

PETER R. BREGGIN, M.D.

TOXIC PSYCHIATRY

DR. PETER BREGGIN, described as
"the conscience of American psychiatry,"*
speaks out on why therapy, empathy, and love
must replace the drugs, electroshock, and biochemical
theories of the "New Psychiatry."

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Toxic Psychiatry-Peter R. Breggin, M.D. 2015-12-22
Prozac, Xanax, Halcion, Haldol, Lithium. These psychiatric drugs--and dozens of other short-term "solutions"--are being prescribed by doctors across the country as a quick antidote to depression, panic disorder, obsessive-compulsive disorder, and other psychiatric problems. But at what cost? In this searing, myth-shattering exposé, psychiatrist Peter R. Breggin, M.D., breaks through the hype and false promises surrounding the "New Psychiatry" and shows

how dangerous, even potentially brain-damaging, many of its drugs and treatments are. He asserts that: psychiatric drugs are spreading an epidemic of long-term brain damage; mental "illnesses" like schizophrenia, depression, and anxiety disorder have never been proven to be genetic or even physical in origin, but are under the jurisdiction of medical doctors; millions of schoolchildren, housewives, elderly people, and others are labeled with medical diagnoses and treated with authoritarian interventions, rather than being patiently listened to, understood, and

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helped. Toxic Psychiatry sounds a passionate, much-needed wake-up call for everyone who plays a part, active or passive, in America's ever-increasing dependence on harmful psychiatric drugs.

Toxic Psychiatry-Peter Roger Breggin 1994-08-15 Issuing a passionate, much-needed wake-up call for everyone who plays a part in America's ever-increasing dependence on harmful psychiatric drugs, a psychiatrist breaks through the hype and false promises surrounding the "New Psychiatry" and shows how potentially dangerous, even brain-damaging, many of its drugs and treatments are.

Toxic Psychiatry-Peter Roger Breggin 1994-08-15 Issuing a passionate, much-needed wake-up call for everyone who plays a part in America's ever-increasing dependence on harmful psychiatric drugs, a psychiatrist breaks through the hype and false promises surrounding the "New Psychiatry" and shows how

potentially dangerous, even brain-damaging, many of its drugs and treatments are.

Psychiatric Drug

Withdrawal-Peter R.

Breggin, MD 2012-07-19 This is the first book to establish guidelines and to assist prescribers and therapists in withdrawing their patients from psychiatric drugs, including those patients with long-term exposure to antipsychotic drugs, benzodiazepines, stimulants, antidepressants, and mood stabilizers. It describes a method developed by the author throughout years of clinical experience, consultations with experienced colleagues, and scientific research. Based on a person-centered collaborative approach, with patients as partners, this method builds on a cooperative and empathic team effort involving prescribers, therapists, patients, and their families or support network. The author, known for such books as Talking Back to Prozac, Toxic Psychiatry, and Medication Madness, is a lifelong reformer and scientist

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in mental health whose work has brought about significant change in psychiatric practice. This book provides critical information about when to consider psychiatric drug reduction or withdrawal, and how to accomplish it as safely, expeditiously, and comfortably as possible. It offers the theoretical framework underlying this approach along with extensive scientific information, practical advice, and illustrative case studies that will assist practitioners in multiple ways, including in how to: Recognize common and sometimes overlooked adverse drug effects that may require withdrawal Treat emergencies during drug therapy and during withdrawal Determine the first drugs to withdraw during multi-drug therapy Distinguish between withdrawal reactions, newly occurring emotional problems, and recurrence of premedication issues Estimate the length of withdrawal

Brain-disabling Treatments in Psychiatry-Peter Roger Breggin 1997

Medication Madness-Peter R. Breggin, M.D. 2009-05-26 Medications for everything from depression and anxiety to ADHD and insomnia are being prescribed in alarming numbers across the country, but the "cure" is often worse than the original problem. Medication Madness is a fascinating, frightening, and dramatic look at the role that psychiatric medications have played in fifty cases of suicide, murder, and other violent, criminal, and bizarre behaviors. As a psychiatrist who believes in holding people responsible for their conduct, the weight of scientific evidence and years of clinical experience eventually convinced Dr. Breggin that psychiatric drugs frequently cause individuals to lose their judgment and their ability to control their emotions and actions. Medication Madness raises and examines the issues surrounding personal responsibility when behavior seems driven by drug-induced adverse reactions and intoxication. Dr. Breggin personally evaluated the cases

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in the book in his role as a treating psychiatrist, consultant or medical expert. He interviewed survivors and witnesses, and reviewed extensive medical, occupational, educational and police records. The great majority of individuals lived exemplary lives and committed no criminal or bizarre actions prior to taking the psychiatric medications. Medication Madness reads like a medical thriller, true crime story, and courtroom drama; but it is firmly based in the latest scientific research and dozens of case studies. The lives of the children and adults in these stories, as well as the lives of their families and their victims, were thrown into turmoil and sometimes destroyed by the unanticipated effects of psychiatric drugs. In some cases our entire society was transformed by the tragic outcomes. Many categories of psychiatric drugs can cause potentially horrendous reactions. Prozac, Paxil, Zoloft, Adderall, Ritalin, Concerta, Xanax, lithium, Zyprexa and other psychiatric medications may spellbind

patients into believing they are improved when too often they are becoming worse. Psychiatric drugs drive some people into psychosis, mania, depression, suicide, agitation, compulsive violence and loss of self-control without the individuals realizing that their medications have deformed their way of thinking and feeling. This book documents how the FDA, the medical establishment and the pharmaceutical industry have over-sold the value of psychiatric drugs. It serves as a cautionary tale about our reliance on potentially dangerous psychoactive chemicals to relieve our emotional problems and provides a positive approach to taking personal charge of our lives.

Review of Neurology and Psychiatry-Alexander Ninian Bruce 1903

Toxicity Bibliography- 1972

Talking Back To Ritalin- Peter Breggin 2007-10-10

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Millions of children take Ritalin for Attention-Deficit Hyperactivity Disorder. The drug's manufacturer, Novartis, claims that Ritalin is the "solution" to this widespread problem. But hidden behind the well-oiled public-relations machine is a potentially devastating reality: children are being given a drug that can cause the same bad effects as amphetamine and cocaine, including behavioral disorders, growth suppression, neurological tics, agitation, addiction, and psychosis. *Talking Back to Ritalin* uncovers these and other startling facts and translates the research findings for parents and doctors alike. An advocate for education not medication, Dr. Breggin empowers parents to channel distracted, disenchanting, and energetic children into powerful, confident, and brilliant members of the family and society.

Talking Back to Prozac-

Peter R. Breggin 2014-04-01
A psychiatrist takes a critical look at this SSRI and newer medications that are among

the most frequently prescribed drugs in America. Prozac. Millions of Americans are on it. And just about everyone else is wondering if they should be on it, too. The claims of the pro-Prozac chorus are enticing: that it can cure everything from depression (the only disorder for which Prozac was originally approved) to fear of public speaking, PMS, obesity, shyness, migraine, and back pain—with few or no side effects. But is the reality quite different? At what price do we buy Prozac-induced euphoria and a shiny new personality? Psychiatrist Peter Breggin, MD, and coauthor Ginger Ross Breggin answer these and other crucial questions in *Talking Back to Prozac*. They explain what Prozac is and how it works, and they take a hard look at the real story behind today's most controversial drug: The fact that Prozac was tested in trials of four to six weeks in length before receiving FDA approval. The difficulty Prozac's manufacturer had in proving its effectiveness during these tests. The information on side effects that the FDA failed to include

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in its final labeling requirements How Prozac acts as a stimulant not unlike the addictive drugs cocaine and amphetamine The dangers of possible Prozac addiction and abuse The seriousness and frequency of Prozac's side effects, including agitation, insomnia, nausea, diarrhea, loss of libido, and difficulty reaching orgasm The growing evidence that Prozac can cause violence and suicide The social and workplace implications of using the drug not to cure depression but to change personality and enhance performance Using dramatic case histories as well as scientific research and carefully documented evidence, the Breggins expose the potentially damaging effects of Prozac. They also describe the resounding success that has been achieved with more humane alternatives for the treatment of depression. Talking Back to Prozac provides essential information for anyone who takes Prozac or is considering taking it, and for those who prescribe it.

The Heart of Being

Helpful-Peter R. Breggin, MD
1999-02-01 Based on more than 30 years of clinical experience as a psychiatrist and a therapist, Dr. Breggin's book, now available in an affordable paperback, illustrates the importance of developing a therapeutic bond--or healing presence--between helping professionals and their clients. The author provides useful vignettes, case studies, and personal insights to help both beginning and experienced therapists develop more empathy in therapeutic relationships. He asserts that the first step toward effective treatment is empathic self-transformation in the therapist. It is empathy and self-transformation that lie at the heart of being helpful. Topics include vulnerability, nurturing, helplessness, forgiveness, and spirituality, as well as tips for working with clients in extreme emotional crises, children and families, and patients of culturally diverse backgrounds.

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Psychopharmacology

Bulletin- 1994

Orthomolecular Psychiatry: Treatment of

Schizophrenia-David

Hawkins 1973-01 Discusses research findings, clinical procedures, and theoretical bases for the application of orthomolecular principles to cases of schizophrenia, alcoholism, and drug addiction where perceptual dysfunction and chemical-nutritive brain imbalances are indicated. Bibliogs

Brain Disabling Treatments in Psychiatry-

Peter R. Breggin 2008

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The British Journal of Psychiatry- 1994-01

De-Medicalizing Misery-M.

Rapley 2011-10-12 Psychiatry and psychology have constructed a mental health system that does no justice to the problems it claims to understand and creates

multiple problems for its users. Yet the myth of biologically-based mental illness defines our present. The book rethinks madness and distress reclaiming them as human, not medical, experiences.

Environmental and Chemical Toxins and

Psychiatric Illness-James S. Brown 2002 This work stands alone as the first on this topic to be written by a psychiatrist and the first to bring together the military, occupational, and environmental exposures causing psychiatric illness, including multiple chemical sensitivities, mass hysteria, radiation exposures, community stress reactions, and Gulf War and other syndromes.

The Conscience of Psychiatry-Candace B. Pert

2009 In this biography, more than 50 years of media excerpts about Dr. Breggin's work are combined with well over 100 contributions and commentaries about his influence from outstanding

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leaders in the fields of mental health, education, and social reform.

The Psychology of

Freedom-Peter Roger Breggin 1980 "Selected bibliography of the author": pages 240-242.

Kaufman's Clinical Neurology for Psychiatrists

E-Book-David Myland Kaufman 2012-12-05 Completely revised in response to the new format of the ABPN certifying exam, Kaufman's Clinical Neurology for Psychiatrists is the ideal reference to enhance your mastery of the neurology knowledge needed for the Psychiatry Board exam. Nearly 2000 multiple-choice practice questions, in print and online, assess your familiarity with the latest topics in the field! Consult this title on your favorite e-reader, conduct rapid searches, and adjust font sizes for optimal readability. Compatible with Kindle®, nook®, and other popular devices. Enhance your

mastery of the material with the help of abundant line drawings, CTs, MRIs, and EEGs that demonstrate key clinical findings to facilitate diagnosis. Fully understand each condition's relevant history, neurologic and psychiatric features, easily performed office and bedside examinations, appropriate tests, differential diagnosis, and management options. Access comprehensive discussions of Alzheimer and commonly occurring non-Alzheimer dementias (such as Lewy bodies disease and frontotemporal dementia) and traumatic brain injury , and new imaging techniques. Find the answers you need on the hottest topics in neurology, including involuntary movement disorders; single gene mutations with neuropsychiatric manifestations; psychiatric comorbidity of neurologic illnesses and treatments; deep brain stimulation and other new treatments; and the neurologic effects of illicit drug use. See numerous neurologic conditions, which you have probably just read about, in life-like drawings of patients. Test your knowledge

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with over 1,900 multiple-choice review questions, including interactive questions online at www.expertconsult.com.

Dementia Praecox Studies-
1921

**Practical Clinical
Psychiatry-**Edward Adam
Strecker 1951

The Myth of Mental Illness-
Thomas S. Szasz 2011-07-12
50th Anniversary Edition With
a New Preface and Two Bonus
Essays The most influential
critique of psychiatry ever
written, Thomas Szasz's
classic book revolutionized
thinking about the nature of
the psychiatric profession and
the moral implications of its
practices. By diagnosing
unwanted behavior as mental
illness, psychiatrists, Szasz
argues, absolve individuals of
responsibility for their actions
and instead blame their
alleged illness. He also
critiques Freudian psychology
as a pseudoscience and warns
against the dangerous

overreach of psychiatry into
all aspects of modern life.

Modern Clinical Psychiatry-
Arthur Percy Noyes 1963

**American journal of
psychiatry-** 1943

**Brain Disabling
Treatments in Psychiatry-**
Peter R. Breggin 2008
Print+CourseSmart

**Psychiatry Under the
Influence-**R. Whitaker
2015-04-23 Psychiatry Under
the Influence investigates the
actions and practices of the
American Psychiatric
Association and academic
psychiatry in the United
States, and presents it as a
case study of institutional
corruption.

**Digest of Neurology and
Psychiatry-** 1987

**The Psychiatry Word Book
with Street Talk Terms-**Pat

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Forbis 1993 A comprehensive reference for medical transcriptionists and possibly other health professionals. The main alphabetical listing of general terms is preceded by five subsections: street talk terms with short definitions, phobias listed alphabetically by clinical name, phobias listed alphabetically by the fear described, psychiatric and psychologic tests, and drugs and chemicals. Annotation copyright by Book News, Inc., Portland, OR

Recent Advances in Psychiatry-Henry Devine 1933

The Medical Basis of Psychiatry-S. Hossein Fatemi 2016-03-17 Four years have passed since the last edition (3rd) of this book was published. In the intervening years, several reviews of this book have provided highly encouraging remarks about the value of this book in transmitting information on classification and treatment of psychiatric disorders to the audience. We are proposing to

revise all chapters with an eye on accuracy and ease of use, and this is an especially timely endeavor with the upcoming publication of the Diagnostic and Statistical Manual V. All the appropriate new information on biology, etiology, diagnosis and treatment of psychiatric disorders will be added to the current proposed edition. It is our goal to recruit the same authors (if possible) who contributed to the previous edition. While all chapters will be updated (see TOC), those marked by asterisks will be the most likely to undergo more revision. Psychiatry has emerged as a burgeoning scientific field with major advances in etiology and treatment of several disorders. Just as there was excitement in the anatomic advances that took place a hundred years ago when Emil Kraepelin and his collaborators took on the enormous task of classification of psychiatric disorders based on rational scientific thinking, new advances in genetics, biochemistry, neuroanatomy and pharmacotherapy of mental disorders have

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brought us even closer to a better understanding of complex disorders like schizophrenia, bipolar disorder, depression and even autism. The major goal of the previous edition of this classic book was to update the busy clinician, psychiatric resident and medical student with the most up-to-date information on etiology, diagnosis and treatment of psychiatric disorders. This goal remains the focus of the fourth edition of this book. In this updated and expanded edition, the reader will be provided with the most contemporary information and literature supported by a close survey of the field. This new edition of this classic title, with its focus on biologic and medical aspects of psychiatry, will continue to be of significant help to all interested in the scientific practice of psychiatry.

New Scientist- 1993

**Brain-Disabling
Treatments in Psychiatry-**
Peter R. Breggin, MD

2007-12-17 From the author of Toxic Psychiatry and Talking Back to Prozac: "Peter Breggin is the conscience of American psychiatry. Once more he updates us on the real evidence with respect to the safety and effectiveness of specific psychiatric medications and ECT. This information is needed by all mental health professionals, as well as patients and families." --Bertram Karon, Ph.D., Professor of Psychology, Michigan State University, Author of The Psychotherapy of Schizophrenia "Nowhere does false medical thinking do more harm than in the modern psychiatric argument that mental illness is easily diagnosed and then cured by a side-effect free drug. Nowhere is the correct psychiatric thinking more evident than in the books by Peter Breggin."-- William Glasser, MD, psychiatrist, author of Reality Therapy In Brain Disabling Treatments in Psychiatry, renowned psychiatrist Peter R. Breggin, M.D., presents startling scientific research on the dangerous behavioral abnormalities and brain

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dysfunctions produced by the most widely used and newest psychiatric drugs such as Prozac, Paxil, Zoloft, Cymbalta, Effexor, Xanax, Ativan, Ritalin, Adderall, Concerta, Strattera, Risperdal, Zyprexa, Geodon, Abilify, lithium and Depakote. Many of Breggin's earlier findings have improved clinical practice, led to legal victories against drug companies, and resulted in FDA-mandated changes in what the manufacturers must admit about their drugs. Yet reliance on these drugs has continued to escalate in the last decade, and drug company interests have overwhelmed psychiatric practice. This greatly expanded second edition, supported by the latest evidence-based research, shows that psychiatric drugs achieve their primary or essential effect by causing brain dysfunction, and that they tend to do far more harm than good. New scientific analyses in this completely updated edition include: Chapters covering every new antidepressant and stimulant drug Twenty new guidelines for how to conduct non-drug

therapy A chapter describing how to safely withdraw from psychiatric drugs A discussion of "medication spellbinding," explaining how patients fail to appreciate their drug-induced mental dysfunctions Documentation of how the drug companies control research and the flow of information about psychiatric treatments

Madhouse-Andrew Scull
2007-01-01 A shocking story of medical brutality performed in the name of psychiatric medicine.

Indian Journal of Psychiatry- 2002

Archives of Neurology and Psychiatry- 1946

Journal of Clinical and Experimental Psychopathology & Quarterly Review of Psychiatry and Neurology- 1960

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Scientific and Therapeutic Aspects of Botulinum Toxic-

Mitchell F. Brin 2002

Written by an international group of noted basic scientists and clinicians, this volume presents state-of-the-art information on the mechanisms of action, pharmacology, neurophysiological effects, and therapeutic uses of botulinum neurotoxins. A major portion of the book reviews recent clinical experience and clinical trials with botulinum toxin therapy for strabismus, dystonia, juvenile cerebral palsy, spasticity, hyperhidrosis, gastrointestinal and genitourinary disorders, headache, cosmetic facial

conditions, and various disorders involving excessive muscle contraction or pain. Other chapters examine the immunology of botulinum toxins, the use of other chemodenerivating agents, and the development of novel neurotoxin constructs.

The American Journal of Forensic Psychiatry-

2002

Review of Existential Psychology and Psychiatry-

2000