attention is instantly and fully claimed.”—Boston Herald “A chatty, generous, chutzpa-filled autobiography.”—New York Post

Sowing the Seeds of Victory-Rose Hayden-Smith 2014-04-16 Sometimes, to move forward, we must look back. Gardening activity during American involvement in World War I (1917–1919) is vital to understanding current work in agriculture and food systems. The origins of the American Victory Gardens of World War II lie in the Liberty Garden program during World War I. This book examines the National War Garden Commission, the United States School Garden Army, and the Woman’s Land Army (which some women used to press for suffrage). The urgency of wartime mobilization enabled proponents to promote food production as a vital national security issue. The connection between the nation’s food readiness and national security resonated within the U.S., struggling to unite urban and rural interests, grappling with the challenges presented by millions of immigrants, and considering the country’s global role. The same message—that food production is vital to national security—can resonate today. These World War I programs resulted in a national gardening ethos that transformed the American food system.

Singing in Russian-Emily Olin 2012-10-04 With its unique blend of eastern and western traditions of music and poetry, the world of Russian vocal music is rich in spirituality, intimacy, and passion for singers and their audience. Russian song traditions offer an ideal opportunity for self-expression and the forging of a deep connection with one’s listeners. It also presents formidable challenges to singers at every level, ranging from the complexities native to sung and spoken Russian to the intricacies of diction and interpretation that lie behind the nuanced relationship between Russian music and poetry. Founded on the underlying principle that sung language differs dramatically from spoken language, Singing in Russian offers a comprehensive and accessible approach to understanding, mastering, and performing Russian vocal music. After covering the basics of the Cyrillic alphabet and Russian grammar and diction, author Emily Olin encourages readers to take the innovative step of using the music itself to guide the singer’s pronunciation and interpretation. English sound comparisons, linguistic and musical examples, and multifaceted exercises complement textual explanations, reinforcing the techniques Olin has employed for over three decades. The addition of repertoire lists and practical recommendations further equip singers to confidently go from start to stage. Furthermore, the online audio examples contain exercises that demonstrate and reinforce the correct sound and interpretation of everything from the alphabet to the presentation of vowels, consonants, words, and phrases.These can be found at: https://soundcloud.com/user-869634200/sets/singing-in-russian-a-guide-to-language-and-performance Singing in Russian is an invaluable resource for students, performers, teachers, directors, conductors, and coaches seeking to increase their access to Russian opera and art song, master the challenges they present to performance, and expand their personal, professional, and institutional repertoire on stage.

Russian Cuisine in Exile-Pyotr Vail 2018 This classic book of essays from the mid-1980s blends humor, nostalgia and cultural commentary with the practical problems of adjusting one’s digestion and cooking habits to a new country with completely different culinary traditions. Beloved by Russians at home and across the world, Russian Cuisine in Exile is now available in an English edition with authoritative commentaries by specialists whose experience writing about the late Soviet period and emigre culture help them explain the complex system of literary and cultural allusions threaded throughout Vail and Genis’s volume.

The Unlikely Futurist-James Rann 2020 In the early twentieth century, a group of writers banded together in Moscow to create purely original modes of expression. These avant-garde artists, known as the Futurists, distinguished themselves by mastering the art of the scandal and making shocking denunciations of beloved icons. With publications such as “A Slap in the Face of Public Taste,” they suggested that Aleksandr Pushkin, the founder of Russian literature, be tossed off the side of their “steamship of modernity.” Through systematic and detailed readings of Futurist texts, James Rann offers the first book-length study of the tensions between the outspoken literary group and the great national poet. He observes how those in the movement engaged with and invented a new Pushkin, who by turns became a founding father to rebel against, a source of inspiration to draw from, a prophet foreseeing the future, and a monument to revive. Rann’s analysis contributes to the understanding of both the Futurists and Pushkin’s complex legacy. The Unlikely Futurist will appeal broadly to scholars of Slavic studies, especially those interested in literature and modernism.

The Art of War-Sun Tzu 2021-03-18 -

The Antarctic Book of Cooking and Cleaning-Wendy Trusler 2015-05-19 A visually captivating, novelistic travelogue that chronicles the first civilian environmental cleanup expedition in Antarctica—an engaging true story told through anecdotes, journal entries, vignettes, recipes, and archival and contemporary photography. “The first thing that comes to mind about Antarctica is not likely the food. But if you are going there, it is the second.” —Wendy Trusler and Carol Devine The Antarctic Book of Cooking and Cleaning is a unique journey through an austral summer, when a group of dedicated individuals—fifty-four people from five countries—picked up nearly three decades’ worth of garbage during a three-month period in Antarctica. In this visually captivating polar journal, Wendy Trusler and Carol Devine transport readers back twenty years and thousands of miles to Bellinghausem, the Russian research station that became their temporary home. Devine, a humanitarian who piloted the project, and Trusler, a visual artist and cook, use journal entries, letters, provision lists, recipes, and menus to document their voyage. They share pithy, insightful observations on life, food, science, politics, and the environment. Showcased throughout are modern and vintage photos and vignettes from Antarctica’s short history—all of which add delightful color and warm detail to this unique book. Trusler reveals the challenges of cooking in a makeshift kitchen during long, white nights at the bottom of the world. While the dozens of eco-tourists strive to help preserve the continent, she must figure out how to cook for all of them in the small camp kitchen, using limited ingredients. The Antarctic Book of Cooking and Cleaning includes forty-two eclectic, tasty, and hearty recipes tinged with Russian, Chinese, and South American influences, such as Honey Oatmeal Bread, Cheese Fondue, Great Wall Dumplings, Roasted Pepper Goulash with Smoked Paprika, Roast Leg of Pork, and Frozen Chocolate Cream. All beautifully photographed, these dishes reflect the expedition’s colorful cultural fabric and the astonishing raw beauty of their surroundings—a continent uniquely devoted to peace, cooperation, and science.

Art of the Baltics-Jane Voorhees Zimmerli art museum (New Brunswick, N.J.). 2002 The Norton and Nancy Dodge Collection of Nonconformist Art from the Soviet Union, 1956-1986, which comprises nearly twenty thousand works, is part of the Jane Voorhees Zimmerli Art Museum at Rutgers University, New Brunswick, New Jersey.

Challengers, Competition, and Relection-Jonathan S. Krasno 1997-02-01 Why do US Senators have a harder time winning re-election than members of the House of Representatives? This text argues that Senate challengers are more likely to be experienced politicians who wage intense, costly media campaigns than are those who take on House incumbents.

Russia-John Thompson 2018-04-17 This lucid account of Russian and Soviet history presents major trends and events from ancient Kievan Rus’ to Vladimir Putin’s presidency in the twenty-first century. Russia does not shy away from controversial topics, including the impact of the Mongol conquest, the paradoxes of Peter the Great, the “inevitability” of the 1917 Revolution, the Stalinist terror, and the Gorbachev reform effort. Tackling those topics and others, the new edition is updated to discuss the Russia-Georgia war of 2008, the 2013-2014 Euromaidan protests in Ukraine, the war in eastern Ukraine, and the Russian annexation of Crimea. Distinguished by its brevity and amply supplemented with useful images and suggested readings, this essential text provides balanced coverage of all periods of Russian history and incorporates economic, social, and cultural developments as well as politics and foreign policy.

Elements of Wit-Benjamin Errett 2014-10-07 Got wit? We’ve all been in that situation where we need to say something clever, but innocuous; smart enough to show some intelligence, without showing off; something funny, but not a joke. What we need in that moment is wit—that sparkling combination of charm, humor, confidence, and most of all, the right words at the right time. Elements of Wit is an engaging book that brings together the greatest wits of our time, and previous ones from Oscar Wilde to Nora Ephron, Winston Churchill to Christopher Hitchens, Mae West to Louis CK, and many in between. With chapters covering the essential ingredients of wit, this primer sheds light on how anyone—introverts, extroverts, wallflowers, and bon vivants—can find the right zinger, quip, parry, or retort...or at least be a little bit more interesting.

The Art of Learning-Josh Waitzkin 2008-05-27 An eight-time national chess champion and world champion martial artist shares the lessons he has learned from two very different competitive arenas, identifying key principles about learning and performance that readers can apply to their life goals. Reprint. 35,000 first printing.

Russian Cookbook-Kyra Petrovskaya 1992-11-04 Treasury of easy-to-follow recipes for over 200 mouthwatering traditional dishes: borsch, shashlik of salmon, potato kotlety, pirozhki, blini, many more. Definition of terms.

Islam after Communism-Adeeb Khalid 2014-02-08 How do Muslims relate to Islam in societies that experienced seventy years of Soviet rule? How did the utopian Bolshevik project of remaking the world by extirpating religion from it affect Central Asia? Adeeb Khalid combines insights from the study of both Islam and Soviet history to answer these questions. Arguing that the sustained Soviet assault on Islam destroyed patterns of Islamic learning and thoroughly de-Islamized public life, Khalid demonstrates that Islam became synonymous with tradition and was subordinated to powerful ethnonational identities that crystallized during the Soviet period. He shows how this legacy endures today and how, for the vast majority of the population, a return to Islam means the recovery of traditions destroyed under Communism. Islam after Communism reasons that the fear of a rampant radical Islam that dominates both Western thought and many of Central Asia’s governments should be tempered with an understanding of the politics of antirritorism, which allows governments to justify their own authoritarian policies by casting all opposition as extremist. Placing the Central Asia experience in the broad comparative perspective of the history of modern Islam, Khalid argues against essentialist views of Islam and Muslims and provides a nuanced and well-informed discussion of the forces at work in this crucial region.

Paladares-Anya von Bremzen 2017-11-14 Cuba is experiencing a cultural and culinary renaissance. With a recent influx of investment and tourism flooding the country, paladares (private restaurants) are on the forefront of change. This is the first book to tell the story of Cuban cuisine through the lens of the restaurant owners, chefs, farmers, and patrons, while examining the implications of food shortages, tourism, and international influences of a country experiencing a paradigm shift in cooking. Filled with 150 authentic and modern recipes adapted for the home cook, from classics like Ham and Cheese Empanadas to Pumpkin Flan with Spinach and Saffron, and 350 vivid color photographs, Paladares brings the country’s spirited cooking into your own kitchen.

The Forsaken-Tim Tzouliadis 2008-07-17 A remarkable piece of forgotten history: the never-before-told story of Americans lured to Soviet Russia by the promise of jobs and better lives, only to meet tragic ends In 1934, a photograph was taken of a baseball team. These two rows of young men look like any group of American ballplayers, except perhaps for the Russian lettering on their jerseys. The players have left their homeland and the Great Depression in search of a better life in Stalinist Russia, but instead they will meet tragic and, until now, forgotten fates. Within four years, most of them will be arrested alongside untold numbers of other Americans. Some will be executed. Others will be sent to “corrective labor” camps where they will be worked to death. This book is the story of lives-the forsaken who died and those who survived. Based on groundbreaking research, The Forsaken is the story of Americans whose dreams were shattered and lives lost in Stalinist Russia.

Doctor Zhivago-Boris Leonidovich Pasternak 1958 Epic novel of post-revolutionary Russia focuses on the torments and dreams of a doctor-poet who attempts to avoid the struggles of his turbulent era

Russian Splendor-Mikhail Borisovich Piotrovsky 2016-09-13 A stunning volume showcasing the magnificent court dress of the Russian Empire, culled from the authoritative collection at the State Hermitage Museum in St. Petersburg, photographed with the Winter Palace as a backdrop. Prerevolutionary Russia was renowned for the glamorous and luxurious lifestyles of the nobility, with their opulent palaces and glittering social life. Now, this lavish volume reveals the incredible clothing they wore, from everyday dress and ceremonial attire (traditional holidays outfits and military uniforms) to dress for special occasions, including elaborate evening wear for theater and musical events and fancy masquerade balls. Celebrated for luxurious materials and impeccable craftsmanship, the dress of the Russian nobility was haute couture at its finest. With beautiful photography and details highlighting the hand-spun silks and lace and jeweled embroideries, Russian Splendor highlights the glamour of this gilded age and offers a fascinating window into a vanished world. Essays by Hermitage Museum curators, alongside historic Russian paintings and photographs, place the clothing in a historical context, revealing the rich cultural layers and artistic influences of czarist Russia. "

The Art of Russian Cuisine-Anne Volokh 1989-09-01 Explains special Russian cooking techniques and provides recipes for traditional hor d’oeuvres, soups, dumplings, fish, meat, poultry, game, vegetables, pickles, preserves, breads, desserts, and beverages

Red and Hot-S. Frederick Starr 1985